

Community Assessment

2023-2024

## **Community Assessment**

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# GENERAL AREA DESCRIPTION

### **GEOGRAPHIC FEATURES**

The Family Enrichment Network offers the majority of its programs and services throughout the Southern Tier Region of New York. The Southern Tier includes two metropolitan areas, a number of smaller cities, and extensive rural areas on New York State's south-central border with Pennsylvania. It is 7,185 square miles, and it is located at the crossroads of three major New York highways (routes 17, I81, and I88) that extend north/south and east/west. As of 2021, the Southern Tier has the highest potential flood risk in New York State.<sup>1</sup>

The Agency operates over 30 programs in Broome County through six departments within the corporation, offering Head Start/Early Head Start, Child Care Resource & Referral, Community Services, Family Support Services, Special Education Services, and Housing programs for youth, adults, and families. Broome County is located in south-central New York State, directly north of the Pennsylvania border in a section of the state called the Southern Tier. The Chenango River joins the Susquehanna River, which flows through the county. The County covers 706 square miles and consists of 25 municipalities. Binghamton is the largest city and serves as the county seat. Broome County has the fourth-highest risk of flooding in New York State. The city of Binghamton has the sixth highest risk in the state and Elmira has the eighth highest risk.<sup>2</sup>

The Agency offers Housing, Special Education Services, and Child Care Resource & Referral programs in Chenango County, which is located in the center of New York State. Chenango County is also part of the Southern Tier. The county is named after its most significant waterway, the Chenango River, a tributary of the Susquehanna River. The County has a total area of 899 square miles and consists of nine municipalities. The City of Norwich is the largest of these and serves as the county seat. The major development is located around the City of Norwich and in the Village of Greene. NY Route 12 is the major north/south route through the county.

Family Enrichment Network also offers Child Care Resource & Referral services and related support programs, a Kinship Care Program, Head Start and Early Head Start programs in Tioga County. Tioga County is located in southwest New York State, west of Binghamton and directly north of the Pennsylvania border. The Susquehanna River flows into Pennsylvania from this county. The county is part of the Southern Tier region of New York State. According to the U.S. Census Bureau, the county has a total area of 523 square miles, of which 519 square miles is land and four square miles is water. Tioga County is the county with the sixth highest flood risk in New York State, as of 2021.<sup>3</sup> The largest private sector employer in the county seat of Owego is Lockheed Martin.

## **ECONOMIC FEATURES**

The New York State Department of Labor's Division of Research and Statistics prepared a report to the Workforce Development System in 2019 which identified "Significant Industries" in the Southern Tier Region. The report is based on several factors including: wage levels; employment levels; 2013-2018 job growth (both net and percent); and expected job growth as based on industry employment projections through 2026. All industries identified shared one or more of the following characteristics: rapid growth (percentage basis); large growth (absolute basis); high wages (average annual wage above the regional average of \$49,200 in 2018); or strong expected growth through 2026. The report identified 12 significant industry groups in the region, falling into six major industry groups. The major industry groups are: construction, manufacturing, transportation and warehousing, professional and business services, educational services, and health care.<sup>4</sup>

In 2022, private sector employment in the Southern Tier increased by 3,400(1.6%) to  $215,800.^5$  In 2021, private sector employment had decreased by 4,600(2.2%).<sup>6</sup> Job gains were largest in educational and health services (+1,400), leisure and hospitality (+1000), professional and business services (+700), financial activities (+400), manufacturing (+200), natural resources, mining and construction (+200), other services (+200), and trade, transportation and utilities (+200). Over the course of the year, government jobs increased by 1,000 people. The greatest area of job losses was in information (-900 people).<sup>7</sup> From December 2021 to December 2022, the unemployment rate in the Binghamton Metro Area remained relatively consistent: 3.2% in December 2021 and 3.1% in December 2022. In Broome, Tioga, and Chenango Counties, the unemployment rate remained relatively unchanged; however, Broome and Tioga saw a small decrease while Chenango saw a small increase. In Broome County, the rate decreased from 3.4% to 3.2%, a net change of -0.2%, and in Tioga County the rate decreased from 2.8% to 2.7%, a net change -0.1%. The net change in Chenango County was +0.1%, from 2.9% to 3%.<sup>8</sup>

The 2022 Annual Report, STREDC states that the COVID-19 pandemic created unprecedented instability in the labor market of the Southern Tier and changed the economic and workforce landscape.<sup>9</sup> A survey of Broome County business leaders reveals that 39% of businesses expect the economy to expand in 2023, but 39% also expect the economy to remain unchanged. Compared to 2022, 40% of businesses feel less optimistic about 2023. However, there is a 6% increase from 2022 of business who expect the economy to expand and an 11% increase in businesses that are optimistic for the upcoming year.<sup>10</sup>

According to the US Census Bureau, the median household income in Broome County is \$55,591, which is less than the New York State average of \$74,314.<sup>11</sup> The Greater Binghamton Chamber of Commerce reports in the Broome County's 2023 Economic Outlook guide that the civilian labor force is 56.5% of the population. The top three industries in the county are healthcare, education, and transportation/distribution.<sup>12</sup> The employment rate in Broome County is 56%, which is comparable to the national average of 56.9%.<sup>13</sup> Unemployment reached a record low on October 2022, at 2.7%, but as of November 2022, the unemployment rate in Broome County was 3%.<sup>14</sup>

The median income in Chenango County is \$55,690, according to the US Census Bureau, which, like Broome County, is under the New York State average.<sup>15</sup> The five most common industries in the county are manufacturing (3,997 people), health care and social assistance (3,566 people), and educational services (2,590 people).<sup>16</sup> The median earnings for men, across all industries was \$41,196, which was greater than the median earning of women, \$30,956. The median earnings of women were generally lower than that of men in all industries except for Construction, where the median income for women was \$46,400 versus that of men, \$45,000.<sup>17</sup> As of November 2022, the unemployment rate in Chenango County was 2.7%. Unemployment reached a record low in October 2022, at a rate of  $2.2^{18}$ 

Tioga County's median income is also lower than that of the New York State average, at \$64,987.<sup>19</sup> The most common industries in Tioga County are manufacturing (3,614 people), health care and social assistance (3,047 people), and educational services

(3,007 people).<sup>20</sup> However, the Tioga County Strategic plan notes that the county is still recovering from the 2008 recession. Manufacturing hit its peak of 15,569 in 2008. In 2007, it was 30% of total jobs. The report posits that a large cause of the decline was the downsizing of Lockheed Martin's facility, located in Owego.<sup>21</sup> As of November 2022, the unemployment rate in Tioga County was 2.5%. Similarly to Chenango County, Tioga County also reached a record low in October 2022 with a rate of 2.2%.<sup>22</sup>

## **DEMOGRAPHIC FEATURES**

The demographics of our Agency's population have continued to change over the years, from people living longer and the migration of the younger population, to an increase in diversity. By 2050, the Census Bureau actually expects the number of Americans aged 65 and older to double to 84 million people,<sup>23</sup> and according to Genworth's annual Cost of Care Survey, seven out of ten people will require some form of long term care in their lifetime.<sup>24</sup> In 2018, the median age for all New York residents was 39, which is close to the national median age of 38.2. However, in Upstate New York, the population aged 65+ was 18.2%, as compared to 14.8% in New York City. In Broome County, the share of 25 to 34 year-olds (that is, millennials) actually decreased to 11.3%,<sup>25</sup> whereas millennials comprise 18% of New York City residents.<sup>26</sup> The Southern Tier Regional Economic Development Council (STREDC) projects that the population of the Southern Tier will decline through 2040.<sup>27</sup> From 2010 to 2019, Chenango County suffered one of the worst population losses in the state at 6.5%.<sup>28</sup>

While the population of the Southern Tier has declined, it has also increased in diversity. From 2010 to 2020, the Southern Tier's diversity index increased by 50%, from 20.5 in 2010 to 30.8 in 2020.<sup>29</sup> However, the population has remained predominately

white, at 82.8% of the total population in Broome County,<sup>30</sup> 94.5% in both Tioga County<sup>31</sup> and Chenango County.<sup>32</sup> In 2020, 86.4% of the Southern Tier was White, compared to 89.1% in 2010. <sup>33</sup> Broome County remains the most diverse out of the three counties FEN serves. Less than 1% of the population in both Chenango and Tioga Counties is Black.<sup>34</sup> While still small, the 5.7% of the population in Broome County is Black<sup>35</sup>. When compared to 2010, when the Black population was only 4.4%,<sup>36</sup> you can see the steady change in diversity.

According to the most recent US Census Data, Broome County had a total population of 198,683.<sup>37</sup> The poverty rate for the county stands at 13.3% with 24.5% of children under 18 living in poverty.<sup>38</sup> Nationally, the poverty rate is 12.8% while in New York State it is 13.9%.<sup>39</sup> In New York State, the average for children living in poverty is 18.5%. In Broome County, 6.5% are Veterans, and 15.6% of the population is disabled. These rates are both higher than those of New York State: 3.9% are veterans 12% are disabled. The median age in Broome County is 40.3 with 19.8% of the population 65 years and older and 19.3% under 18 years old. The average family size is 2.9, compared to the average family size in New York of 3.2. There are 92,569 total housing units in Broome County, 10,481 of which are vacant. The homeownership rate is 65.2%.<sup>40</sup> From 2017-2021, 65% of the housing units were owner-occupied. The median monthly owner cost with a mortgage was \$1,237 and without a mortgage it was \$553. During the same time period, the median gross rent is \$806 per month.<sup>41</sup>

Chenango County has a total population of 47,220, as of the 2020 Census.<sup>42</sup> The current poverty rate is 12.2%. The rate of children living in poverty is 16.3%,<sup>43</sup> which, like Broome County, is higher than the New York State rate of 13.9%.<sup>44</sup> The average

family size is 2.89, and 20.9 % of the population is under 18 years old. The median age is 44.7 and 20.6% of the population is 65 years and older. <sup>45</sup> Chenango County has more veterans than Broome County, at 8.6% of the population.<sup>46</sup> The rate of disability is also higher, at 18.6%.<sup>47</sup> The owner-occupied housing rate from 2017-2021 was 76.3%. During this same period, the median monthly owner costs with a mortgage was \$1,201 and without a mortgage is was \$496.<sup>48</sup> The median gross rent in Chenango is \$714.<sup>49</sup> The homeownership rate is 76.3%<sup>50</sup> and from 2017 to 2021 76.3% of housing units were owner occupied. <sup>51</sup> There are 24,210 total housing units in Chenango County and 4,313 of them are vacant. <sup>52</sup>

Tioga County's population, according to recent census data, is 48,455.<sup>53</sup> The poverty rate is 9.3% while the poverty rate for people under 18 is 10.3%. The median age for the county is 44.5 and 20.2% of the population is 65 years or older. The population of children, people under 18 years old, is 20.9%. According to the 2019 American Community Survey, in Tioga County 44.7% of grandparents are responsible for grandchildren, and 14.8% have been responsible for grandchildren for five or more years.<sup>54</sup> The percentage of those with a disability is also higher than New York State, at 15.1%, and the rate of veterans is higher, at 8.8%.<sup>55</sup> There are 21,787, housing units in Tioga County, and of that 1,909 are vacant. <sup>56</sup> From 2017-2021, the median monthly owner costs with a mortgage was \$1,329, without a mortgage was \$535, and median gross rent was \$829. During this same period, the owner-occupied housing unit rate was 78%.<sup>57</sup>

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- <sup>12</sup> Greater Binghamton Chamber of Commerce. <u>Broome County's 2023 Economic Outlook Guide</u>.
- https://greaterbinghamtonchamber.com/wp-content/uploads/2023/02/Economic-Outlook-Guide-2023-v5.pdf <sup>13</sup> United States Census Bureau. https://data.census.gov/profile?g=0500000US36007.
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- <sup>27</sup> New York Regional Economic Development Councils. <u>State of the Region: Southern Tier 2021 Annual Report</u>. Page 20. https://regionalcouncils.ny.gov/sites/default/files/2021-07/SouthernTier2021AnnualReport.pdf
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<sup>29</sup> Labor Market Briefing Southern Tier December 2022. https://dol.ny.gov/system/files/documents/2023/02/southern-tier.pdf

- <sup>30</sup> DATAUSA, Broome County, NY. https://datausa.io/profile/geo/broome-county-ny
- <sup>31</sup> DATAUSA, Tioga County, NY. https://datausa.io/profile/geo/tioga-county-ny
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<sup>&</sup>lt;sup>1</sup> Pressconnects.com. "Climate change poses greatest flooding threat in these Southern Tier places, study claims." Published October 25, 2021. https://www.pressconnects.com/story/news/local/2021/10/25/southern-tier-placesgreatest-risk-flooding-due-climate-change/8450056002/

<sup>&</sup>lt;sup>2</sup> Pressconnects.com. "Climate change poses greatest flooding threat in these Southern Tier places, study claims." Published October 25, 2021. https://www.pressconnects.com/story/news/local/2021/10/25/southern-tier-placesgreatest-risk-flooding-due-climate-change/8450056002/

<sup>&</sup>lt;sup>3</sup> Pressconnects.com. "Climate change poses greatest flooding threat in these Southern Tier places, study claims." Published October 25, 2021. https://www.pressconnects.com/story/news/local/2021/10/25/southern-tier-placesgreatest-risk-flooding-due-climate-change/8450056002/

<sup>&</sup>lt;sup>4</sup> NYS Department of Labor <u>Significant Industries: A Report to the Workforce Development System Southern Tier</u> 2019

<sup>&</sup>lt;sup>5</sup> New York State Department of Labor's Division of Research and Statistics, Southern Tier 2022. https://dol.ny.gov/labor-statistics-southern-tier-region

<sup>&</sup>lt;sup>6</sup> New York State Department of Labor's Division of Research and Statistics, Southern Tier 2021. https://dol.ny.gov/labor-statistics-southern-tier-region

<sup>&</sup>lt;sup>7</sup> New York State Department of Labor's Division of Research and Statistics, Southern Tier 2022. https://dol.ny.gov/labor-statistics-southern-tier-region

<sup>&</sup>lt;sup>8</sup> New York State Department of Labor. "State Labor Department Releases Preliminary December 2022 Area Unemployment Rates." Published January 24, 2023. https://doi.ny.gov/news/state-labor-department-releasespreliminary-december-2022-area-unemployment-rates

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<sup>&</sup>lt;sup>10</sup> Greater Binghamton Chamber of Commerce. <u>Broome County's 2022 Economic Outlook Guide</u>. https://greaterbinghamtonchamber.com/wp-content/uploads/2023/02/Economic-Outlook-Guide-2023-v5.pdf

<sup>&</sup>lt;sup>11</sup> United States Census Bureau. https://data.census.gov/profile?g=0500000US36007.

<sup>&</sup>lt;sup>21</sup> Tioga County, Bishop, Paul, MPA <u>Tioga County 2020 Strategic Plan: Establishing Priorities for Government</u> <u>Operations</u>. Page 12.

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- <sup>39</sup> United State Census Bureau. New York. https://data.census.gov/cedsci/profile?g=0400000US36

<sup>40</sup> United State Census Bureau. Broome County, New York.

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<sup>41</sup> U.S. Census Bureau Quick Facts Broome County, New York.

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<sup>42</sup> United State Census Bureau. Chenango County, New York. https://data.census.gov/profile?g=0500000US36017

<sup>43</sup> United State Census Bureau. Chenango County, New York.

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<sup>44</sup> United State Census Bureau. New York. https://data.census.gov/cedsci/profile?g=0400000US36

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- <sup>48</sup> U.S. Census Bureau Quick Facts Chenango County, New York.

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<sup>&</sup>lt;sup>33</sup> Labor Market Briefing Southern Tier December 2022. https://dol.ny.gov/system/files/documents/2023/02/southern-tier.pdf

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Child Care Resource and Referral Program

Family Enrichment Network's Child Care Resource and Referral (CCR&R) program serves parents, child care providers, businesses, and the community in Broome, Chenango, and Tioga Counties.

## **QUALITY CHILD CARE**

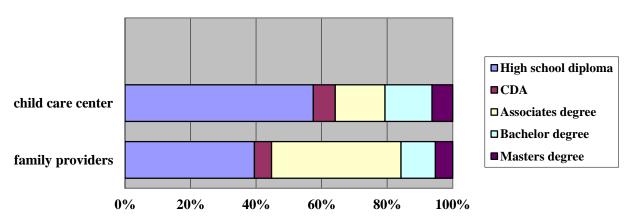
Quality child care is a daily concern for millions of American parents. Early childhood experiences have a long lasting effect on a child's future. Studies have shown that quality child care practices in the formative years result in a greater cognitive development, improved teacher-student relationships, better classroom behavior, longer attention spans, and desirable social skills.

Research is especially showing the importance of the first few years of life in brain development.<sup>1</sup> Toxic stress, such as abuse, poverty, or neglect or other "ACEs" (Adverse Childhood Experiences), damages developing brain architecture, which can lead to lifelong problems in learning, behavior, and physical and mental health. These ACEs are being identified as an important public health issue.<sup>2</sup> Because of the importance, in January 2021, OCFS added ACEs as a required training category for child care programs.

There is information available in the community to aid parents in finding quality child care and the importance of early experiences. When parents call Family Enrichment Network's referral service, they are given information on what to look for in a quality program and questions to ask prospective providers. This information can be accessed on our website as well. Parents can review violations on registered or licensed providers on the OCFS website by conducting a Child Care Facility search. Information on finding quality child care can be found online at Child Care Aware of America or the National Association for the Education of Young Children (NAEYC) websites. Links can be found on our website.

#### **Education of the Child Care Workforce**

Child care programs in Broome, Chenango, and Tioga Counties are surveyed about the educational qualifications of providers and child care center staff annually. There is no national regulation for education requirements to work in child care. Educational attainment varies by state.<sup>3</sup> According to the report by the Bipartisan Policy Center, just over half of center staff has a degree with 17% having an associate degree, 26% with a bachelor's degree, and 9% with a graduate degree. Only 31% of family providers have a degree. Our survey shows about 60% of local family and group family child care providers have education further than high school.<sup>4</sup> The national average for child care center staff, teacher, or assistant teacher with a high school diploma or lower is 20%.<sup>5</sup> Chart 1 shows the local education of our child care workforce.



**CHART 1: % of Education of Child Care Workforce** 

#### **Turnover**

One of most important elements in a high quality child care experience is the teacher or primary provider. In the earliest years of life, children are developing attachments to the adults in their lives. Strong emotional attachments allow children to develop a sense of trust and to build healthy relationships with other people. When these attachments are not strong and secure, children may suffer the emotional consequences for the rest of their lives. Changes in a child's teacher or primary care provider can interrupt a child's development and cause a period of transition and readjustment.

Staff turnover varies by program and type of program. When a program closes, a family needs to find alternate care. Due to the nature of family child care, there is no turnover in provider. When the provider leaves, the program closes. Center based staff turnover is much different and varies by program. In a survey of local child care center directors, the turnover rate varied greatly by program in 2021, with programs experiencing anywhere from 5% to 70%.<sup>6</sup>

#### Lack of Staff

There is a shortage of child care program staff across the country which has been compounded by the pandemic. The National Association for the Education of Young Children (NAEYC) conducted a survey in 2021 which showed 87% of programs in New York State are experiencing a staffing shortage.<sup>7</sup> Our local survey indicates 95% of programs had difficulty finding staff this past year.<sup>8</sup> Many problems contribute to this, including low pay, lack of benefits, lack of respect, difficult working conditions, high stress, and little support.

#### **Quality Child Care**

The quality of child care programs in our community is hard to determine due to the lack of a full quality rating system. The number of accredited programs is low due to the cost of accreditation. One licensed child care center, Campus Preschool at Binghamton University, is accredited through the National Association for the Education of Young Children (NAEYC).<sup>9</sup> There are no family child care programs accredited through the National Association of Family Child Care at this time.<sup>10</sup>

New York's quality rating and improvement system, QUALITYstarsNY, is a mostly voluntary program with limited community reach. QUALITYstarsNY expanded during 2022. A second Quality Improvement Specialist was added to cover our region of the state. OCFS Desert Grant recipients are required to participate in QUALITYstarsNY, which increased the number of programs participating. According to the website search, Broome County has 16 participating sites, Chenango County has seven sites, and Tioga County has three sites,<sup>11</sup> which does not show an increase in programs yet as the Desert Grant programs are not listed. Most of the participating sites are the Head Start/Early Head Start sites because of their federal requirement to participate. Only six of the Broome County sites are non-Head Start programs. The star rating for programs participating in QUALITYstarsNY is not public, so there is no way to determine the overall quality of care in the community yet.

#### **CCR&R Resource for Child Care Quality Improvement**

Family Enrichment Network's CCR&R offers many resources to help child care providers and programs in Broome, Chenango, and Tioga Counties improve their quality.

<u>Technical Assistance</u>: Specialists offer basic support to answer questions for providers. In 2021, Specialists offered 466 technical assistances to 116 providers and programs. Specialists can offer onsite/intensive visits to programs to help with best child care practices. In 2021, Specialists offered 48 onsite/intensive technical assistance visits to 23 providers and programs.<sup>12</sup> Due to the pandemic, onsite assistance was limited in 2021.

Infant Toddler Project: Family Enrichment Network has an Infant Toddler Specialist as part of the Regional Infant Toddler Network. The Infant Toddler Specialist works in the three counties of Broome, Chenango, and Tioga. The Infant Toddler Specialist offers mentoring, technical assistance, onsite intensive technical assistance, and training to parents, providers, OCFS licensing staff, CCR&R staff, and the community on infant/toddler best practices and the importance of offering high quality care to infants and toddlers. High quality early care is essential to a child's long-term social, emotional, and intellectual development. Table 1 below shows the numbers for our Infant Toddler Specialists in the 2021-2022 program year (July 2021-June 2022).

TABLE 1: 2022 Regional Infant Toddler Milestones <sup>13</sup>		
Basic Technical Assistance	400	
Number of Training Hours	275	
Intensive Technical Assistance	292	

There are 55 Infant Toddler Specialists across New York State. The Syracuse OCFS Region currently employs eight Infant Toddler Specialists.

In 2020, the Infant Toddler Project received funding to implement Infant & Toddler Mental Health Consultation across the state. Infant & Toddler Mental Health Consultation is an intervention that benefits infants and toddlers by providing a service in partnership with adult caregivers in their lives. The goal of the mental health consultation is to improve the ability of staff, families, programs, and systems to prevent, identify, treat, and reduce the impact of mental health problems amongst young children.<sup>14</sup> In 2022, the Infant Toddler Mental Health Specialist connected with three centers.

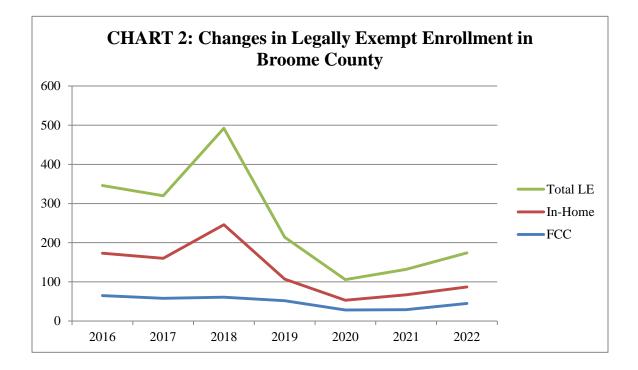
• <u>Legally Exempt Enrollment</u>: Since July 2006, the CCR&R has been the Legally Exempt Enrollment Agency for Broome, Chenango, and Tioga Counties, working collaboratively with the local Department of Social Services (DSS) in the respective counties. If a provider is not registered or licensed by OCFS, and the parents are receiving a child care subsidy to help them pay for child care, the legally exempt provider must complete the enrollment process through the CCR&R to receive the subsidy payment from DSS.

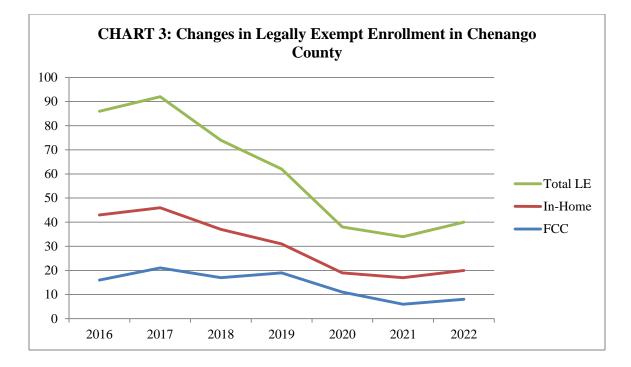
The federal Child Care Development Block Grant (CCDBG) has brought many changes to the New York subsidy system, including for legally exempt providers. As of September 2019, new legally exempt enrollment requirements were put into place. Upon the receipt of a completed enrollment application packet, non-relative providers must undergo a comprehensive background check, which includes the NYS Sex Offender Registry, the Staff Exclusion List checking for abuse and neglect against individuals with special needs, the Statewide Central Register of Child Abuse and Maltreatment (SCR), and fingerprints for criminal conviction history in any state the provider has lived. The SCR has a \$25 fee to conduct the check, which was temporarily waived in 2020 due to COVID-19. Relative providers, including grandparents, great grandparents, siblings, aunts or uncles, are exempt from the comprehensive background checks.

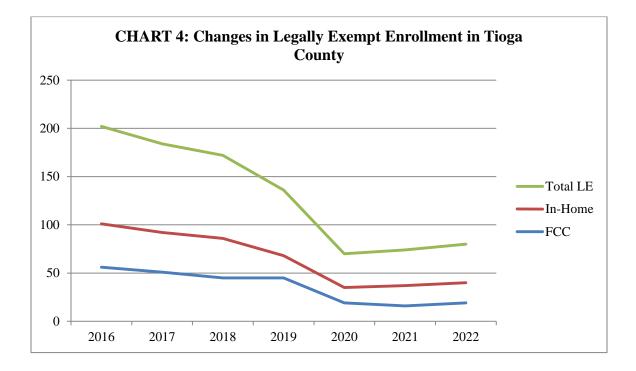
Additional new requirements include an annual training requirement for non-relative providers, in addition to a 5-hour pre-service online health and safety training, as well as written documentation of an emergency plan, including evacuation and shelter-in-place drills. These new requirements have resulted in fewer enrolled legally exempt providers.

Table 2 below shows the number of legally exempt providers in Broome, Chenango, and Tioga Counties. The following three charts show the decline in enrolled legally exempt providers over the five years from 2016 to 2020, with the number of programs leveling out and increasing since 2021.

TABLE 2: 2022 Legally Exempt Enrollment By Type <sup>15</sup>			
	FCC	In Home	Group
Broome County	45	42	1
Chenango County	8	12	0
Tioga County	19	21	2







Inspections of legally exempt providers resumed mid-2021, after they were temporarily paused in 2020 due to the COVID-19 pandemic. OCFS temporarily halted entering the homes of legally exempt providers unless there was a complaint filed. We now conduct inspections on all non-relative legally exempt providers, regardless if they are in the provider's home or in the parent/child's home. In 2022, CCR&R conducted ten inspections of legally exempt providers, 19 in Broome County, five in Chenango County, and ten in Tioga County. The contract requires an inspection of a new legally exempt nonrelative within 90 days of approval. When existing programs go through the annual renewal process, they will come up for an inspection.

The Child and Adult Care Food Program: The Child and Adult Care Food Program (CACFP) plays a vital role in improving the quality of child care. CACFP ensures that all children in child care have access to a nutritious meals and snacks and learn how to improve their eating habits through early nutrition education. The New York State Department of Health together with the United State Department of Agriculture (USDA) allocates funds to Family Enrichment Network to be the regional sponsoring agency for family child care providers. Family Enrichment Network in turn reimburses eligible registered, licensed, and enrolled legally exempt family child care providers for nutritious meals and snacks served to children in their care. CACFP offers ongoing training to participating providers in relevant areas such as the nutritional needs of children, food safety, menu planning, and physical activities. A CACFP representative from Family Enrichment Network visits each site at least three times a year providing assistance and nutrition training. The monitoring visits are allowed virtually due to the COVID-19 pandemic. USDA issued a waiver to allow all sponsoring organizations to conduct virtual monitoring visits/desk audits until the pandemic is over.

Tables 3 and 4 below show the numbers of providers enrolled in CACFP.

TABLE 3: 2022 CACFP Participation Numbers: <sup>16</sup>				
	Registered Providers	Licensed Providers in	Number of Registered/Lice nsed Providers	Percentage of Total Providers in
in CACFP CACFP NOT in		NOT in CACFP	CACFP	
Broome County	15	20	19	65%
Chenango County	13	16	6	83%
Tioga County	5	5	4	71%

TABLE 4: 2022 Legally Exempt Participation in CACFP					
	Legally Exempt Providers in CACFP	Legally Exempt Providers Eligible But Not in CACFP	Percentage of Total Eligible LE Providers in CACFP		
Broome County	3	45	6%		
Chenango County	1	8	1%		
Tioga County	0	19	0%		

- <u>Child Care Provider Professional Development and Training</u>: Research has shown that caregiver professional development or training has a direct correlation to the quality of child care provided.<sup>17</sup> Regulated child care providers are required by the New York State Office of Children and Family Services (OCFS) to complete 30 hours of training every two years, in ten categories of training.<sup>18</sup>
  - <u>CCR&R Training Opportunities</u>

CCR&R publishes a quarterly calendar of all training offered to meet OCFS requirements. The CCR&R ensures that each category is offered at least twice

annually in each of the three counties in the service delivery area. CCR&R also publishes a quarterly newsletter containing Agency news, updates on regulations, best practices information, and educational articles. In 2022, CCR&R started sending a monthly "Month at a Glance" newsletter to programs showing the training opportunities for that month in an attempt to increase enrollment.

Table 5 shows the trainings offered by Family Enrichment Network's CCR&R and the number of attendees in 2022, both duplicated and unduplicated numbers of providers trained. Enrollment and registration for trainings was low. Out of 159 scheduled trainings, 25 were cancelled due to lack of enrollment. In 2022, we offered both in-person and virtual training options. OCFS permanently is allowing credentialed trainers to offer virtual trainings.

TABLE 5: 2022 Training Attendance <sup>19</sup>				
	# of sessions		Unduplicated # of	
	scheduled	providers trained	providers trained	
CCR&R Trainings	159	324	139	

#### o **Onsite Training**

CCR&R trainers have previously conducted workshops and trainings onsite at child care centers. Only three onsite trainings were conducted as part of an OCFS corrective action plan for regulatory violations. CCR&R conducted 19 center trainings and 13 virtual in 2022.

The CCR&R contract includes funding for Childcare Program Onsite Training as a Community Based Strategy. This allows child care centers and SACC programs to request one free onsite or virtual training each program year.

#### o <u>Director Academy Training</u>

CCR&R works with the Early Care and Learning Council and the OCFS Region to host Director Academy training opportunities. In 2022, CCR&R offered the six hour The Director's Role in Ensuring Developmentally Appropriate Practice in person with four directors completing the training.

#### • <u>Health and Safety Competency Training</u>

CCR&R offers the initial 15 hour Health and Safety Competency Training, which is required for any new family or group family child care registration/license. The OCFS-approved curriculum requires that it be presented to a minimum of two and a maximum of ten potential providers after their daycare application has been submitted to OCFS. Even with the COVID-19 pandemic, OCFS still required it to be offered in-person. CCR&R offered four sessions of the Health and Safety Competency Training with 8 providers.

Family Enrichment Network also offered the new 15-hour Health and Safety Training for Directors, for center directors, school-age child care center directors, and enrollment legally exempt group directors. OCFS approved the Health and Safety Training for Directors to be conducted virtually due to the COVID-19 pandemic. CCR&R offered six sessions of this training for 23 directors in 2022, with all conducted virtually.

#### o <u>Child Development Associate Credential (CDA)</u>

The Child Development Associate (CDA) is a credential that early childhood educators can earn to demonstrate certain competencies to advance their career. CCR&R offers the 120 training hours of formal classroom instruction which is

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needed for CDA. In addition to the formal instruction, CDA candidates must submit an application to the national organization Council for Professional Recognition and take a test at a qualifying testing site. A Professional Development Specialist who contracts with the Council for Professional Recognition conducts a classroom observation, reviews the candidate's portfolio, and conducts an interview with the candidate for final credentialing approval. In addition to the classroom instruction, the CDA classes offered at Family Enrichment Network assist candidates with their portfolio and prepare them for the test, observation, and interview.

The CDA classes started in September 2021 and ended in March 2022 with 20 participants enrolled. The pandemic continued to disrupt the classes. Due to quarantines or sickness, many sessions were changed from in-person to virtual. Enrollment for another series of CDA classes was open to start in September 2022, but was delayed due to no enrollment.

#### o <u>CPR and First Aid Training</u>

CPR and First Aid training is mandated for every family child care provider and large programs need at least one trained staff person onsite during hours of operation. CCR&R meets the majority of the family child care community needs for this training.

TABLE 6: 2022 CPR/First Aid Class Participation				
	# of Trainings Offered	# of Providers Trained		
Broome County	21	116		
Chenango County	21	74		
Tioga County	1	8		

CPR/First Aid classes were offered only in-person in 2022. Onsite sessions were conducted with smaller groups, sometimes only one provider. All Department of Health guidance was followed to be able to conduct these sessions.

#### • <u>Training Challenges</u>

Training challenges continued in 2022 due to the pandemic. CCR&R was able to utilize virtual platforms for trainings, as approved by OCFS. Classes approved by SUNY PDP to accept EIP funding and conducted by a Credentialed Trainer can be offered virtually. Trainers who are not credentialed are not able to conduct virtual training without a co-trainer who was credentialed. Certain classes still needed to be conducted in-person, such as the Health and Safety Competency Training for new family child care providers and the CPR/First Aid skills demonstration. Many participants prefer virtual trainings due to the convenience of not having to leave their home.

#### o <u>Training/TA Needs</u>

In the annual Provider Survey, there were many requested topics, including CPR/First Aid certification, dealing with behavior issues, working with children with disabilities, mandated reporter, social-emotional learning, and regulations. Request for other forms of assistance, such as grants, new supplies, and emotional support were needed.

On the survey, 50% of centers indicate teachers are stressed and 40% of family providers identify as stressed. These child care providers needed additional mentoring and support. There is a great need for Early Childhood Mental Health Specialists in addition to the Infant Toddler Mental Health Specialists.

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## SUPPLY AND DEMAND OF CHILD CARE

Parents needing child care while they work or go to school have various care options: child care centers, registered/licensed family child care homes, informal or legally exempt providers, school age child care programs, or in-home child care providers (nannies). Nursery schools, preschools, and Universal Pre-kindergarten programs do not typically offer full time child care and often do not meet the needs of working parents. Head Start programs are moving toward full-day classes, but typically still only offer care for six hours and do not meet the needs of working parents. Wrap-around care is still needed.

Tables 7, 8, and 9 show the breakdown by community of providers in Broome, Chenango, and Tioga Counties in December 2022.<sup>20</sup> A new column named Special Child Care Centers was created to track the unique programs that do not necessarily meet the needs of working parents. These include Head Start/Early Head Start programs, UPK programs, part-day licensed preschool programs, and preschool Special Education Programs.

TA	TABLE 7: Child Care Providers in Broome County - 2022				
	Child Care Centers	Special Child Care Centers	Family Child Care	Group Family Child Care	SACC Programs
Binghamton	6	7	7	10	6
Endicott/Endwell	5	4	9	1	4
Johnson City	3	1	5	2	2
Vestal	4	0	2	2	0
Surrounding Areas	1	3	5	5	2
Broome County Totals	19	15	28	20	14

TAB	TABLE 8: Child Care Providers in Chenango County - 2022				
	Child Care Centers	Special Child Care Centers	Family Child Care	Group Family Child Care	SACC Programs
Afton	0	0	1	0	0
Bainbridge/Guilford	0	1	0	1	0
New Berlin	0	1	1	1	1
Norwich	1	3	4	5	3
Oxford	0	1	4	1	1
Sherburne	0	0	3	4	0
Greene	0	1	1	4	1
Surrounding Areas	0	0	2	0	0
Chenango County Totals	1	7	16	16	6

TABLE 9: Child Care Providers in Tioga County - 2022					
	Child Care Centers	Special Child Care Centers	Family Child Care	Group Family Child Care	SACC Programs
Apalachin	1	0	1	1	0
Candor	0	0	2	0	0
Newark Valley	0	1	0	1	0
Owego	1	1	2	1	0
Waverly	0	1	0	2	0
Surrounding Areas	1	0	3	1	1
Tioga County Totals	3	3	8	6	1

There continues to be a lack of affordable child care to meet the needs of the community. This is especially true for parents looking for child care for their infant or toddler. According to a report by The Center for American Progress, "Costly and Unavailable: America Lacks Sufficient Child Care Supply for Infants and Toddlers," there are far more infants and toddlers across the country than there are licensed child care spots.<sup>21</sup>

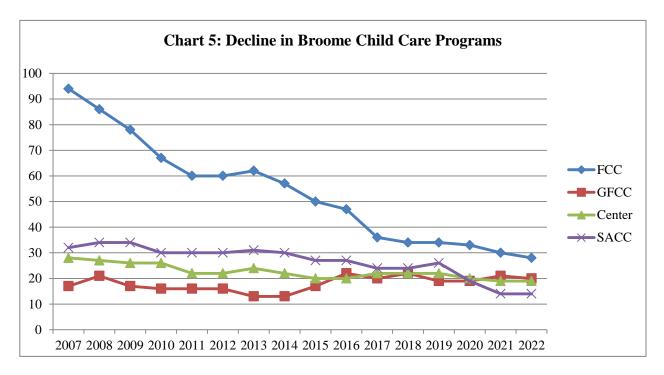
This is true for our area as well. Table 10 shows the population of infants and toddlers compared to the percentage who can be served by registered/licensed child care spots.

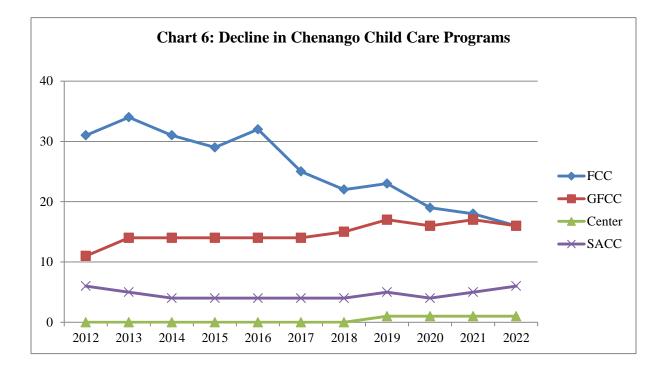
TABLE 10: Lack of Infant and Toddler Child Care Spots				
# Infants and Toddlers % Who Could be Served by Licensed Child Care				
Broome	3,273	28.8%		
Chenango	742	22.6%		
Tioga	921	16.4%		

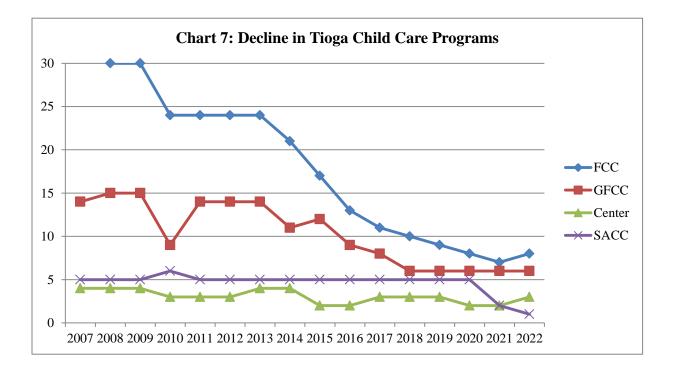
As you can tell from the table, there wouldn't be enough registered/licensed child care spots available to serve all the infants and toddlers of county, if they were needed. With the maternal labor force participation rate of about 70% for each county, substantially more infant and toddler spots are needed to meet the community need. This lack of available child care to meet the needs is being referred to as "Child Care Deserts."

#### **Decline in Child Care**

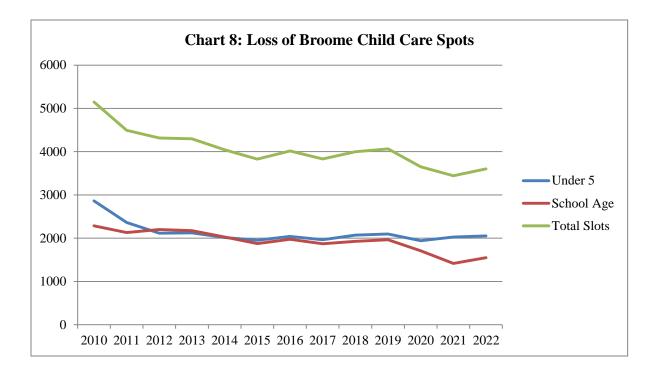
Over the last decade, the number of child care programs has decreased across Broome, Chenango, and Tioga Counties.<sup>22</sup>

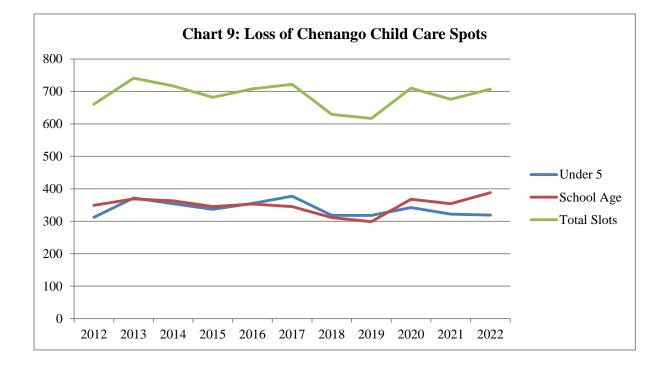


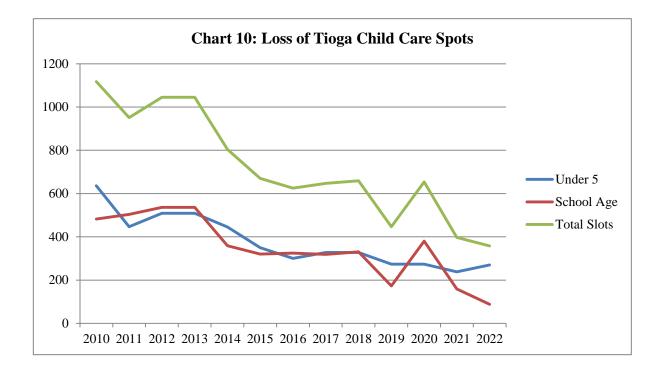




For the first time in over ten years, there was not a significant decrease in the number or programs or child care spots. The last year has seen a leveling off of child care programs, with a slight increase in available child care spots for children under five years of age.







# **Care in Greatest Demand**

Besides the care for infants and toddlers, the pandemic has shown the need for temporary care while programs closed for quarantines or had to close for a staffing shortage. Parents are also looking for part-time care to cover the hours that their free program, such as UPK with school districts, does not serve or to cover their part-time work hours. If a program is part-time, parents need transportation to a second child care program as well.

The five (5) biggest areas in which child care requests are greatest:

- 1. Infant Toddler Care
- 2. Child Care Deserts
- 3. Transportation
- 4. School Age Child Care
- 5. Non-traditional Hours

1. <u>Infant Toddler Care</u>: In 2022, 780 children were served using the referral services in Broome, Chenango, and Tioga Counties. 56% of the care needed in all three counties was for children under the age of three. Referral Specialists state that infant and toddler spaces fill quickly when they are available in programs. In family child care, a child is considered an infant until the age of two. A family child care provider can only care for two children under the age of two (without an approved assistant), so spots are limited, and many family child care providers do not want to care for children under the age of two. Child care centers lose money in infant classrooms due to the needed staffing ratios, so there is no incentive to open more classrooms for this age. More care for infants is needed in the community.

2. <u>Child Care Deserts</u>: The Center for American Progress released a report showing areas of the United States where there is a lack of child care.<sup>23</sup> For the report, the Center for American Progress collected and analyzed data on the location and capacity of registered/licensed child care in every state, comparing it to the estimates in population, family income and labor force participation for every U.S. census track. The analysis shows 51% of Americans live in a child care desert.<sup>24</sup> Most of Broome, Chenango, and Tioga Counties are identified as being a child care desert.

The report shows that rural areas have a higher concentration of child care deserts, which is consistent with our area. As shown in Tables 8 through 10, there are 11 family/group family child care providers in the rural areas of Broome County, one in Chenango County and four in Tioga County. There is only one center in the rural areas of Broome County and none in Chenango or Tioga Counties.

In response to the national coverage of child care deserts, OCFS released Desert Grant opportunities in 2022 called "Invest in New York: Child Care". Desert Grant 1 was

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released in January 2022, with the application portal opening in March and closing in May of 2022. It was for opening new child care programs across the state, specifically targeting identified child care deserts. Awards were announced in July. There were 22 applicants in our service delivery area. Initially, 13 programs were pre-approved for funding, nine programs were not-funded, but qualified for funding, and one program was denied. Of the original 13 programs pre-approved, only seven completed the requirements and are receiving funding. This accounts for one new family child care program in Tioga County, one new family child care in Chenango County, three new family child care programs in Broome County, and one family child care provider changing to group family child care in Broome County.

Desert Grant 2 was released in the spring, with the application portal opening in July and closing in August. Awards were announced in October. This opportunity was to expand existing child care programs. There were nine applications in our region with four preapproved for funding, four programs were not funded, and one program denied. Only one program has completed the requirements to move forward with accepting the funding. The family child care program received funding to enroll new infants or toddlers into the program, so there was no increase in capacity.

3. <u>Transportation</u>: Similar to the need for part-time care, if a parent needs to find care for their child after a part-time or shortened-day program, such as UPK in the school, transportation to a second program is difficult to find. Many school districts do not provide transportation for their UPK programs or to child care outside of the district, so it is up to a parent to find a way to get their child to the program and back. If a parent is working, they

often can't leave work to provide the transportation themselves. This becomes a problem for many parents.

UPK programs within a child care center; when the school-district uses a communitybased organization to provide UPK, do not have this issue as they can provide the needed wrap-around care. Keeping the child within the same program helps parents remain employed and also helps the child care program not lose income for the loss of serving preschool age children.

4. <u>School Age Child Care</u>: Consistent before-school and after-school care is needed. According to our database, 780 children were served using the referral service in 2022. Of these children, 17% were school age children in the three counties.

The six school age child care programs within the Vestal School District announced they were permanently closed in 2022. The closing included the five programs within the elementary schools registered for 244 children, and the one program for after-school care registered for 143 children. A new program did open in the Windsor School District which was previously under-served. The program has the capacity to serve 60 children.

5. <u>Non-Traditional Hours</u>: Typical child care hours are 8 a.m. - 5 p.m. Monday through Friday, but many industries rely on workers to keep their business going twenty-four hours a day including evenings, nights and weekends. Parents who work during the day and pursue their education at night also need child care during non-traditional hours.

Non-traditional hours are typically served by family child care providers. If a parent cannot find an opening they must depend on informal care such as family members, friends, and neighbors.

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According to our database, there are only five family child care providers in Broome County and one in Tioga County that provide non-traditional hours.

# **MARKET RATES OF CHILD CARE**

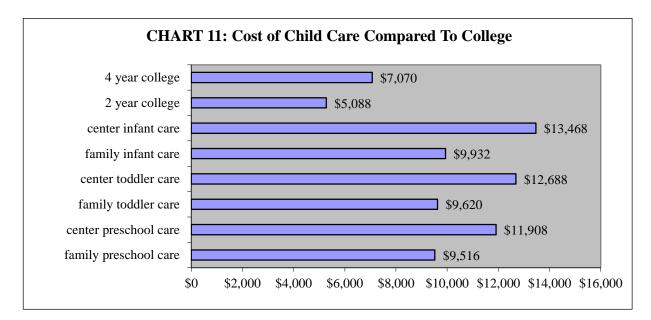
Child care is expensive. Middle and lower income families struggle to find affordable child care. The local Department of Social Services offers the Child Care Assistance Program, which was formerly known as subsidy, to help parents pay for child care. OCFS increase eligibility in August of 2022 up to 300% of the Sate Income Standard. Many more families are eligible for assistance paying for child care, but are not utilizing the program. Programs indicate parents are hesitant to apply due to perceived stigma of it being a welfare program.

In Broome County, a total of 954 families in Broome County are receiving child care assistance.<sup>25</sup> There are 58 families in Chenango County receiving child care assistance.<sup>26</sup> There are 120 families in Tioga County receiving child care assistance.<sup>27</sup> The New York State Child Care Block Grant (NYS CCBG) projected allocation is \$11,881,217 to Broome County from 2022-2023, \$543,610 to Chenango County for 2022-2023 and \$1,025,000 to Tioga County for 2022-2023.

The average cost of full-time child care for infants in Broome County is \$9,932 per year per child in family child care and \$13,468 for center based child care. The average cost of full time child care for a preschooler in Broome County is \$ 9,516 per year per child for family child care and \$11,908 per year for center based child care.<sup>28</sup>

TABLE 11: Subsidized Rate (Market Rate) Versus Private Pay Rates for Child Care <sup>29</sup>		
Child Care Center		
	DSS Child Care Assistance Program	Private Pay Rate
	Weekly Rate	Weekly Rate
Infants	\$295	\$259
Toddlers	\$275	\$244
Preschool	\$253	\$229
School Age	\$245	\$181
Family/Group Family Child Care		
	DSS Market Rate	Private Pay Rate
	Family care Weekly Rate	Family care Weekly Rate
Infants	\$266	\$191
Toddlers	\$252	\$185
Preschool	\$250	\$183

Both the subsidized/market rate and the private pay rate is more than the cost of public college tuition in New York: \$7,070 per year for a four year state college<sup>30</sup> or \$5,280 for a local two year college, not including room and board or books.<sup>31</sup>



As you can see from Chart 11, the cost of infant care is nearly twice as much as the annual cost of college tuition at a four-year college. Not many families can afford to outright pay for their child to go to college. There are student loans, grants, etc., but parents are

expected to cover the full cost of child care. This is often when they are young and new in their career with a lower salary. The child care system needs to change. According to the U.S. Department of Health and Human Services, care is considered affordable if it is 7% or less of a family's household income. New York State continues to rank in the top 10 of the least affordable states for child care for children under the age of five.<sup>32</sup>

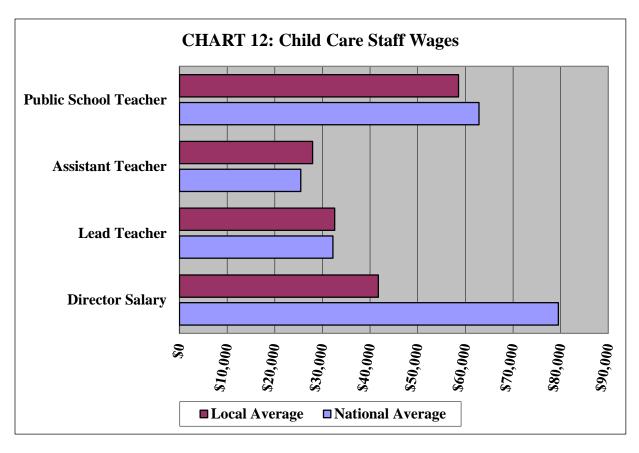
Although the cost of child care to parents is extremely high, child care centers are still struggling financially. The price charged to parents is less than what is costs a center to provide that care. The "True Cost of Care" for area programs is between 25% to 50% more than what they charge.

### **Roadblocks to Increasing Child Care Supply**

### Center Reasons

The biggest cost for a child care center is salaries for staff. NYS OCFS regulations dictate required staff-child ratios. Even if a program can accommodate more children in the physical space, it is often not cost effective to add additional staff. Qualifications of child care providers are critical to high quality child care. However, the people we entrust to provide quality child care for our children are often not well compensated which does not attract highly qualified staff to the field. In 2022, on average in center-based care, an assistant teacher earned slightly above minimum wage, or \$13.43 per hour. With the continued increase of minimum wage, programs will have to increase the wage of these staff. The wage for a lead teacher varied by education, but the average is \$15.66 per hour. Lead teachers are mandated to have further education, such as a Child Development Credential or an associate degree or higher.

The hourly rate teachers are paid is often determined by what a center can afford and not based on teacher qualifications or education. OCFS regulations determine the qualification and educational requirements for lead teachers or assistant teachers in centers. Higher education for a teacher may not necessarily mean higher compensation, especially enough to repay student loans for obtaining a degree. Many early childhood teachers leave child care for higher paying jobs in the public school system since public school teachers earn double to triple what a teacher with the same qualifications makes in child care.<sup>33</sup> The pay for child care providers across the country is an issue, but as indicated in Chart 12, local child care professionals earn right around the national average, except for directors, who earn less.<sup>34</sup>



With the low wages, child care center staff are struggling to provide for their own families. The Center for the Study of Child Care Employment (CSCCE) at the University of California, Berkeley conducted a study of teachers working in a QUALITYstarsNY program and issued a report "Teachers' Voices: Work Environment Conditions That Impact Teacher Practice and Program Quality-New York." The study found 40% of teaching staff resided in families that utilized at least one form of federal public support.<sup>35</sup>

OCFS offered Stabilization Grants again in 2022, specifically for Workforce Supports. Programs had to use the funding to strengthen the workforce, through increased salaries, bonuses, or other incentives. The application for the Stabilization Grant 2.0 was released in July and closed in December. In our area, 127 programs were awarded \$2 million in funding.

### Family Child Care Reasons

Increasing the supply of family-based child care programs also faces challenges. As noted in Charts 5 and 7, our area has seen a 66% decrease in family child care programs over the last decade. A variety of reasons are stated as to why programs close when exit surveys are conducted. Family providers often state the difficulty complying with regulations in their own home as a primary reason for closing their program. The second reason is that long standing providers are retiring due to age.

New, prospective providers are not opening to fill the void of the ones leaving the field. On average, three new family child care applications are ordered each month in all three counties. Barriers to completing the process include the difficulty meeting the regulation requirements, lack of communication with the licensor, costs, and necessary time to complete the background checks and training. Despite CCR&R staff assistance through

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the process, more support for the registration and licensing process is needed. Even with the Desert Grant to expand child care, only a handful of new programs opened in 2022.

# **ECONOMIC IMPACT**

Across the US, there is increasing recognition of the economic importance of child care. Early care and education is being recognized as an important economic sector in its own right, and as a critical piece of social infrastructure that supports children's development and facilitates parents' employment. Child care is an essential service so parents can work.

The local numbers of the child care industry show the importance to the local economy.

- **165 Small Businesses**: Child care centers, school age child care programs, and family child care programs are small businesses and contribute to the economic activity of our region.
- **72 Million Dollars**: The yearly cost of all regulated child care spots in our region is over \$72 million in child care payments.
- **1,000 Workers**: Early care and education workers, directors, teachers, assistant teachers, and family child care providers is a large employment sector.
- 5,500 Children of Working Parents: Parents are able to work because their children are in a child care program. Child care keeps other businesses running. Employers benefit by enhanced performance of their workers who use child care, because parents do not have to worry about their child's safety and can focus on work.

# **IDENTIFICATION AND PRIORITIZATION OF CCR&R ISSUES**

This assessment indicates that the following community priorities need to be addressed by CCR&R programming:

- 1. Need to expand services for infant and toddler care throughout the service area.
- 2. Need to advocate for increased funding to support minimum wage increases.
- 3. Need to advocate for increased funding to meet the true cost of child care, through supportive funding for programs. Need to advocate for increased funding to support child care programs as the business model does not work. Parent tuition payments alone do not cover the costs of operating a child care program, but parents cannot afford to pay more.
- Need to expand child care programs in all areas of Broome, Chenango, and Tioga Counties.
- Need to expand services for children with challenging behaviors through mental health supportive services, including Early Childhood Mental Health Consultation projects.

### Sources:

<sup>10</sup> The National Association for Family Child Care Program Accreditation search at www.nafcc.org.

<sup>11</sup> QUALITYstarsNY website search, https://qualitystarsny.org/find-a-program-in-your-area/

<sup>18</sup> New York State Office of Children and Family Services Child Care Regulations, www.ocfs.state.ny.us.

<sup>19</sup> Family Enrichment Network CCR&R Training Spreadsheet, 2022.

<sup>20</sup> CCFS Database search, January 2023 and Empire State Child Care Search database, January 2023.

<sup>21</sup> Center for American Progress, "Costly and Unavailable: America Lacks Sufficient Child Care Supply for Infants and Toddlers": https://www.americanprogress.org/issues/early-childhood/reports/2020/08/04/488642/costly-unavailable-

america-lacks-sufficient-child-care-supply-infants-toddlers/ <sup>22</sup> Family Enrichment Network's Empire State Child Care Search database, January 2023.and CCFS search, January 2023 compared to previous Community Assessment numbers since 2012. <sup>23</sup> The Center for American Progress, https://www.americanprogress.org/issues/early-

childhood/reports/2018/12/06/461643/americas-child-care-deserts-2018/ <sup>24</sup> Rasheed Malik and Katie Hamm, "Mapping America's Child Care Deserts" (Washington: Center for American Progress, 2017) <sup>25</sup> Broome County Department of Social Services, January 2023.

<sup>27</sup> Tioga County Department of Social Services, January 2023.

<sup>30</sup> www.suny.edu, 2022-2023.

<sup>33</sup> National Center For Education Statistics, 2018-2019 School Year.

https://nces.ed.gov/programs/digest/d19/tables/dt19\_211.60.asp?current=yes

<sup>34</sup> U.S. Bureau of Labor Statistics, Occupational Employment and Wage Statistics, May 2020, https://www.bls.gov/ooh

<sup>35</sup> The Center for the Study of Child Care Employment (CSCCE) at the University of California, Berkeley, "Teachers'

Voices: Work Environment Conditions That Impact Teacher Practice and Program Quality-New York," 2018.

<sup>&</sup>lt;sup>1</sup> developingchild.harvard.edu/resources/inbrief-science-of-ecd/

<sup>&</sup>lt;sup>2</sup>www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/index.html?CDC AA refVal=https%3A%2F%2Fwww.c dc.gov%2Fviolenceprevention%2Facestudy%2Findex.html

Bipartisan Policy Center, "Characteristics of the Child Care Workforce", February 8, 2021, www.bipartisanpolicy.org

<sup>&</sup>lt;sup>4</sup> Family Enrichment Network's Family/Group Family Child Care Provider Needs Assessment Survey, October 2022.

<sup>&</sup>lt;sup>5</sup> NSECE Research Brief, OPRE Report #2103-38, "Number and Characteristics of Early Care and Education Teachers and Caregivers: Initial Findings from the National Survey of Early Care and Education".

Family Enrichment Network's Center/SACC Needs Assessment Survey, October 2022.

<sup>&</sup>lt;sup>7</sup> The National Association for the Education of Young Children, September 2021 survey,

https://www.naevc.org/sites/default/files/wysiwvg/user-74/naevc\_survey\_statedatawithquotes\_sep2021.pdf

<sup>&</sup>lt;sup>8</sup> Family Enrichment Network's Center/SACC Needs Assessment Survey, October 2022.

<sup>&</sup>lt;sup>9</sup> The National Association for the Education of Young Children accreditation search at families.naeyc.org/find-qualitychild-care

<sup>&</sup>lt;sup>12</sup> Empire State Child Care Search database, January 2023

<sup>&</sup>lt;sup>13</sup> Regional Infant Toddler Milestone chart for 2021-2022 program year, by Child Care Solutions.

<sup>&</sup>lt;sup>14</sup> Infant & Toddler Mental Health Project in New York State outreach flyer from ECLC.

<sup>&</sup>lt;sup>15</sup> Child Care Facility System (CCFS) Legally Exempt Database search, January 2023.

<sup>&</sup>lt;sup>16</sup> Family Enrichment Network CACFP Minute Menu and CIPS search, January 2023.

<sup>&</sup>lt;sup>17</sup> http://www.oecd.org/education/school/49322232.pdf

<sup>&</sup>lt;sup>26</sup> Chenango County Department of Social Services, January 2023.

<sup>&</sup>lt;sup>28</sup> Empire State Child Care Search database, January 2023.

<sup>&</sup>lt;sup>29</sup> New York State Office of Children and Family Services Market Rates, 2022.

<sup>&</sup>lt;sup>31</sup> www.sunybroome.edu, 2022-2023.

<sup>&</sup>lt;sup>32</sup> Child Care Aware of America: "Parents and the High Cost of Child Care: 2018 Report".

Community Services Program

### WAIVER PROGRAMS

Family Enrichment Network begins our sixth year of providing waiver services to those with developmental disabilities/intellectual disabilities. The Home and Community-Base (HCBS) waiver program supports individuals in the community by providing a variety of services and supports that are uniquely tailored and individualized to meet each person's needs. These services are funded through Medicaid and support individuals who receive services under the Office for People with Developmental Disabilities (OPWDD). Waiver services can be self-directed as well as agency provider purchased (agency directed). FEN is approved to provide Community Habilitation and Community-based Prevocational Services.

# **COMMUNITY HABILITATION**

Community Habilitation was the first of the waiver services to be implemented. Community Habilitation consists of services designed to assist individuals in acquiring, retaining, and improving independent living skills, socialization, safety awareness and adaptive skills necessary to reside successfully in home and community-based settings. An individual can be approved for as little as two hours of the service a week to more than 25 hours per week based on the needs of the individual, to ensure the individual's health, safety and welfare.

Through the provision of this service, individuals learn, maintain, or improve skills through their participation in a variety of everyday life activities. They learn and use skills in the context of these activities; this can be considered a functional approach to the delivery of services. These activities must be necessary for individuals to live in the community, to live more independently, or to be more productive and participatory in community life. Services must be provided in a manner that ensures the person's health and safety. These services must be person-centered and involve the individual in deciding which service, skill or goal would best benefit the individual.

In addition to supporting individuals in activities typically associated with those occurring in their homes and the immediate community, Community Habilitation services may also be used to provide staff assistance to support individuals in the following ways:

- Support that enables the individual to access and use community resources such as instruction in using public transportation, translator and communication assistance, and companion services to assist the individual in shopping and other necessary activities of community life.
- Support that assists the individual in developing financial stability and security, such as assistance in arranging for disability-related work incentives and plans for achieving self-support; general banking; balancing accounts; preparing income taxes and recordkeeping.
- 3. Support that enables an individual to participate in community projects, associations, groups and functions, such as support that assists an individual to participate in a volunteer association or a community work project.
- 4. Support that enables an individual to visit with friends and family in the community, such as the support of a personal care worker.
- 5. Support that enables the individual to exercise rights as a citizen, such as assistance in exercising civic responsibilities.
- 6. Support that enables the individual to benefit from the participation of friends, relatives and advocates as part of the individual's support planning team.

Our Director of Community Services is currently providing 35 direct service hours per month to six individuals. There continues to be a waiting list for individuals looking for services. There continues to be a shortage of staff in the Waiver Department.

# **COMMUNITY BASED PREVOCATIONAL SERVICES**

In January 2018, Family Enrichment Network introduced prevocational services. FEN is in the fourth year of the program. Prevocational Services prepare individuals with developmental disabilities for paid employment or unpaid meaningful community activities, including volunteering. Prevocational Services have been redesigned to include new service delivery and documentation requirements. The Prevocational Service requirements apply to both individuals enrolled in the Medicaid Home and Community Based Services (HCBS) waiver, as well as no-waiver enrollees. To receive Prevocational Services, the individual must have: (a) expressed an interest in obtaining pre-employment skills, and (b) identified preparation for employment or job readiness as a valued outcome in his or her Individualized Service Plans (ISPs).

Prevocational Services are delivered in the community. The individual receives training in work related skills such as, time management, following directions, working with a team, transportation, proper work hygiene and so much more. An individual's Life Plan contains Community Based Prevocational Services, in addition to other OPWDD services such as Pathway to Employment, Supported Employment, Employment Training Program, Day Habilitation or Community Habilitation. At the end of the year, a Community Based Prevocational Assessment is required to observe and document how the individual is doing. Recommendations are required to determine what the individual may still need to accomplish or determine if the individual is ready to take the next step towards competitive employment in the community.

### WHERE ARE WE NOW?

Community Habilitation and Prevocational Services are struggling. We are still experiencing the impact of the COVID-19 Pandemic. There remain many individuals who are still apprehensive to receive services in the community. A number of staff did not return in July 2020 leaving a huge gap in providing services. In February 2022, the last full time employee on staff retired. It has been over a year since the Community Services Department has had staff. We have continued to post employment offerings in many different venues with little activity. There are a couple of barriers that have been identified in the hiring process which include:

- <u>Wage paid per hour</u>: As a non-profit entity, it has been extremely difficult to compete with other employment opportunities in the area when a person can get paid \$17 per hour elsewhere. Due to funding, our ability to offer competitive salaries is limited.
- <u>Transportation</u>: A staff person is required to use their own vehicle to transport an individual for services. With the cost of gasoline and maintenance to personal vehicles, this becomes an immediate deal breaker.

As an Agency, FEN continues to strive towards being able to offer a great employment package including many perks that make becoming a staff member appealing. We are living in a different and challenging time, but nonetheless, we will continue to work for the individual in the community who needs the services that we provide.

# SUMMER YOUTH EMPLOYMENT PROGRAM

The Summer Youth Employment Program (SYEP) experienced its fifth year of serving as a summer employment site for participants in the summer program. The SYEP offers a paid work experience to eligible individuals between the ages of 14 to 20 who are members of families with incomes at or below 200% of the Federal Poverty Level.

The program provides many different opportunities such as maintenance, clerical, food service. We were able to add two new opportunities this last summer at the Humane Society and the Greater Good Grocery. As more employers recover from limited hours and service, there will hopefully be more opportunities to be involved in the community such as the Ross Park Zoo to name one.

The program begins early July runs through the end of August. Each participant is involved in an interview experience and, if found eligible, will be matched to an area of interest the best suits the young person. Work activities are scheduled Monday through Thursday and each Friday job readiness classes are offered that provide financial literacy, soft skills, career exploration, job readiness activities, and more. The youth will earn money and gain meaningful work experience; learn and develop the skills, attitudes and commitment necessary to succeed in today's world of work, gain exposure to various career opportunities and interact with dynamic working professionals in a positive work environment.

SYEP is able to provide a meaningful work experience for ten young people this last summer. Of the ten, six were able to realize perfect attendance and received an incentive for their dedication and hard work. As we go forward, we would like to be able to offer more youth the opportunities and will need to look at transportation needs to enable the youth to get to the opportunities off campus. Family Support Services Program

# **INTRODUCTION**

Over the past year, the Family Support Services Department of Family Enrichment Network offered four programs, the Nutrition Outreach & Education Program (NOEP) and Walk With Me, in Broome County and the Kinship Care program in Broome and Tioga Counties. The Courthouse Children's Center located at the Broome County Family Court was kept closed most of 2022 at the request of the Broome County Family Court.

# THE COURTHOUSE CHILDREN'S CENTER

All Courthouse Children's Centers across New York State were closed by the Office of Court Administration on March 16, 2020 and they stayed closed for the remainder of that year and then stayed closed for all of 2021. The Children's Centers were given permission by the Office of Court Administration to reopen in 2022 based on the needs of the local Family Courts. In October, the 6<sup>th</sup> Judicial District requested that the Broome County Children's Center reopen and the budget for operating the Center was revised to incorporate the mandated increases in NYS minimum wage. Based on the Center's limited funding, full time operation was no longer possible and only a reduced schedule of services could be offered. The Center, however, was not reopened in 2022 because staff could not be found. The agency has been faced with an employment crisis as the wages we can afford to offer are below people's current expectations. Once staff is hired the Children's Center will reopen.

When the Center is open it is a free drop-in childcare facility at the Broome County Family Courthouse, operated as a joint partnership between Family Enrichment Network and Broome County Family Court. This partnership is 21 years old as the Center opened its doors in September 2001. The professional early childhood staff cares for children six weeks to 12 years of age while their adult caregivers attend to business in either Family or Drug Courts. The Children's Center staff offer a changing monthly curriculum to provide children with fun, educational, and safe experiences away from the high tensions that can erupt in the family court waiting room. Adults who leave children in the center are also offered a variety of community referrals and resources.

Changes in the Governor's budget in 2013 resulted in the opening times of the Center being changed three times and finally, in June 2013, the funding was stabilized to provide four and a half days of childcare a week, which has continued through to March 2020. The Center was opened full day Monday through Thursday from 8:45 a.m. to 4:15 p.m. and half day on Friday mornings, 8:45 a.m. to 12 p.m. In 2022, it was determined that the Center could only be open four mornings and three afternoons. This is expected to be reduced in 2023 with the change again in the minimum wage.

### THE KINSHIP CARE PROGRAM

"Kinship" families, refer to those families that are raising someone else's child, because of upheavals or unhappy circumstances in the child's original family group. The task of taking over the raising of children from fractured families or families in crisis often falls on those outside of the nuclear family unit. Kinship families are frequently headed by grandparents, however aunts, uncles, great aunts, great uncles, siblings, cousins, great grandparents and other family members as well as family friends and neighbors can also take on this responsibility. The sudden addition of children to a family group and the task of parenting a second time around can create unexpected financial hardships and emotional turmoil for these newly blended kinship families.

The numbers of children being raised by someone other than their parents has been steadily growing. As of the U.S. 2010 census, in New York State 129,522 grandparents are

responsible for the grandchildren living with them and over 439,654 children under the age of 18 live in households headed by a grandparent or other relative.<sup>1</sup> In Broome County, there are 2,371 grandparents reported as caregivers in a home with grandchildren under the age of 18 years. Of those, 1,221 or 51.5% are fully responsible for 2,226 grandchildren. This is well above the state level of 35%. Nearly 19% of grandparent caregivers live below the poverty level.<sup>2</sup> Grandparents and non-parent caregivers can have many questions about raising children in today's society and many may not know where to turn for guidance and support.

Family Enrichment Network has been providing kinship care services to the community for 17 years, since November 2, 2005. The Kinship Care Program was one of the original funded Kinship Programs through the Office of Children's and Family Services and provided an informational help-line and a friendly ear, advocacy, referral services, monthly workshops, and up-to-date information on the legal rights of kinship caregivers. Support groups designed specifically to address the needs of kinship caregivers, and in-home parenting classes were offered along with social activities and community connections. This funding stream was consistent until September 30, 2012.

From October 1, 2012 to September 30, 2015 the Kinship Care Program was funded through the Kinship Navigator's Children's Bureau Grant. Initial funding included money for a Kinship Navigator Coordinator, whose position was primarily to work with the statewide Kinship Navigator Program in Broome County to distribute and collect Permission to Contact forms that funneled families needing kinship care first to the Kinship Navigator phone banks and then onto the FEN Kinship Program. In late summer of 2013, this funding was more than doubled so that from October 1, 2013 the Kinship Navigator Program provided extra funds to allow the program to continue to provide direct kinship services to kinship families through the Kinship Advocate and Kinship Counselor positions.

In September 2014, the Kinship Navigator Children's Bureau grant was refunded by Congress but for a smaller amount of funding, cutting one third of the program's grant amount. This resulted in the loss of the Kinship Navigator Program Coordinator and a reduction in the hours for the Broome County Kinship Advocate and the Broome County Kinship Counselor.

On September 1, 2015, the Kinship Care program was funded by an Office of Family and Children's Services (OCFS) grant with a five-year funding shell. This funding stream provided for a fulltime kinship advocate to continue kinship services in Broome County with some limited advocacy services in Tioga County. The grant also provided some limited counseling hours for kinship families in Broome County.

From September 2015 through August 2016, the Kinship Care Program collaborated with Mother's & Babies Perinatal Network to provide kinship caregiver support groups and the kinship youth services. The new OCFS funding for the Kinship Program enabled the program services to be opened up to kinship families of any income level. In previous funding streams the program had been limited to providing services only to Temporary Assistance to Needy Families (TANF) eligible families. Starting September 1, 2016 through August 31, 2020, the Kinship Care Program took over providing the support groups and parenting classes as required by the OCFS grant and was able to meet all the required targets. The OCFS funding ended in August 2020 and NYS Kinship Navigator stepped up to provide extra funds for our Kinship Care Program.

The Kinship Navigator funds began in September 2018 when they awarded supplemental funding to a few kinship care programs across New York State to provide peer mentor services and to strengthen the kinship caregiver's support groups. This funding enabled the program to add two peer mentors to the staff and to begin offering weekly kinship caregiver's support groups. Both these activities strengthened the services offered to kinship caregivers. When the OCFS funding ended in August 2020, NYS Kinship Navigator was able to increase their funding to the FEN Kinship Care program to allow kinship care services to continue. This was wonderful as it allowed the program to continue but the Kinship Navigator funds were not able to fully replace the OCFS funds so the kinship program continued with reduced staff hours. This also meant that the kinship counselor's position was eliminated. This reduction in staff hours along with the drop in community referrals from the pandemic restrictions meant our final numbers were lower than in previous years. However we still exceeded our revised lower targets.

In the past Kinship Navigator funded grant year, October 1, 2021 to September 31 2022, the Kinship Program enrolled 117 new unduplicated families into the program, assisted 134 kinship families with two or more community connections, which included referrals, advocacy service, DSS assistance, and material supports. Case management services were provided for 171 kinship families and 108 families were assisted with the Non Parent Caregiver (NPC) grant available through the local Departments of Social Services.<sup>3</sup> Please note that on average, the kinship program staff continued to work with 35 Kinship families a month, including both new families and those already in the database. In-person kinship care program services were curtailed in 2020 because of the COVID-19 pandemic restrictions, however throughout the COVID restrictions, the kinship staff were considered essential workers and continued to help families apply for the NPC grant, assisting by phone then safety stopping at homes to collect the necessary paperwork signatures while following all

the social distancing and mask wearing mandates. By the start of 2021, staff were all working again from their offices and later in 2021 in-home visits began again based on kinship families' preferences. In 2022 it was back to business as normal.

# NUTRITION OUTREACH & EDUCATION PROGRAM (NOEP)

Family Enrichment Network's Nutrition Outreach & Education Program (NOEP) offers assistance with the Supplemental Nutrition Assistance Program (SNAP) process in Broome County. The Broome NOEP Coordinator (NC) at FEN provides confidential prescreens for potential SNAP eligibility over the phone or in-person. If the applicant appears to be eligible after the pre-screening process, an appointment is set up for the NC to assist with application process, which includes guidance on paperwork, copying of necessary documents, and the completion of the application form. The NC can make home visits or meet with applicants in a convenient location of their choice or in the FEN office if the applicant prefers. As part of the application assistance the NC and the Broome County Department of Social Services SNAP unit have developed a system that allows the NC up to five interview slots a week for the SNAP phone interviews required to complete the process. The NC provides technical assistance regarding the application and educates individuals about their rights and responsibilities regarding SNAP. The NOEP program has developed a wonderful relationship with the Broome County SNAP unit, which faxes a benefits outcome sheet to the NC for each a SNAP application that is submitted though the NOEP program. This communication allows the NC to follow up on any SNAP denials to determine if there were any problems with the application. The NC answers any questions people may have about SNAP through presentations and outreach efforts at area Senior Citizens Centers, disabled housing facilities, WIC sites, local food pantries, and the mobile food pantry distribution sites. This is only a partial list of the outreach sites where the NOEP Coordinator addresses the application process, works to reduce the stigma attached to SNAP, and attempts to remove any other barriers to SNAP participation.

In 2014, FEN reapplied for the four year NOEP contract in Broome County and for a new NOEP contract in Tioga County. Both these proposals were successful and NOEP ran in both counties from July 1, 2014 to June 30, 2018. The next grant contract was for another four years from July 1, 2018 to June 30, 2022, but only for Broome County. On July 1, 2022 FEN was awarded another four year contract through to June 30, 2026. As of 2022, FEN has been operating a NOEP in Broome County for 19 years, since 2003.

The COVID-19 Pandemic that started in March 2020 has had far reaching effects on the NOEP program. The NC was deemed an essential worked and continued to assist households with the SNAP application process, mainly by phone during 2020. However, the NC still went to people's homes to collect the requisite application signatures and the documents that needed to be copied and submitted with the application. All COVID-19 safety measures were followed. The pandemic restrictions stopped all forms of community outreach, which was a main source of SNAP referrals. In the 2021 the NOEP Coordinator was able to restart in-person and home based meetings. However the referral numbers for SNAP applicants remained low until after the extra government COVID relief benefits were discontinued. While providing important assistance to households but interestingly led to a much lower usage of the local food pantries as reported to the NOEP Coordinator from the Catholic Charities food pantries in Binghamton and Endicott. The SNAP referrals finally started to increase in the last quarter of 2021 and the local DSS SNAP unit was overwhelmed and required the SNAP intake staff to work on Saturdays to catch up on the backlog. Please note that in December 2021, the NOEP program was transferred to the Community Services Department at FEN and was not managed by the FSS Department for six months, until it was returned to the FSS Department's management again in July 2022. Unfortunately this move out of the FSS department was not successful and some of the target numbers suffered.

During the 2021-2022 grant year, the number of prescreens increased to 381, which enabled 170 households to receive SNAP. Unfortunately this number should have been higher but the department move and having staff unfamiliar with the program requirements created a deficit in the program's functioning. This was again reflected in the outreach numbers; the NC shared information about the SNAP process with 816 individuals across Broome County at visibility events and community presentations, which was a large decrease from the previous year<sup>4</sup>. U.S. Census data of 2015 states that 47% of children in the City of Binghamton live in poverty compared with 22% statewide, and 67% of school-age children are eligible for free/reduced lunch. Recently, the USDA Economic Research Service reported that children in 9.4% of U.S. households are food insecure and that in Broome County, the food insecurity rate for children is 24%.<sup>5</sup> This data also reveals that almost one in four children in Broome County struggle with hunger.

#### **SNAP**

The Supplemental Nutrition Assistance Program (SNAP) is the nation's premiere defense against hunger, designed to support low-income households in need of nutrition assistance. Permanently authorized by Congress in 1964, SNAP is an entitlement program, which means that any individual who applies and meets the established eligibility requirements may receive benefits. Eligibility standards are uniform nationwide, as a result of Federal legislation in 1977. In New York State, SNAP is funded and governed by the

United States Department of Agriculture and administered by the Office of Temporary and Disability Assistance (OTDA), local county Departments of Social Services, and the Human Resources Administration in New York City. Eligibility for SNAP is based on factors such as household income, immigrant status, and meeting work requirements. SNAP also has special eligibility rules for households that contain a senior or disabled member or a working family with dependent child care or adult care costs.

In order to receive SNAP benefits, certain guidelines must be met. A household without an elderly or disabled member must have monthly gross income below 130% of poverty guidelines. A new rule enacted in July 2016 increased the amount of money (up to 150% of the poverty income guidelines) that households with a working individual can earn and still be eligible for SNAP. This represents a 20% increase in gross income, thus a family of four can earn \$410 more per month and still have the potential to qualify for SNAP. Elderly and/or disabled households and/or working families with dependent child care or adult care costs related to employment or training can have a monthly gross income up to 200% of poverty guidelines.

Individuals may apply for SNAP benefits at the Department of Social Services at any time during regular business hours and approval or denial of SNAP is required within 30 days of the intake interview. Applications eligible for expedited SNAP benefits must now have a determination made within seven to ten calendar (not business) days. Benefits in New York State are now issued in the form of an Electronic Benefit Transfer (EBT) card, used like a debit card at grocery stores, retail locations, and senior centers. SNAP can be used to purchase seedling/vegetables plants, Meals on Wheels, meals at Senior Centers, and at Farmer's Markets that have an EBT card reader.

During the COVID-19 pandemic, a number of COVID relief bills were passed by the government to address the food issues facing so many people across the nation who had lost their jobs because of the restrictions. Pandemic EBT was a special program that awarded any family with children, extra food stamp benefits to offset the fact that children were no longer attending school and unable to get their school lunches. This extra benefit was available to everyone with children, regardless of income. The government also increased the Supplemental Nutrition Assistance Program (SNAP) benefit so that everyone receiving SNAP benefits was eligible for the maximum allotment based on family size. This maximum benefit provided a huge relief for households, but at the same time created an increase in the number of applications for the SNAP unit to process. Households who may have only been eligible for the minimum of \$23 were now able to receive \$281. This is meant that people were now anxious to apply for SNAP which created a huge and unexpected surplus of SNAP applications for the SNAP unit to process with no additional staff, creating a huge backlog and SNAP applications are taking at least twice as long to process. This observation is based on the calls the NC receives from SNAP applicants asking ask why that haven't received their SNAP yet. It is also based on the conversations had with staff at the SNAP unit reporting how far behind they are in processing applications and their new extended time lines.

In 2022, 15,231 households (3.30% increase from 2021), consisting of 26,617 individuals, (4.09% increase from 2021) received SNAP assistance in Broome County. Of these, 10,040 households consisting of 19,855 individuals were "SNAP Only" cases, meaning that 75.5% of the individuals receiving SNAP were working or collecting some form of benefit but not receiving any temporary cash assistance. The much smaller group of

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5,191 households with 6,762 individuals, or 24.5% of SNAP recipients, received cash assistance as well and are counted as our lowest income population.<sup>6</sup> These numbers suggest that those in Broome County who participate in SNAP are largely the working poor, disabled and/or senior citizens. Please note that many more households applied for SNAP but were denied because they did not meet the financial eligibility requirements; however, these families were still facing food and hunger insecurities. The Center on Budget and Policy Priorities states in their 2022 New York State fact sheet that more than 53% of SNAP participants are in families with children, more than 48% are in families with members who are older adults or are disabled and more than 37% are in working families.<sup>7</sup> Hunger Solutions NY stated that in Broome County, 25,180 people or 12.8% were food insecure and 7,650 children or 19.9% were counted as child food insecure. Also 16.3% of the total Broome County population receives SNAP and only 31 - 40 % of the eligible population receives WIC benefits.<sup>8</sup>

#### Alternative Food Assistance Networks / Emergency Food Systems

Originally intended as a last resort for those in need of immediate assistance, more and more working families, single adults, students, children, and senior citizens are relying on the emergency food system as a regular source of food. State guidelines determining who may receive emergency food do not currently exist; however, individual emergency food providers often establish their own income guidelines and may limit the number of allowed visits. For over the past 25 years, New York State Department of Health's Hunger Prevention and Nutrition Assistance Program (HPNAP) provided State and Federal funds to improve the quality of food distributed to an estimated total of 2,600 Emergency Food Relief Organizations (EFRO) such as food banks, food pantries, soup kitchens and emergency shelters in New York State, which provide over 195 million meals each year to people who are in need.<sup>9</sup>

Eight regional food banks in New York, responsible for the solicitation, warehousing and distribution of bulk food donations, also provide technical support and mini-grant funding to emergency food providers. The NOEP Coordinators at Family Enrichment Network work closely with the staff of the Food Bank of the Southern Tier and the local food pantries to ensure that any client utilizing the food banks, but not receiving SNAP benefits, is referred to the NOEP Coordinator. Likewise, individuals who learn about NOEP from other sources are referred by the NOEP Coordinator to food resources in the community. These collaborative efforts account for many referrals to NOEP.

It is important to note that the Food Bank Southern Tier (FBST) serves six Southern Tier counties, and in Broome County in 2019 (the most recent data available) the Food Bank of the Southern Tier (FBST) distributed 4.6 million pounds of food in collaboration with the Community Hunger Outreach Warehouse (CHOW). There were 218 Mobile Food Pantry distributions in Broome County that distributed 928,000 pounds of food. 9,772 senior visits were made to Mobile Food Pantries. The Back Pack distributes weekend meals to needy school children throughout the school year and 992 children in 12 school districts participated in the program (an increase from 2018), with a total of 33,000 food backpacks being distributed (also an increase). In Broome County, a total of 25,180 people are food insecure.<sup>10</sup> Please also note that FBST released its 2021 Annual Report but all the data is aggregated and not separated out by County. At this time, 2019 is the last statistics we have that are county specific.

In Broome County, one in eight individuals are at risk of hunger and one in five

children are at risk of hunger. This was an improvement over 2018 but does not reflect the increase in hunger brought on by all the COVID-19 Pandemic restrictions. According to Stacker, and online media reporting source, Broome County was listed in New York State as having the sixth highest rates of food insecure children. Per Stacker:

Food insecurity is a widespread problem in the United States, with people experiencing food insecurity in every single county in the nation. The nonprofit Feeding America describes food insecurity as "a lack of consistent access to enough food for every person in a household to live an active, healthy life."

Food insecurity hits children particularly hard. The USDA estimates that more than 5.5 million children lived in food-insecure households in 2021. Not having consistent access to enough food can affect cognitive abilities, overall health, moods, and attention spans—not to mention the psychological effects of living with scarcity.

Stacker compiled a list of counties in New York with the highest rate of food insecure children using data from Feeding America. Counties are ranked by highest percent of children with food insecurity as of 2020. New York has a child food insecurity rate of 14.6%, which ranks #21 highest among all states.<sup>11</sup>

Given this, Broome County's Child Food Insecurity rate was 3.3% higher than the national average, standing at 19.4% or 7,210 total. The Food insecurity rate was 13.8%, 26,490 total, which is 2% higher than the national average. The annual food budget shortfall is \$14,670,000, with the cost per mea being \$3.44.<sup>12</sup>

# WALK WITH ME

Walk with Me (WWM) is a reentry program designed to assist individuals as they are released from the Broome County Jail. WWM has been in operation running for the past four and half years, beginning June 1, 2018 and funded through the United Way, the Community Foundation of South Central New York, and the Binghamton United Presbyterian Church (UPC) through to June 30, 2019 for the first year of operation. The second year, WWM was funded through UPC and a special grant from the Broome County District Attorney's office Crime Prevention Funds. This funding ran from July 1, 2019 to June 30, 2020. The last six months the WWM program was solely funded by the UPC.

In 2021, the program was funded by a Town of Union Block Grant from October 1, 2020 to September 31, 2021 and was renewed in October 2021 through to September 2022. It was refunded again October 2022 to September 2023. This funding was specifically for reentry residents from Endicott, Endwell, Johnson City, and Maine. All other Broome county residents were served by WWM through continuing funding from the Binghamton United Presbyterian Church, from January 2021 to December 2021 and again January 2022 to December 2022.

Initially, the Walk with Me program (WWM) was a collaboration between Family Enrichment Network, Justice and Unity for the Southern Tier (JUST), and the Broome County Urban League's ATTAIN Lab with the aim to optimize resources and work efficiently to address the challenges an individual faced when released from the Broome County Jail. As there are limited options available in Broome County to promote successful reentry, the collaboration sought to increase opportunities for individuals through a holistic approach. One such effort was offering a digital literacy program and basic computing skills through the ATTAIN Lab; however, experience revealed that newly released individuals had far too many challenges meeting their basic needs and gaining a sense of stability. The digital literacy and computer skills had to take a back seat to finding housing and employment, getting health care and medications set up, and meeting all the requisite appointments required by probation and other mandated services such as mental health and substance abuse treatments.

The issues that recently incarcerated individuals face are compounded within the local jail systems. National reports indicate that many incarcerations are avoidable, with an increasing majority of inmates being jailed due to untreated substance abuse and/or mental health issues. The publication dated March 2017, "Documenting Injustice in Broome County: The need for an Investigation of the Abuses of Over-incarceration Justice and Unity for the Southern Tier Prepared by: William Martin and Andrew J. Pragacz", points out that "very few of the persons held in the jail are the 'drug kingpins' paraded for the media: over 70% of those held in the jail are waiting unconvicted and too poor to afford the excessively high bails imposed in county courts for relatively minor offenses." Martin and Pragacz highlight that "The Public Defender and Public Prosecutor have publicly stated that over 80% of those incarcerated have substance use disorders." In a January 26, 2018 news interview with WBNG, Sheriff Harder stated, "We've taken in over 20,000 people within the past five years with all kinds of illnesses and problems." What's startling is that according to the Press and Sun Bulletin there have been nine deaths at the Broome County Jail since 2011.<sup>13</sup> Further investigation reveals 12 deaths have now occurred at the jail by December 2022. The eleventh death was in 2019<sup>14</sup> as noted in two media articles, and the twelfth death in November 2022.<sup>15</sup> The medical care concerns at the jail have now reached a crisis level.

Jails are not therapeutic nor do they have the resources or services in place to help promote successful reintegration into the community once an inmate is released. Research indicates that successful reentry programs for inmates rely on addressing mental health issues, providing mentoring, offering educational opportunities and job training, and connecting them with community resources. In our community, we have limited services available for those coming out of the Broome County Jail. Data revealed by the 2015 Community Foundation of South Central New York Needs Assessments for Broome County indicates funding recommendations for programs supporting families with incarcerated or newly released parents. Family Enrichment Network's most recent Community Assessment reveals that 21% of our families have been or are affected by incarceration. The Walk With Me program provides advocacy, peer mentoring, assistance with securing employment, and critical services only for those who are leaving the Broome County Jail and reentering the community. These services include assistance with:

- Applying for cash assistance through the local Broome County Department of Social Services
- Reestablishing benefits such as SSI and SSDI, if applicable
- Obtaining stable housing before emergency shelter is exhausted
- Obtaining valid identification and documents need to start a job search such as birth certificate, transcripts, rap sheet, and Certificates of Relief of Disabilities
- Access to support groups focusing on self-esteem and confidence builders
- Job search skills, identifying marketable skills, developing a resume and reference list
- Completing job applications and soft skills training; practicing mock interviews
- Education on how to address convictions and incarceration with prospective employers

The mission of the Walk with Me project is to aid in the successful reentry for those who do not have any support when leaving the jail system. Typically, WWM services are for those individuals who lack supportive relationships from family or friends and often have the highest personal needs. In 2022, the program served 63 individuals over the course of the year with boots on the ground crisis management and stabilization support. JUST provides support groups and advocacy efforts to help further the successful reintegration of those reentering our community. Together with our key supporters, we have been able to ensure a successful program implementation.

From January 2022 to December 2022, the fourth year of the program, the following services were provided.

- 63 intake assessments were completed and 54 participants enrolled in the program.
- 46 participants received benefits assistance, 58 made a meaningful community connection, and 55 received referrals.
- 62 participants received assistance with transportation to get their emergency assistance needs met upon their release and to other necessary appointments.
- 63 participants received one-on-one advocacy/ peer counseling and referrals to the JUST support groups.
- 23 participants received employment skills training. Please note that not all
  participants required employment skills training because of their physical or
  mental health status and their receiving SSI or SSDI benefits. Some participants
  were required by their probation officers to attend mental health or substance
  abuse programs, before they were allowed to seek employment.
- 33 participants received help finding stable housing. This number was still down from the previous year because of the huge lack of housing options for any low

income person in Broome County. Some participants ended up living in DSS emergency hotels for over seven months because of the lack of housing available.

- 47 participants received financial assistance that helped with cell phones and minutes (extremely important for making and keeping appointments, finding housing and eventually employment), basic hygiene items, clothing (underwear and work clothes), bus passes, household items, laundry tokens, and food.
- 32 individuals graduated from the program, 14 withdrew from the program, either because they left the area or declined to stay involved and five were still active participants.<sup>16</sup>

# **IDENTIFICATION OF UNMET PROGRAMS NEEDS**

#### Courthouse Children's Center

- <u>Reopen the Courthouse Children's Center:</u> The Center has been closed since March 16, 2020 due to the COVID-19 Pandemic restrictions. In late 2022 the Sixth Judicial District requested that the Children's Center reopen as a few court rooms were again running in-person. However there has been a challenge finding Children's Center staff due to the low wages being offered. The increase in minimum wage has been a wonderful wage enhancement but funding for the Children's Center from the Office of Court Administration has not kept up. The budget is bare bones and there is very little room to increase wages about minimum and the Center cannot be operated every day either. The search for staff continues.
- <u>Increased funding for the Children's Center to address the state mandated minimum</u> <u>wage increases:</u> Governor Cuomo signed legislation enacting a statewide \$15 minimum wage plan that lifted the earnings, in all industries across the state of more

than 2.1 million New Yorkers, as part of the 2016-17 State Budget. On December 31, 2016, the first in a series of wage increases went into effect and the minimum wage was established for upstate New York as \$9.70 an hour. On December 31, 2021 the minimum wage was increased to \$13.20 an hour and December 31, 2022 increased to \$14.20 an hour.<sup>17</sup> The Center is flat funded for four years and this well-deserved increase is putting a large strain on the already thin budget to run the Center. This now means there are not enough funds to reopen the Center fulltime.

#### Kinship Care Program

- <u>Continued funding for the kinship program remains the most important priority</u>. At this time funding is slated to end September 2023 with no new funding streams apparent. The program received a reprieve when the NYS Kinship Navigator's Federal demonstration project funding for the program was extended for one final year through to September 2023. In the coming year there is a potential crisis looming with the loss of kinship care services for families in Broome and Tioga counties.
- Legal and Pro Bono Legal Services: Legal Assistance for Kinship Caregivers has been an ongoing unmet need identified in the last ten community assessments. Many of the families in the kinship database indicated a need for legal information or legal services to help them with their kinship situation. Some kinship families are still being told that they must seek temporary custody before they can apply for cash assistance, which is incorrect. Many kinship providers report spending thousands of dollars for lawyers, to help them negotiate the legal system and protect their kinship children while seeking full custody or working toward a permanent living situation. When kinship children's parents are unable to pay for an attorney, family court can

appoint one, but unfortunately, if the kinship provider cannot afford an attorney, there is generally no court appointed attorney available unless the kinship provider is disabled. This means that many kinship providers can be pulled into court and no have recourse but to use life savings or take out loans to pay for necessary legal representation or else run the risk of losing custody of their kinship children. In previous grants the Kinship Program was funded to provide free one-time legal consultation for up to 50 Kinship families. The plan was designed to help a kinship caregiver determine if they needed a lawyer to pursue their case in family court and to establish how much legal representation they would need. While this was helpful experience has shown that in too many cases one legal consultation was not enough as kinship custody issues are complicated and protracted and most kinship families could not afford the lengthy legal fees. Kinship caregivers need pro bono legal services to help them resolve their complicated custody issues.

• <u>Reinstate Free Kinship Counseling Services:</u> In Broome and Tioga Counties, there are not enough free mental health services or providers that accept Medicaid. Trauma based counseling services are needed to stabilize kinship families and help kinship children deal with the grief and loss they experience because of their kinship situation. OCFS funding for the Kinship Program required the use of the Adverse Childhood Experience (ACEs) survey to help determine the amount of toxic stress a kinship child may have experienced. Even the community at large has become aware of ACEs studies and the recommendation that any amount of toxic stress should be addressed to prevent long term health problems. The higher the ACEs score, the greater the chance of the child experiencing serious physical and mental health problems, addictions, homelessness, and suicide.

In September 2020, the new funding stream for the Kinship Care program did not provide for any counseling services and families must now be referred to other community resources. The biggest challenge in using community counseling services is that many agencies cannot provide counseling to children unless the kinship caregiver has legal custody or signed permission from the parent. Many kinship caregivers enter into the kinship relationship through safety plans developed by the local Department of Social Services, without any form of legal custody. Even when kinship caregivers apply for custody it can take months for a decision to be made and Family Court is backlogged because of COVID-19 restrictions. Parents are often unresponsive or at times cannot even be located, so getting signed permission slips for a child's counseling is not an available option. This means that many kinship children experiencing toxic stress/trauma are unable to access the counseling services they need.

• <u>Respite Care</u>: Respite Care is very important and mostly unavailable for kinship families. For kinship families, respite care is defined as the opportunity for kinship caregivers to spend an extended period of time away from their kinship children. This does not apply to babysitting offered during a meeting to allow a caregiver to participate. Family Enrichment Network's Kinship Program has been unable to fulfill any requests received from kinship caregivers for daylong, overnight or weekend respite care. Currently in our community respite care is available through Catholic Charities for families who have children with a mental health diagnosis. Respite Care is provided in a number of formats: community-based, out of home, recreational or

group. However, kinship families whose children do not have a mental health diagnosis have no extended respite care available to them at all. Based on responses from local kinship caregivers at support group meetings, there is a strong need for this service. The extended family that generally is available to help family members with occasional childcare is over utilized once these same family members become kinship caregivers. Since the tables have been turned for kinship families there are often no other family resources available to help out.

- <u>Transportation</u>: Transportation in rural areas remains a mainly unmet need for many kinship families. Access to services is a problem for families that live in rural Broome and Tioga counties as public transportation is limited to the urban core and the country services are very limited and nonexistent in Tioga County. Even though Medicaid can provide medical transportation for medical appointments, therapy and substance abuse counseling, this does not help kinship families get to all their counseling appointments, support groups, workshops and appointments they must attend. Without reliable, available transportation, children can and do miss out on the help they really need.
- <u>Increased substance use disorder programs</u>: In 2022, the number of children coming into kinship families has remained very high because of the ongoing issues with drug addictions exacerbated by the COVID-19 Pandemic restrictions. Local community resources were limited and those with substance use issues had to rely on virtual platforms for their addictions services. The Kinship Program data shows that substance use order along with mental health issues is the most frequent reason that children are unable to stay with their parents and are moved into kinship care. While

there has been a concerted effort by the community to increase services for those with substance use disorders there are still challenges and barriers for those seeking assistance and demand exceeds the availability of services.

#### <u>NOEP</u>

- Free food boxes to give out immediately to people applying for SNAP. Some households applying for SNAP are considered expedite eligible. This means they have the lowest income with the least amount of resources and their food needs are immediate. Pre-COVID an expedited household would receive their SNAP benefits within five business days. During COVID this stretched from seven to ten days and by the end of 2022 expedite households were waiting a month to get their SNAP benefits approved. This means the system is flawed. The NOEP office should have free food boxes ready to distribute immediately to expedite eligible households. These food boxes should also include food suitable for our unhoused population.
- Access to healthy affordable fruit/vegetables in food deserts and rural areas. This problem goes hand-in-hand with the lack of grocery stores; in 2015 the addition of two more CHOW buses (a mobile community Farmer's Market that provides healthy, low-cost produce to the public) has helped improved access for fresh fruits and vegetables for some of those located in the food desert in Broome County. However, this extended CHOW bus program was reduced in 2018, once again leaving underserved communities. This included the CHOW bus that visited the FEN Cherry Street site each week that was cancelled because of the reassignment of CHOW's AmeriCorps students to other programs.

In 2017, the City of Binghamton, CHOW, and the Lee Barta Community

Center started a North Side Grocery Shuttle bus to give the residents of Binghamton's North Side (a food desert) access to free transportation to two local grocery stores. This has helped one of the urban food deserts but the rural families are still struggling with access to affordable fruits and vegetables. Finally, in 2020, the Broome County Council of Churches built and opened a new community supermarket on the Eastside of Binghamton, a region that had been a food desert for 25 years.<sup>18</sup>

- Access to free Summer Meals for rural children: In both Broome and Tioga counties many SNAP eligible children rely on the free and reduced school breakfast and school lunch programs for their daily meals. This was identified as a major problem in 2015 by the Tioga County Anti-Hunger Task Force. Broome County Child Hunger Task Force developed and implemented some strategies in 2015 to start addressing the needs of hungry rural children as well. However, this problem still needs more solutions as at this time the participation rate of SNAP eligible children at Broome County summer meal sites is only 22%. In 2022, the number of children receiving meals during the summer continued to improve with the distribution of the Pandemic Electronic Benefit (EBT) Cards for every family in New York with school age children. This assistance was not income based and was designed to make sure that children could access food during the COVID-19 restrictions. However, transportation to summer meals locations still remains a challenge for rural children who live in homes without daytime transportation.
- <u>Access to and participation in school breakfast programs:</u> In Broome County, the number of SNAP eligible children who participate in the free and reduced school breakfast programs was able to increase due to the extra benefits made available

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through the Pandemic benefits. In 2020, Congress provided school waivers that allowed all children, regardless of income, to access free school breakfasts and lunches. Sadly, this benefit expired in the new school year of September 2022. When all children were eligible, stigma was decreased and participation increased. Children require proper nutrition to focus and learn. The public needs more education on this program and schools need to remove the barriers that prevent children from participating.<sup>19</sup> In 2015, the Binghamton School District was designated as a free school meals district because of the high percentage of income eligible families. This allowed all children to have free school meals, and this designation will at least remain with the ending of the pandemic benefits.

- <u>Assist more college students to obtain SNAP</u>: Although there are special rules that limit the eligibility of students, NOEP must continue to develop collaborations to educate and advocate for eligible college students in Broome County at the local university, the community college and business schools. In 2020, as part of the government's COVID-19 relief bills, the rules for college students were changed to allow greater access for students to SNAP benefits; however this is only a temporary change. Even with the improvement in student eligibility there still are many college students who struggle with food insecurity while trying to get their education. As reported in September 2019 by the State University of New York, 78% of SUNY campuses have food pantries and the other 22% are in partnership with off campus pantries to helps address the issue of student hunger.<sup>20</sup>
- <u>Access to specialized food for those with medical conditions:</u> Those who suffer from celiac disease (gluten intolerance), diabetes or other medical conditions requiring

specific types of food, are particularly vulnerable when faced with hunger. These individuals have a difficult time finding the correct food at local food pantries and can have no other option but to eat food that is harmful for their medical condition. Currently there is no system in place to provide for those with a nutritional/dietary condition. Please note this does not refer to people who are trying to lose weight, but those with serious food allergies and/or food restrictions.

#### Walk With Me

- <u>Affordable and available housing</u>: All of the people being released from the Broome County Jail without family supports struggle with finding immediate and affordable housing. Although there is a county-wide centralized system for homeless people to access housing, the system has not been very successful for the formerly incarcerated population. HUD definitions do not count coming out of jail as homeless, to be eligible our WWM participants would have to spend the night on the street. Removing the barriers for this population is essential. In 2020 through 2021, the government placed a moratorium on evictions as one way to prevent homelessness during the COVID-19 Pandemic. This was a very positive step; however it also stalled the availability of housing in our local area. It has been exceedingly difficult for newly released individuals to find any housing at all and some of the program participants have spent over seven months in emergency shelters and motels instead of a few week because there is no affordable housing available.
- <u>Transportation issues:</u> Bus passes are expensive for unemployed individuals and bicycles can offer an affordable option of transportation. Increased options to provide bicycles for this population would increase employment opportunities and help

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address the issues that arise from a public transportation system that does not provide for second and third shift workers and those that live outside of the urban core. For the first three months of the COVID-19 Pandemic, the Broome County Transit Authority made all the bus routes free to travel on. This was a wonderful economic boost for the participants in the program who had very limited incomes. In some towns in the United States, there has been a move to making the public bus system free, which greatly helps those in poverty situations and increases ridership.

# IDENTIFICATION AND PRIORITIZATION OF FAMILY SUPPORT SERVICES COMMUNITY-WIDE NEEDS

#### 1. Housing

- a. Increase safe, affordable, permanent, low-income housing options. Broome County is suffering from a well-documented lack of affordable low income housing. The Broome County Department of Social Services is desperate to find more landlords to put on their housing lists. The area has seen a building boom for upmarket and luxury apartments and many of the usual low income housing options have changed to housing for college students. This has left a huge gap in availability for low income residents and increased the rents for substandard housing. This also affects large families who are forced into substandard housing because houses with enough bedrooms are overpriced and unaffordable even to working families. These families are often faced with choosing between rent, heating their homes, and eating.
- **b.** <u>Increase code inspections and enforcement to help reduce substandard housing</u>. DSS does not pay rent to landlords who are out of compliance with housing

codes. Across Broome County, however, there is a lack of conformity in code violation inspections. This contributes to the continuing presence of substandard housing being rented by low-income families.

- c. Increase appropriate well-maintained emergency hotels that are up to code and located in areas with services, such as bus stops and supermarkets. Currently, two of the emergency motels utilized by Broome County DSS are over a mile away from the closest bust stop and a few miles from a supermarket and drug store and a third emergency motel has no bus service at all. This means that participants from the reentry program are placed well outside of a livable service area which only increases the challenges they face in trying to take care of themselves and get to and from their necessary and often mandated appointments. This is compounded in winter snow and ice and creates a set up for failure. Recently the kinship care program has worked with kinship caregivers who are unhoused and placed in motels as well.<sup>21</sup>
- **d.** <u>Increase transitional housing and expand housing options</u> for vulnerable populations to include those who are: developmentally delayed domestic violence survivors, homeless, mentally ill, seniors, and those returning from jails and prisons. Transitional housing for reentry populations is limited by the housing codes of certain municipalities. This created a problem for the agency when trying to set up a rooming house in the Town of Union on to discover that it was against code. Housing codes also need to be examined to curtail student housing and increase housing options for families needing three and four bedrooms.</u>
- e. Increase the number of housing shelters that operates on a Housing First Model

for mentally ill and/or chemically dependent individuals who are acting out or off their medications. There is a serious lack of housing in the community for these individuals, because if they are not dangerous to themselves or others, they cannot be admitted to a psychiatric ward and there are almost no other housing options available for them. In 2020 Family Enrichment Network started building a 19 apartment building for homeless individuals and families following Housing First Model. The apartment complex opened early 2021 and provides supportive case management services to the tenants. However, this was only a small step in the right direction and the need still remains.

f. Increase housing for sex offenders. There is an acute lack of acceptable, legal housing for sex offenders in our community. This also becomes a problem for our re-entry population. In 2020, it became impossible to find housing for those released from jail with a sex offender status. This situation has only become more difficult in 2022 with the complete lack of housing options and the restrictions that prohibits these individuals from living within a certain distance of schools, libraries, parks and other places that children may congregate. Landlords also do not want to rent to individuals once they find out about their particular crimes.

### 2. Food Insecurity

a. Increase the number of supermarkets in Binghamton. At the start of 2020, Binghamton's Eastside and the Center City did not have any supermarkets and were considered food deserts. The only place families could purchase food were at some Dollar Stores and the more expensive small corner markets and gas stations. In 2017, a North Side Grocery Shuttle bus was instituted and provides residents with a chance to shop at a supermarket two days a week. This is a wonderful start but is not the same as having a permanent supermarket in the area. In 2020, the Broome County Council of Churches started building a community grocery store on Binghamton's Eastside which opened in early in 2021. This has now helped one of the food deserts in our area. However, there are still communities without a reliable source of fresh affordable produce.

- b. Offer more Mobile Food Pantries in Western Broome. Endicott and Johnson City are underserved by the Mobile Food Pantry (MFP) and both these towns have large populations of low income households. In 2019, the MFP sites continue in Endicott with two distributions and four distributions a year at the Cherry Street FEN location in Johnson City. The COVID-19 MFPs changed from the usual walk-up format to a drive-through format. This was useful for the larger number of households that didn't usually access MFP but a detriment for the lower income households without cars.
- **c.** <u>Increase evening hours at food pantries</u>. More food pantries need to offer evening hours for those people who work during the day, as the number of individuals suffering food insecurity has increased in the county particularly with inflation and rising food costs.
- **d.** <u>Increase WIC Clinic hours and locations</u>. Access to WIC benefits for pregnant and nursing women, infants and children under five years of age increased due to COVID-19 changes. In person appointments were changed to phone appointments, which was a big bonus for families. However, WIC hours still fall between 8:30 a.m. and 4 p.m. Monday through Friday with only one Saturday

morning a month. This is a detriment for working families who cannot make appointments outside of their work hours.

- e. <u>Reduce social stigma and increase participation in SNAP</u>. The elderly population in particular needs more education about SNAP and that it is a benefit program available to all who are eligible. Seniors often think their participation will preclude others who are eligible from receiving food.
- f. Provide allergy free foods at Food Pantries. Individuals facing food allergies have limited options at food pantries. Even those who have been medically recommended to avoid certain foods cannot follow there doctor's orders because of limited food choices at local food pantries. This also includes patients with diabetes and other medical conditions that restrict what foods they can eat.
- g. Increase community awareness on the importance of funding for SNAP to keep our children, seniors, and community at large strong and healthy. During 2020, the Johnson City Presbyterian Church tracked the individuals, children, families, and seniors using their food pantry and community meals and determined that 80% of their participants were at high risk for malnutrition. They also cited that many families were unable to prepare nutritious food because their housing had no stoves or microwaves, which means that living in substandard housing increases people's hunger insecurity problems. This is also true of the increased population of unhoused individuals who live in emergency motels without working microwaves and adequate kitchen space or cooking implements. Distributing slow cookers to this population would increase the opportunity to prepare healthy food as long as a power outlet was available.

### 3. Mental Health / Addiction Services

- **a.** Increased access to mental health counseling and support services for the uninsured and underinsured. In 2017 there was a small increase in access to mental health services being provided by a number of local agencies. Family & Children's Society established walk-in appointments to speed up the intake services for counseling services. They also increased the number of therapists available. Lourdes Center for Mental Health has also increased the number of mental health providers they have. The Greater Binghamton Health Center has developed walk-in hours for children with mental health issues as well. There has been a concerted effort to improve access to services; however these providers have also reported that the number of individuals seeking services has also increased. In 2022, the gaps in services for mental health remain. Kinship families cannot access counseling services for their kinship children without custody, which means many children in need of mental health cannot get the services they need. The American Psychological Association reported that into the third year old the Pandemic the demand for mental health services continues in increase and psychologists are struggling to keep up with the demand.<sup>22</sup>
- **b.** <u>Increase mental health and wellness services for young children.</u> This has been an ongoing problem in our community for years. There are very few providers who can offer mental health counseling for children less than five years of age.
- **c.** <u>Increase access to no cost mental health medications.</u> The community has seen a small improvement in access to medications for those without insurance or those under insured with the opening of the Hope Dispensary, an off-site service of

Lourdes Hospital. However, certain psychotropic medications are not available at this location, which can be problematic for those who require a specific medication to keep their mental illness in check.

**d.** <u>Increase community wide education about mental health resources.</u> There is a definite lack of awareness about the mental health services that are available in the community. This particularly affects middle class families who are not familiar with accessing services. Also, the area should increase the number of preventive programs for mental health and substance abuse. Our community also needs more programs that emphasize harm reductions techniques.

## 4. Affordable Quality Child Care

- a. Child care for younger children has become a growing problem in the community over the past few years as the number of child care slots have been gradually reducing. Parents are forced to choose between no childcare at all or substandard child care. There is a severe lack of infant and toddler child care and the price for these remaining slots has sky rocketed. New York State has increased the regulations and requirements for in-home child care providers, which at first glance seem to make sense, but there are now so many rules to follow that inhome child care providers are closing their businesses. This has left families with limited to zero options. COVID-19 and the pandemic restrictions and rules have added to the number of child care crisis is only increasing.
- **b.** <u>Increase options for school aged care and support</u>. More programming for school aged youth is need in the area. After school and support groups are particularly

needed for youth impacted by parents with mental health and substance use disorder issues. More trauma-informed care needs to be offered to help children suffering from Adverse Childhood Experiences.

## 5. Services for Teens/Young Adults

- a. Increase services for teens and those 18-21 years old. The 18-21 year old population straddles the gap between the world of minors and adults. In some instances, 18 year olds are considered adults legally but, parents are still financially responsible for them. This is a huge problem for families with out-of-control teenagers, or those dealing with teens with mental illness or substance abuse. In these situations, the medical field or community agencies may choose to treat the teen as an adult, but their illness or addiction make it very difficult for those over 18 years to function as adults and they may still need the advocacy services of a parent. There is a lack of services in Broome County that specifically address the needs of this age group when it comes to mental illness and substance use disorder.
- **b.** <u>Increase pregnancy and dating violence prevention programs</u>. The Love U 2 (LU2) curriculum provides a series of fun informative classes on healthy relationships for teens and tweens. The curriculum also incorporates pregnancy prevention and healthy life choices. This curriculum was used very successfully with teens and tweens in a parenting and relationship program offered though Head Start. It was also a successful facet of the 2012 to 2013 Kinship Program year when funding provided for a Kinship Youth Advocate who offered this program to Middle School students from kinship families. Funding is again

needed to provide the opportunity for all middle and high school students to be able to participate in these classes.

**c.** <u>Increase Support Groups</u> for children and adolescents dealing with Adverse Childhood Experiences (ACEs), such as those from households with domestic violence, substance abuse, mental illness, physical abuse or neglect.

#### 6. Formerly Incarcerated Individuals.

- a. <u>Provide A.A. and N.A. meetings</u> within the Broome County Jail. Currently there are no AA or NA meetings offered to the population of the Broome County Jail. Being unable to access a drug of choice while incarcerated does not mean that an individual has gained any necessary skills to keep them sober upon their release. Offering AA and NA groups could mean offering a lifeline to those individuals upon their release, particularly if they had the chance to continue meeting in the community with the same AA or NA group leader, they had a chance to connect with during their incarceration.
- **b.** <u>Restart the parenting classes and other supportive classes</u> including the GED, which were offered in the Broome County Jail prior to the COVID-19 restrictions and closed down. Many supportive services were only offered in the therapeutic pod. Returning the classes and increasing the availability to more of the housed population could help some individuals change their outlook on life and give others a new interest to look forward to upon their release.<sup>23</sup>
- **c.** <u>Ban the Box</u>, that is, take the question regarding former criminal convictions off employment forms. Currently in most of New York State it is legal to ask a prospective employee if they have been ever convicted of a crime.<sup>24</sup> This often

provides a reason to deny employment to formerly incarcerated individuals, which turns into another form of punishment. It also keeps them low income with no prospects of improving themselves or their family's lives.

- d. Improve access to cash assistance. Those individuals just released from prison must wait 45 days before they are eligible for cash assistance through Broome County DSS. This becomes an immediate hardship for an individual who is trying to start their reintegration in a positive manner. However, in August 2022 a new law was passed eliminating this waiting period.<sup>25</sup> Unfortunately in Broome County this has not been immediate as the Department of Social Services is understaffed and applications for all benefits have run over the usually mandated time frames.
- e. <u>Increase Paid Transitional Employment</u> to allow the individual to gain work experience, build their resume, and receive a source of income. Too many parolees are underemployed or lack any employment for many years after being released. See Ban the Box at the top of the list.
- **f.** <u>Improve employer education</u> to encourage more local employers to consider hiring those with criminal histories and to keep them up to date on the incentives available for hiring felons.

### 7. Transportation

 a. <u>Restore the Tioga County bus service that was eliminated November 30, 2014</u>. Since this date there has been no bus service or public transportation available in Tioga County at all. This significantly reduces the ability of low income families to access employment and services.

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- **b.** Restore and Improve the Broome County bus service. In 2014 the community assessment noted that the county bus service needed to be improved. In 2017, the bus service still needs to be reinstated to at least the services offered in 2010. In 2012, the County increased the cost of bus fares, combining this with the 2011 reduction in bus routes and bus schedules created a weakened bus system. For many low income residents, employment options are limited by the availability of bus routes and the frequency of the bus schedules. Broome County did not have a strong bus schedule for second shift workers, had no schedule for third shift workers and a limited schedule for weekends. Many outlying regions in Broome County did not have a regular bus service at all. In 2016, the situation did not improve. The reductions created a loss of fundamental transportation services for our county and an added burden for our residents. As noted under the previous Walk With Me, section, during the first three months of the COVID-19 pandemic, Broome County Transit Authority made all the bus routes free. Apart from the concerns of people contracting the virus while on the buses, this was a huge asset for the financial status of many low income people.
- **c.** <u>Restore funding for the Wheels for Work Program</u>. The loss of OTDA funding for the Wheels for Work program has reduced the ability of families to move out of poverty as a vehicle provides to opportunity to expand job options and/or seek higher education.

#### 8. Parenting Classes

**a.** <u>Increase options for parenting classes</u>. This continues to be a need in the community as there are few options for parents and a shortage of parenting

classes in the community. Program participants that have been court ordered find they are on waiting lists for months for this service or the few classes are offered at a time and location that is not convenient for parents. To fully meet the needs of community parents there needs to be a variety of classes offered at different times (day and evening) and in different locations.

- **b.** <u>Increase supervised visitation sites</u>. Parents who are hoping to regain custody of their children may be required to have supervised visitations. There is a lack of options for supervised visitations in the community and we need more family friendly locations and more supervised visitation staff. Mothers & Babies perinatal network provide a supervised visiting site at their PAL Center but this location is geared for the preschool and younger population. This means that there are really no options for school age and older children who need to have an age appropriate site for supervised visitations.
- c. <u>Provide parent education classes for parents of special needs children</u>. Currently there are no parenting classes available for parents with special needs children such as those with mental health issues, substance use disorders and intellectual or developmental delays. Attending a discipline class designed for children with normal development is not useful for parents whose children may have Autism or other special needs.
- d. <u>Reinstate the Fatherhood Program focusing on at-risk parents and children</u>. The 24/7 Dad fatherhood program was offered at FEN for five years and was the best received parenting class in Broome County. The program provided parenting classes for men and women along with case management services. The fatherhood

program also received high praise from many different community agencies and as well as many of the court-ordered parents who rated the program highly in follow up surveys. When this program ended it left a large gap in services for the difficult and hard-to-reach parents. Even though the program ended more than two years ago FEN still receives requests for fatherhood program services.

- e. <u>Provide a perpetrator's domestic violence program</u>. In the past a Broome County not-for-profit agency provided a program for men who abuse. However, this program is now only available through a private practice. The financial requirements are different, and the program is not available to a wide audience. Broome County needs a low to no-cost option.
- f. <u>Anger management classes</u>. Currently the only class in Broome County is geared toward parents; however there is a need for a general anger management class for adults as well.

## 9. Rural Communities

a. Increase support and services to the rural areas of Broome and Tioga Counties. Family Support Services programs work with many rural-based families who do not have reliable transportation. Requiring families to travel to city hubs for services leads to many needy families missing out on important supports and assistance because of transportation needs. Deposit, Harpursville, Lisle, Whitney Point, and Windsor are a few of the towns without public transportation to the urban core of the county.

### **10. Supports for Low Income Households**

a. <u>Provide assistance completing TANF application forms</u>. While there are different

agencies that can help households complete SSSI, SSDI, and SNAP applications, currently there is no one agency in Broome County that is tasked with assisting people to apply for cash assistance from the Department of Social Services. The TANF application form is long and complicated and can be overwhelming for many people. When the form is not completed correctly people are denied the services they are eligible for. There needs to be a position in the community that can help people with this important task, much as there are health care navigators and the NOEP program.

- b. Provide vouchers for personal care and hygiene items. Low-income families are finding the cost of these basic items overwhelming as they cannot be purchased with SNAP and inflation has increased the prices of many everyday necessities. Many social service agency personnel reported that families have to rely on donations to receive essential items. Last year Catholic Charities was able to assist families reducing some of the burden in the community, however the problem still exists.
- c. Increase the number of pantries providing assistance with personal care and hygiene items. West Presbyterian Church on Chenango Street Binghamton runs a Care and Share Program the second Wednesday of the month. Any person with a benefit card can receive personal care, hygiene and laundry items. More of these programs are needed to be implemented county wide in existing pantries.
- **d.** <u>Increase accessibility to laundry facilities</u>. The cost of laundry is an ongoing problem as laundry detergent, softener and stain removal products are not covered by SNAP and families must dip into the small amount of cash they receive each

month. Some families seek out clothing donations because they cannot afford to wash their clothes.

- e. <u>Diapers are expensive</u>. Decisions on potty training by parents can be based on cost rather than a child's developmental stage, which can add to the stress of parenting and potty training. More diaper pantries are needed in the County.
- f. <u>Improve low wages</u> which continue to keep households poor. There is a real need for more job opportunities that pay a living wage in our area and for many frontline essential workers to see an increase in their pay. This also extends to not-for-profit agency staff who should be earning a living wage. Too many not-for-profit and child care center staff rely on SNAP benefits to make ends meet. While NYS has increased the minimum wage to \$14.20, the increased inflation rates, rising food, gas, and energy costs have eaten away at any the gains made by the wage increases so far.
- **g.** <u>Increased assistance with medical and dental costs</u>. The working poor still struggle to find the resources to pay for medical treatment. Many who are over-income for Medicaid can still not afford health insurance and do not use doctors when they should. Other families cannot find dentists who will accept their specific type of dental insurance.

### **11. Moving Assistance**

This problem continues to be an issue in our community as there is never any funding to address the stressors around moving for low-income families. When moving, they are often forced to leave all their belongings behind. This becomes an ongoing burden on the donation community as the same families have to repeatedly collect new donations to furnish their apartments and clothe their children. This may occur because of one of the following reasons:

- Lack of finances to pay for a moving service as many families simply don't have • the cash.
- Lack of credit cards and driver's licenses necessary to rent a moving truck.
- Lack of physical manpower necessary to lift and carry large items. This is

particularly true for single mothers, the elderly, and those with disabilities.

## Sources:

<sup>&</sup>lt;sup>1</sup> AARP <u>http://www.aarp.org/relationships/friends-family/grandfacts-sheets</u>

<sup>&</sup>lt;sup>2</sup> U.S. Census Bureau 2010 publication

<sup>&</sup>lt;sup>3</sup> FEN Kinship Program Database 2022

<sup>&</sup>lt;sup>4</sup> FEN NOEP Monthly Reports 2022

<sup>&</sup>lt;sup>5</sup> USDA Economic Research Service September 2015

<sup>&</sup>lt;sup>6</sup> https://otda.ny.gov/resources/caseload/2022/2022-12-stats.pdf

<sup>&</sup>lt;sup>7</sup> https://www.cbpp.org/sites/default/files/atoms/files/snap\_factsheet\_new\_york.pdf

<sup>&</sup>lt;sup>8</sup> https://hungersolutionsny.org/resources-action/hunger-in-nys/food-insecurity-and-federal-nutrition-program-participation/

<sup>&</sup>lt;sup>9</sup> NYS Department Health, Hunger Prevention and Nutrition Assistance Program website

<sup>&</sup>lt;sup>10</sup> https://www.foodbankst.org/wp-content/uploads/2019-Broome-County-Facts.pdf

<sup>&</sup>lt;sup>11</sup> https://stacker.com/new-york/counties-highest-rate-food-insecure-children-new-york

<sup>&</sup>lt;sup>12</sup> https://stacker.com/new-york/counties-highest-rate-food-insecure-children-new-york

<sup>&</sup>lt;sup>13</sup> https://www.pressconnects.com/story/news/local/2020/03/03/broome-county-jail-inmates-dead-after-lack-medical-healthcare-nv-new-vork/4857588002/

<sup>&</sup>lt;sup>14</sup> https://medium.com/@whentheyhearus/11th-inmate-found-dead-following-medical-neglect-at-broome-county-jail-8dcb6d5b680c and https://www.pressconnects.com/story/news/local/2020/03/03/broome-county-jail-inmates-dead-afterlack-medical-health-care-ny-new-york/4857588002/

<sup>&</sup>lt;sup>15</sup> https://wnbf.com/binghamton-murder-suspect-found-dead-at-broome-jail/

<sup>&</sup>lt;sup>16</sup> FEN Walk With Me Database 2022

<sup>&</sup>lt;sup>17</sup> https://www.ny.gov/new-york-states-minimum-wage/new-york-states-minimum-wage

<sup>&</sup>lt;sup>18</sup> https://wbng.com/2021/01/04/greater-good-grocery-opens-up-on-the-northside-of-binghamton/

<sup>&</sup>lt;sup>19</sup> https://www.pbs.org/newshour/show/families-scramble-for-aid-as-pandemic-era-free-meal-program-for-students-comesto-an-end

<sup>&</sup>lt;sup>20</sup> https://az659834.vo.msecnd.net/eventsairsthcusprod/production-sunycpd-public/258f4a70bd6c4fd0be3ea6b414ac3dff

<sup>&</sup>lt;sup>21</sup> Kinship Care Program Database 2022

<sup>&</sup>lt;sup>22</sup> https://www.apa.org/pubs/reports/practitioner/2022-covid-psychologist-workload

<sup>&</sup>lt;sup>23</sup> https://www.suny.edu/impact/education/heji/

<sup>&</sup>lt;sup>24</sup> https://hortonpllc.com/new-york-ban-the-box-

laws/#:~:text=New%20York%20does%20not%20have,your%20organization%20is%20in%20compliance <sup>25</sup> https://otda.ny.gov/policy/gis/2022/22DC080.pdf

Housing Programs

# **INTRODUCTION**

Family Enrichment Network's annual Community Assessment has identified safe and affordable housing as a community need for the last ten years. In July of 2013, Family Enrichment Network created their Housing Department to address this continuing need. The Housing Department currently consists of two programs: the Caring Homes program and the Housing program.

# THE CARING HOMES PROGRAM

The Caring Homes Program is a housing assistance program funded with Emergency Solutions Grant (ESG) funds through the City of Binghamton. The goal of this program is to prevent homelessness through financial assistance and supportive services for homeless individuals/families and those at risk of becoming homeless. For those who meet eligibility requirements, financial assistance can be obtained for rent arrears, security deposits, and utility arrears. In addition, case management services are provided to create a plan for housing stability. These plans may include finding stable employment, furthering education, obtaining childcare, enrolling children in educational programs, improving budgeting skills, and access to additional resources within our community.

Over the course of ten years, FEN has worked directly with the city of Binghamton, through the ESG grant, to provide housing stability for families in the city of Binghamton. Throughout those ten years we have received 1,902 referrals and have supported 316 families. We have provided 145 families with security deposits and 171 families with rental arrears. The Caring Homes Program has been refunded for 2023.

In September 2017, the Coordinated Entry System was created. The Coordinated

Entry System, also referred to as CES, provides a single point of access to homeless assistance services to reduce the burden of system navigation for households who are at risk of or experiencing homelessness. Regardless of a person's location within this continuum, if they are facing a housing crisis, they can call 2-1-1/First Call For Help to connect to CES staff for assessment and referral assistance. 2-1-1 and Coordinated Entry manage the referrals that come into the call center and then either refer to the Caring Homes program or appropriate service provider. Caring Homes ensures that all callers, regardless of program eligibility, are provided referrals.

While Caring Homes provides intensive case management, we are able to determine what additional services and supports families may require. Referrals related to physical and emotional well-being are made to resources such as:

- <u>Greater Opportunities</u> for emergency financial assistance
- <u>Mother Theresa's Cupboard</u> for food pantry and emergency financial assistance
- <u>Community Hunger Outreach Warehouse (CHOW)</u> for food pantry resource
- <u>Women, Infants, and Children (WIC)</u> for food and nutrition service for families with infants and small children
- <u>American Civic Association</u> for citizenship resources and English as a Second Language (ESL) classes
- <u>Family Resource Center</u> for parenting classes, children's clothing closet
- <u>Nearly New Shop</u> for vouchers for clothing.
- Lee Barta Community Center for food pantry and educational classes

In combination with our efforts to end homelessness, FEN works closely with The

Southern Tier Homeless Coalition (STHC). The STHC is a collaborative non-profit organization committed to providing solutions for homelessness in New York's Southern Tier. Designated by the federal Department of Housing & Urban Development as the region's Continuum of Care (CoC NY-511), STHC encompasses the housing crisis response system across Broome, Chenango, Cortland, Delaware, Otsego, and Tioga Counties and is comprised of over 40 member agencies offering homeless assistance services to households in need.

#### <u>COVID-19</u>

In March 2020, COVID-19 shuttered the state of New York. Housing, employment, schools, daycare and most day-to-day activities were directly impacted by COVID-19. During this time, the governor of New York State instituted a state moratorium on residential and commercial evictions to ensure no tenant was evicted during the height of the public health emergency. The Governor signed the Tenant Safe Harbor Act on June 30, 2020, which went into effect immediately. The moratorium protected renters from being evicted should they directly be impacted by COVID-19. New York State granted the city of Binghamton monies to financially support those directly impacted by COVID-19. It provided tenants with financial assistance for up to three months to help with rent arrears. Initially the moratorium was expected to end on May 1, 2021 but given the instability of the economy and COVID still on the forefront the moratorium was extended to January 15, 2022. Still very much impacted by COVID, the City of Binghamton recognized the need for additional financial assistance to support those facing eviction.

As of February 2023, we are still actively running the program. In April 2021, the city of Binghamton allocated additional monies to fight the eviction battle. The monies provided

up to nine months in rent arrears and three months moving forward (12 months total) as well as security deposit with a maximum of 12 months of financial support. To date we have received over 300 referrals and have supported 120 families with both homeless prevention and rapid rehousing, for a total of \$350,000.

Additionally, FEN received a grant through the NYS Office of Temporary and Disability Assistance (OTDA) to assist those in Chenango County directly impacted by COVID-19. This again supports families with financial assistance with rent arrears to stabilize their housing or a security deposit to relocate to safe and affordable housing. The grant ran from 2021 through 2022. The grant provided a security deposit for 20 families allowing them to gain housing and stabilize themselves.

# HOUSING

Family Enrichment Network recognizes the need for safe, affordable, and permanent housing. FEN is committed to the ongoing efforts to address the current housing crisis. That said FEN has identified housing as an essential need in the community and created a housing program to meet those demands.

## **<u>11 Roberts Street (Johnson City)</u>**

In April of 2013, Family Enrichment began its commitment to address the need for safe and affordable housing. FEN purchased their first property at 11 Roberts St. Johnson City. The two-family property consists of a first floor two-bedroom apartment and a second floor one-bedroom apartment. FEN collaborates with Binghamton Housing Authority (BHA), working together to gain housing for those approved for Section 8. This helps to ensure we are providing quality housing to those in direct need. Since occupancy in late fall 2013, we have had stable tenants. Binghamton Housing Authority is happy to have another property available to their clients, as their current Section 8 wait list has over 500 families.

#### 51 Roberts Street (Johnson City)

The developmentally delayed population was identified as a population in need of safe affordable housing in the community. In September 2015, 51 Roberts St. Johnson City was developed for this purpose. The house allows multiple (two to three) individuals to reside in a single family home. This model allows individuals with developmental disabilities the opportunity to live independently in the community while having roommates to share and support that experience. The home currently houses two individuals that share common space in the kitchen, dining room, living room and bathroom. They have their own individual bedrooms. The dwelling has been occupied since December 2015.

#### 241 Charles Street (Johnson City)

In our continued effort to provide safe and affordable housing options for families a single family home at 241 St. Charles St, Johnson City was purchased. The three-bedroom, one-bathroom home is Section 8 approved. Again, FEN worked in partnership with Binghamton Housing Authority (BHA). The home has been occupied since February 2016.

## 11 Crocker Ave (Johnson City)

In December 2021 FEN purchased the newest addition to the housing program. The home underwent extensive renovations. The two-family property offers two one-bedroom apartments. We continue our partnership with the Binghamton Housing Authority to offer housing to Section 8 tenants. The property is fully rented.

#### Housing Connections, 29 Virgil St (Binghamton)

In December 2018, Family Enrichment Network was awarded their first Homeless Housing and Assistance Program (HHAP) and Empire State Supportive Housing Initiative (ESSHI) grants, which allowed us to construct a 19-unit structure to offer safe, affordable and quality housing. The award money we received from both HHAP and ESSHI is what allowed FEN to build their first homeless housing project. It is important we understand where the monies come from and how the funds are allocated. The application for both funding sources is extremely competitive so it is imperative we write a comprehensive grant that puts us well above others competing for the same funding.

In February 2020, the project broke ground at 29 Virgil St. Built on vacant cityowned land in Binghamton's North Side neighborhood, the two-story 12,000-square-foot structure includes four one-bedroom units, ten two-bedroom units, four three-bedroom units, and one four-bedroom unit. The project was completed in March 2021. We opened our doors in March and were at full capacity by July 1, 2021.

At Housing Connections, we are serving homeless youth ages 18-25, a Veteran with a documented disability, Individuals with intellectual or developmental disabilities (I/DD), Victims/Survivors of domestic violence and the chronically homelessness as defined by HUD (including families, and individuals experiencing street homelessness or long-term shelter stays); Adults, youth or young adults reentering the community from incarceration or juvenile justice placement. Along with homelessness there are those who are at risk of homelessness. Prevention services are critical for individuals to maintain their housing. It provides tenants with supportive services, including rental assistance, case management, childcare assistance, job readiness training, and counseling referrals. The focus population is young families and individuals ages 18-25; individuals with developmental disabilities; domestic violence survivors; veterans; chronically homeless; and formerly incarcerated individuals.

As we approach year two we are happy to say that we have maintained full capacity. Tenants work closely with both the case manager and life skills instructor. Through support staff we have offered tenants educational programming though Cornell Cooperative Extension, offering after school programming; healthy family/healthy choices series; ServSafe certification (food safety); parenting/nutrition class; NY Project Hope (mental health); Greater Good Grocery store presentation; CHOW distribution (onsite); CHOW warehouse distribution; Phil Nelson – financial advisement; Career Bound – job readiness; Crime Victims Assistance Center (CVAC); clothing giveaway; Rise Shelter – domestic violence support services; coping with domestic violence for families and children; TruthPharm – NarCan training; BC Fire Department; Attain lab; Lee Barta – community resources; ACBC – alcohol and drug education; MHAST – group counseling; Veterans Center – volunteer opportunities; STAP – STD screening and PREP; Mothers & Babies; VINES wellness wagon/garden; BC Council of churches; Thanksgiving baskets; Adopt-a-Family; BC Health Department; BOCES educational services; Salvation Army – food pantry; NYSEG – Heap presentation; Fidelis Health Care navigator; and PAL Center. Tenant engagement varies based on interest but overall participation has been steady. Tenants expressed an interest in holding a Thanksgiving dinner and Christmas brunch. Through the support of staff and tenant engagement the events were a tremendous success. Year two will consist of a continuation of services along with additional resources in the community.

## **COMBATTING HOMELESSNESS**

Currently in New York State, there is simply not enough available affordable housing. Without this housing stock, many homeless New Yorkers are likely to continue to cycle in and out of homelessness. The priority now must be to expand the supply of affordable housing. To do this, there is a need to increase HUD's ability to serve and house low-income individuals. Governor Kathy Hochul announced a statewide plan to address New York's housing crisis. She is committed to building 800,000 new homes over the next decade to meet the shortage, and support New York renters and homeowners as part of the 2023 State of the State.

# **Identifying Housing Discrimination**

Housing discrimination happens when a housing provider gets in the way of a person renting or buying housing because of their:

- Race
- Color
- Religion
- Sex
- National origin
- Familial status (such as having children)
- Disability

A housing provider that discriminates against someone could be, for example, a landlord or a real estate management company. Housing discrimination is prohibited by the Fair Housing Act.

#### What is Cold Blue?

Code Blue is an emergency safety plan that provides outreach, transportation, shelter, and a warm meal to those who need it on nights when the temperature falls below 32 degrees. There are three emergency shelters in Broome County available for homeless housing: The YWCA located at 80 Hawley St. in Binghamton; the YMCA located at 61 Susquehanna St. in Binghamton; and the Volunteers of America located at 320 Chenango St. in Binghamton.

# LOOKING AHEAD

Lack of safe and affordable housing remains a problem in Broome and surrounding counties. Many housing options are considered substandard, and tenants often complain about absentee landlords and/or maintenance repairs that go unaddressed. In addition, many complain that available housing in their income range is typically located in unsafe neighborhoods. Families are especially concerned with this, as they fear for the safety of their children. Rental costs have dramatically increased due to the pandemic. The increased cost of housing paired with the housing shortage puts tenants at risk of homelessness. Furthermore, there is an increased strain on the local housing market directly related to student housing. Landlords are converting family housing over to student housing leaving the housing stock depleted. Mayor Kraham, in his first year as mayor, demolished 16 blighted homes. He plans to turns those lots into green spaces or community gardens. Prior to Mayor Kraham, Mayor Rich David demolished over 30 blighted homes during his time as mayor. The city of Binghamton is committed to revitalizing Binghamton and housing is a pressing priority.

FEN is currently working on our next project that will help close the gap on homelessness in our area. In 2022, Family Enrichment Network applied for ESSHI funding to develop a second homeless housing program. We received conditional approval. In February of 2023, we submitted our application for HHAP funding. We anticipate hearing if the application was accepted in early summer. The proposed project will consist of ten single units. The focus population will be individuals ages 18-25; individuals with developmental disabilities; domestic violence survivors; veterans; chronically homeless; and formerly incarcerated individuals.

Family Enrichment Network will continue to work closely with the Southern Tier Homeless Coalition and City of Binghamton to identify gaps and needs in housing throughout Broome and surrounding counties. Head Start and Early Head Start Program

## **OVERVIEW OF THE STATE OF THE GRANTEE**

Family Enrichment Network's Head Start and Early Head Start programs operate under two grants. The Broome County program's origins reach back to the 1970's and the program has grown in its many years to provide UPK partnership services; full day and full year programming; full day programming; and Early Head Start. Our new grant began in July 2020, and we were pleased to make changes in that grant to best meet the needs of our Head Start and Early Head Start communities. The Tioga County program was originally awarded in 2014, and we began our second five year funding award in July 2019. We are pleased to offer full day programming at all centers and in both Head Start and Early Head Start.

The Broome Grant offers center based services to 287 three- and four-year-old preschool children and their families at four locations throughout its Broome County service area and Early Head Start offers center based services to 96 infants and toddlers and prenatal services to 16 pregnant women, which operates at three locations throughout the Broome County service area; our five locations serve children and families from Binghamton, Johnson City, Conklin, Kirkwood, and the Town of Binghamton. All five centers are located in locations that support Head Start and Early Head Start eligible children and families and they are all licensed by the Office of Children and Family Services (OCFS). The centers are located in Johnson City and Binghamton, and include the following addresses.

Center	HS Children	EHS Children
Cherry Street Center - 24 Cherry Street; Johnson City, NY	177	48
Carlisle Center – 150 Moeller Street; Binghamton, NY	0	16
Saratoga Center – 25-35 Felters Road; Binghamton, NY	32	32
Fayette Street Center- 29 Fayette Street; Binghamton, NY	42	0
Woodrow Wilson Elementary School - 287 Prospect Street; Binghamton, NY	36	0

[16 pregnant women are assigned to our Saratoga Center where the Socialization Specialist is located.]

Tioga County offers Head Start center based/full day programming to 62 three- and four-year-old children and their families in three locations throughout the service area and Early Head Start center based/full day programming to 32 infants and toddlers and their families at one location in the service area. The buildings are located in Owego, Newark Valley, and Waverly. All three centers are located in locations that support Head Start and Early Head Start eligible children and families, and they are all licensed by the Office of Children and Family Services (OCFS).

Center	HS Children	EHS Children
Owego Center – 1277 Taylor Road, Owego, NY	30	32
Newark Valley Center – 117 Whig Street, Newark Valley, NY	16	0
Waverly Center – 12 Cooper Street, Waverly, NY	16	0

# **METHODOLOGY**

The Community Assessment (CA) Committee consists of the Head Start Director and Management Team. In October 2020, the Community Assessment Survey was sent to all families for completion. It was sent electronically as well as via paper copy. At the same time, the Family Advocates completed a Family Profile for every Head Start and Early Head Start family. These practices allow us to get an internal look at our present Head Start and Early Head Start community.In January 2021, the team which includes the Head Start Director as Organizer of the Assessment, and the Program Operations Coordinator; ERSEA Coordinator; Special Services and Mental Health Coordinator; Health Services Coordinator; Food/Nutrition Services Coordinator; Family Community Partnership Coordinator; Transportation Supervisor; Socialization Specialist met to begin planning for the 2021-2022 Community Assessment process. We used the PMFO Community Assessment version for completing the Community Assessment. We moved from a more traditional model that we have used for many years; but, it did include some of the same community partners that have been part of our assessment for many years. After our orientation to the new CA process; each of the subgroup leaders listed above began working on their area of assessment with staff, parent, and community members. The areas included: Child and Adult Education; Special Education Services; Health Services including dental, nutrition, and mental health; Child Care; Employment; and Transportation Services. The subgroups reviewed survey information; gathered additional information from staff, parents, and community members as they delved into their service area sections. With their teams they discussed the strengths and needs that exist in our community, and they revised the Community Resource section of this document. Furthermore they began planning for the CA Managers Meeting where the team identifies and prioritizes our five year areas to be addressed by the program and its overarching community. The CA Meeting was held on Wednesday, March 5, 2021. The management team came together to discuss our five year priority issues, and it was no surprise that COVID-19; other natural disasters and closings; remote/virtual programming; food insecurities and healthy foods; and mental health dominated our meeting and

subsequently our priorities for the coming five years. The document has been revised annually since March 2021, and the goals and priorities are reviewed and revised each year to best reflect the needs of our Head Start and Early Head Start Communities in Broome and Tioga Counties.

## **SERVICE AREA DATA**

Family Enrichment Network serves the communities within the Binghamton, Johnson City, Susquehanna Valley school districts, Town of Binghamton, and a portion of Port Dickinson in Broome County and all of Tioga County, specifically Candor, Newark Valley, Owego and Waverly.

## **Impacts of Demographic Change**

Population estimates decreased within our service areas by 5.1% in Broome County and 5.6% in Tioga County compared to the national increase of 6.3%, according to the latest census information available. During this same time period children living in our service area under the age of five are 5.2% in Broome County, 4.9% in Tioga County, slightly under the national 6.0% of the population. Persons living in poverty within the same areas are significantly higher in Broome County at 17.8%, slightly lower in Tioga County at 9.4% when compared to the national level of 10.5%.<sup>1</sup> Homelessness within Broome County in 2019-2020 totaled 332 compared to 30 in Tioga County.<sup>2</sup>

Broome County						
WH	BL	AS	HIS	NAT	OTHER	MIX
86	125	16	21	0	9	53
27.7%	40.3%	5.2%	6.8%	0.0%	2.9%	17.1%
	Tioga County					
WH	BL	AS	HIS	NAT	OTHER	MIX
55	1	0	0	0	0	3
93.2%	1.7%	0.0%	0.0%	0.0%	0.0%	5.1%

 TABLE1: BROOME AND TIOGA COUNTY RACIAL AND ETHIC DATA

Languages	Number of Families	Percentage of Families
Albanian	1	.3%
Arabic	24	7.7%
Bengali	1	.3%
Creole	5	1.6%
Hausa	1	.3%
Kurdish	4	1.3%
Laotian	1	.3%
Pashto	4	1.3%
Russian	1	.3%
Spanish	9	2.9%
Thai	2	.6%
Tamil	1	.3%
Urdu	6	1.9%
Vietnamese	2	.6%
Total	62	19.7%

**TABLE 2: LANGUAGES SPOKEN IN THE HOME OTHER THAN ENGLISH:**Broome County

# **Tioga County**

Tioga County Head Start and Early Head Start have no other home languages. The area has always been predominantly English speaking, and this year it is entirely English speaking families who are enrolled in our programs.

Through ongoing recruitment, interested families complete the application process throughout the year, providing a waitlist for openings as they occur. Current waitlists are lower than usual compared to previous years which can be attributed to the effects of COVID-19 on the families we serve.<sup>3</sup>

Broome County	Head Start	Early Head Start	Pre- Natal	Tioga County	Head Start	Early Head Start
2019-2020	17	164	2	2019-2020	27	10
2020-2021	13	79	0	2020-2021	3	2
2021-2022	46	117	0	2021-2022	0	2
2022-2023	39	184	0	2022-2023	4	9

**TABLE 3: WAITLISTS BY COUNTY** 

As can be seen by comparing the waitlists year to year in Table 3, there are more children on the HS Waitlist this year, but that can be attributed to an open classroom and additional recruitment efforts. Recruitment efforts have been adapted to meet current restrictions and social distancing, less grassroots methods, and more electronic means of communicating program benefits to community and local populace. More targeted recruitment methods aimed at specific areas, contact with service agencies who work with our shared families, digitizing recruitment materials to be shared electronically with medical offices, religious programs, school districts, television community calendars, websites, Facebook pages, community non-for-profits and more, are ways to provide outreach for current openings and future program years.

Recruitment outreach used in the past will need to be updated and targeted to help encourage families to feel comfortable placing their child in a Head Start or Early Head Start program. Staff will need to share with families how our programs have grown through COVID-19 and what strategies have been implemented, permanently, to ensure their child's safety. Current outreach has begun moving to more remote measures with material follow up after contact has been established, collaborating with a greater variety of small business owners who are willing to share information with their clientele.

#### **Impacts of COVID-19**

Due to ongoing nature of the COVID-19 pandemic, many changes have taken place and are here to stay (for a time) to ensure the safety of the families/children we serve and staff members. COVID-19 overall restrictions have required changes in staffing, program

design, child services, family participation, and transportation. Head Start is completely 'inperson' for both Head Start and Early Head Start except in the three classrooms that do not have teachers to support in person learning. Those children and families are receiving services from their Family Advocates. Classroom hours for both Head Start and Early Head Start have been reduced to six hours each day to allow for in-depth sanitizing of each classroom. Families have had to learn to communicate, for the most part, with staff by electronic means; each site has developed procedures that provide no in-classroom contact for anyone other than classroom staff to ensure child safety; home visits are still completed remotely for many of our families, this includes pre-screenings and health interviews; transportation of children has been decreased to a maximum of ten Head Start children with two monitors per run, five Early Head Start children with two monitors. Protocols have been developed to ensure safety regarding social distancing and masks for staff and families, children are encouraged but not required to wear masks as they become comfortable doing so. Families who provide their own transportation are limited to number of persons allowed into the buildings at a time, parents are screened regarding their child, and temperatures are taken, parents wait with their child for classroom staff to meet them in the hallway and parents then leave through another exit; most sites have the ability to have classrooms entered through an external classroom door.

Throughout the program year, many families have expressed the need to switch their child from 'in-person' to virtual, either temporarily or permanently, due to changes the families have encountered. A provision has been established that will allow a child to remain as an 'in-person' child for a short period of time if a family becomes concerned with effects from COVID-19, with their child attending remotely, until the family feels comfortable

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having their child return to 'in person' status. We continue to struggle with meeting full enrollment, due to a lack of teaching staff and given COVID-19 concerns of interested families.

In the 2020-2021 program year, families have expressed COVID concerns of employment loss or instability, having to access unemployment, loss of medical care, total isolation, remote learning which includes having school-age children learning in home during the day, fear of being exposed, daycare closures, mental health concerns not being met, children developing stress and anxiety, continual family togetherness, having to learn how to live with scarcity of basic home needs, depression, and many more lifestyle changes. Families and staff have contracted COVID-19, requiring testing, quarantining, contact tracing, closure of classrooms and transportation runs, leading to a state of uncertainty. The constant barrage of media and internet information, family and friends conversations, and public awareness of COVID-19 have made many of our families and staff members COVID-19 wary, tired of having to deal with so many life changes that it becomes easier to ignore or shut down. Some of the issues listed above are still lingering for our families today. We are still waiting on vaccines for our youngest learners, and, in some cases, parents are still apprehensive about the vaccine for their children and themselves.

Other COVID-19 impacts for our families are financial; some families have not been affected, and have continued working at their jobs throughout the pandemic. COVID-19 restrictions caused many families to lose employment in the hospitality, child care, health/medical, education, and transportation fields. COVID-19 is still impacting our way of life in Broome and Tioga Counties in this current program year, and is likely to have an impact for years to come across both communities.

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# **IDENTIFIED STRENGTHS AND NEEDS BY SERVICE AREA**

## **Program's Educational Strengths**

Families identified their satisfaction with services they receive from the classroom staff.<sup>4</sup> They indicated strong agreement that FEN's programs offer a safe and clean place for their children to learn and prepare their child to be ready for school by becoming more independent, learning basic concepts in language and math, along with learning to share and cooperate. The families agreed

# Quotes from Families:<sup>1</sup> "He is growing, and FEN has a positive influence on him·" "FEN has a passion for making many efforts to have kids learn online·" "I really appreciate how easy it is to talk to you guys!" "The teacher is very supportive towards my child's needs·"

with that the program provides quality communication and information about the program in general as well as regarding their child's development.

# A word bubble of family and teacher responses relating to program strengths shown below:

natogether helpfulsuper goodtec dedicatedemployeesfamilyoriented qualityofcare

## **Program's Educational Needs**

## Social-Emotional Learning



These past decades there has been an increase in children beginning their education without the proper development of their socialemotional skills, their lack of how to develop positive relationships, lack of coping skills in stressful and/or new situations, and lack of problem-solving skills. In many cases, this may be the cause of the rise in children that need or receive special services and therapies.<sup>5</sup>

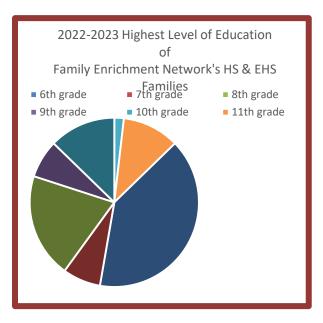
These impacts make it even more important for our community, schools, and programs to embrace a community-wide social-

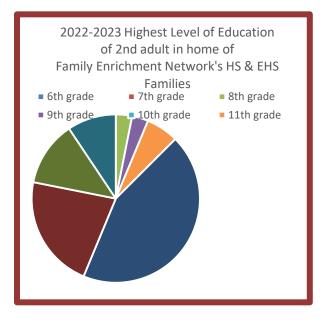
emotional framework, such as The Pyramid Model. Studies indicate that schools and programs that focus on reliable implementation of meaningful relationships, providing opportunities for teachers to become leaders, offering administrative support, and creating environments that support the needs of children, families, and teachers will aide in the promotion of social-emotional development as well as retain their teaching staff.<sup>6</sup> The research is showing that by implementing a research based social-emotional curriculum in our schools is the start.

To ensure all children are school ready, Family Enrichment Network's Head Start program will need to collaborate across all our local schools, and possibly with Head Start Day Cares and other educational facilities to promote and implement the Pyramid Model.

# Education Attainment

# Highest Level of Education Obtained by the Children's Family Members of Family Enrichment Network's Head Start & Early Head Start Programs





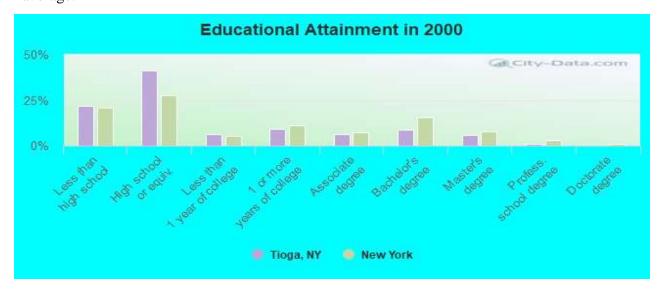
Educational Attainment for Broome County, New Fork State, 2013-2017					
	Broom	e County	NYS	US	
<b>Educational Attainment</b>	Population	Percent (%)	Percent (%)	Percent (%)	
	Estimate				
Population 25 years and	129,802				
over					
Less than 9 <sup>th</sup> grade	3497	2.7	5.5	5.4	
9 <sup>th</sup> to 12 <sup>th</sup> grade, no diploma	8932	6.7	7.4	7.2	
High School graduated/GED	40700	31.4	26.3	27.3	
Some College, no degree	23958	18.5	15.9	20.8	
Associate degree	16307	12.6	8.7	8.3	
Bachelor's Degree	20371	15.7	19.9	19.1	
Graduate or professional degree	16.37	12.4	15.4	11.8	
Percent high school graduate or higher		90.4	86.1	87.3	
Percent Bachelor's degree or higher		28.0	35.3	30.9	

Educational Attainment for Broome County, New York State, 2013-2017<sup>7</sup>

SOURCE: US Census Bureau, American Community Survey, 2013-2017

# Educational Attainment for Tioga County

Tioga County High Schools graduation rate is slightly higher than the New York State average.<sup>8</sup>



#### <u>Needs of Children with Special Needs</u>

Family Enrichment Network maintains strong collaborations with local school districts' Committees on Preschool Education and with Broome and Tioga County Health Departments' Early Intervention Programs. These mutually beneficial working relationships, characterized by ongoing interaction, communication, and cooperation are a major strength that has helped to maintain high enrollment of children with disabilities.

While the impact of the COVID-19 pandemic has reduced numbers somewhat this year, Family Enrichment Network's Head Start enrollment in Broome County is anticipated to reach 11% (32 children), an additional 20% (13 children) in Tioga County and 10% of Early Head Start enrollment in both counties for the 2022-2023 program year. Successful service delivery to these children despite the pandemic has been largely due to the willingness on the part of providers to enter FEN buildings and follow the Agency's screening and safety procedures. School districts have conducted CPSE meetings through ongoing Zoom meetings attended by FEN teachers and by parents with the support of FEN staff.<sup>9</sup> Providers have also been conducting "teletherapy" in some cases for children to acquire skills, and some families have chosen not to participate.

On their Individual Education Programs (IEPs), local school districts classify all children as "Preschool Student with a Disability." Of children with IEPs, the greatest number of children receive speech therapy, followed closely by occupational therapy or a combination of therapies. The need for SEIT and physical therapy is less.

Though the community is rich in support services for children with disabilities (as detailed in the Special Services Resources section), inclusive childcare settings remain

limited. A contributing factor to the lack of childcare slots, aside from provider reluctance due to limited knowledge/fear of the unknown, is the lack of financial subsidies. While the County can provide services for children with disabilities, it cannot pay tuition for a child's attendance in a private childcare setting. Neither can the County pay for a classroom aide in a child care setting for any time other than that needed to facilitate a special education service. Often, the opportunity for social development such a setting would provide is the most valuable element in the child's development. Many families are not able to afford the fees for private childcare, and there are no mechanisms in place to assist them.

The Health Department and evaluative agencies continue to report a steady increase in the number of children undergoing evaluations each year. This is attributed to the success of local early intervention efforts including identification, referral, and tracking. Providers estimate more than 90% of those referred qualify for services.

Families' lack of transportation and child care; missing appointments; and "Welfare to Work" mandates impede the process of evaluation. A major strength that is of benefit to many Head Start families is the ability of Family Enrichment Network's Special Education Program to conduct evaluations at the children's Head Start Sites. In addition, the Special Education Program is a valuable referral source to our Head Start program for children discharged from a Special Education placement but still in need of a preschool placement with related services.

Broome and Tioga Counties continue to experience a shortage of speech, occupational (greatest shortage) and physical therapists, as well as special education teachers and one-to-one aides for the three to five age group, particularly in January through March when most programs are full and/or private providers have reached the maximum number

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they can serve. Despite the shortage, children are placed on a waiting list for as limited a time as possible, with no children going without services for extended periods. The NYS Education Department is expecting all approved agencies to provide Special Education Itinerant Teachers (SEIT) and integrated services. Pediatric mental health and neurological services are scarce. Countywide, there is a need for more aides and counseling services (including play therapy), to enable students to be maintained in regular education programs. Evaluators indicate an increase in referrals, especially from day care providers, in the areas of behavioral needs, autism, and sensory concerns, as well as an increase in the number of children with special needs living with grandparents or other extended family members. The most critical needs are for more sensory integration services in preschool classrooms and in homes, as well as ongoing training for staff and families and 1:1 classroom aides.

Technology training for families is a primary need that has arisen as a result of the pandemic. A representative of the Early Childhood and School-Age Engagement (FACE) Center reports that families are struggling with the use of technology and are in need of help with internet connections, the use of IPADs, etc. The Center is offering trainings to help meet those needs.

#### Health/Nutrition Need

#### Health Insurance

As of 2020, 2.5% of the children in Broome County and 5.5% of the population in Tioga County are uninsured, many of whom may be eligible for Medicaid. Parents can access health insurance online or by calling NY State of Health. They can also access health insurance by calling Mothers & Babies or Southern Tier Independence Center. Families that live in a rural area where there is no internet access and they have no phone may experience difficulty in accessing health insurance. Other barriers may include that the cost is too high, lost job or changed employers, lost eligibility for Medicaid or, they never had or have no need for insurance.

The Broome and Tioga County Departments of Social Services operate under a mandatory managed care program, as a way to increase accessibility to primary and preventive health care and to reduce the cost of health care in general. In Broome County, about 43,794 of the 67,157 Medicaid eligible individuals are in Medicaid Managed Care (31,819 through the NYSOH). It is crucial that families receive assistance in the selection of the best-managed care plan for themselves and their families. New York Health Options (Maximus) provides this assistance in Broome and Tioga County.

There were 16.7% of Tioga County individuals on Medicaid. 7,067 of these on enrolled on the Exchange, 3,615 are still managed by Tioga County DSS.

#### Child Health Plus

As of December 2020, there were 3239 Broome County children enrolled in Child Health Plus (Excellus FLBCBS -2091, CDPHP - 196, FIDELIS 868, UHC 84. In Tioga County, 871 children were enrolled (Excellus FLBCBS - 294, CDPHP - 73, FIDELIS 474).<sup>10</sup>

	PERCENTAGE		PERCENTAGE	
HEALTH CARE	OF PARENTS	5	OF CHILDREN	
	2020-2021	2021-2022	2020-2021	2021-2022
Medical Visits				
Every two years	5%	0%	0%	1%
Once a year	20%	24%	30%	30%
Twice a year	16%	7%	10%	13%
As Needed	60%	69%	55%	56%
Never	0%	0%	5%	0%
Dental Visits				
Every two years	0%	0%	0%	0%
Once a year	10%	13%	10%	13%
Twice a year	30%	25%	50%	40%
As Needed	55%	59%	35%	37%
Never	5%	3%	5%	7%
Vision Exams				
Every two years	20%	12%	0%	3%
Once a year	45%	30%	100%	14%
Twice a year	0%	4%	0%	6%
As Needed	20%	34%	0%	49%
Never	15%	20%	0%	28%

 TABLE 8: Health Care Visits of Head Start Families<sup>11</sup>

## Oral Health/Health Plan Coverage

Broome and Tioga County Departments of Social Services operate a mandatory managed care program with several different product lines. There are currently over 43,794 individuals in Broome County and 9,209 in Tioga County enrolled in these plans. As a result of a Medicaid Redesign Proposal, dental care was added to the Medicaid managed care benefit package and those enrollees access dental care through their plan's dental network. Child Health Plus also offers dental care. While local data is not available for health plans supporting the safety net populations, in the Quality Reports for HMO's statewide (QARR, available at NYSDOH website), the plans reported the following: for CHP B: one annual dental visit per child; CDPHP 65%, Fidelis 64%, and Excellus 63%, UHC 63%.

#### Oral Health

Broome and Tioga Counties are both designated as Dental Health Professional Shortage Areas for the Low-Income population. Lourdes Center for Oral Health and Tioga Mobile Dental Services were established as Article 28 dental clinics, with a focus on restoring and maintaining dental health for children and adults, the center targets those who are uninsured, on Medicaid, or enrolled in a managed care plan including-New York's Child Health Plus program. The services of the dental van in Tioga County have been suspended since April 2020, due to the COVID-19 pandemic, awaiting guidance from the NYS DOH to restart their services.

Between September 2019 and March 2020, over 5000 children were provided with dental screenings, education and/or treatment on the Lourdes Mobile Dental Unit at the school-based locations. Lourdes resumed services in December 2021, seeing approximately 20 children from the Fayette Street and Saratoga site. The Tioga Smiles Dental Van staff has not yet resumed visits to Tioga County Head Start.<sup>13</sup>

United Health Services Hospitals (UHS) operates an Article 28 clinic at Binghamton General Hospital. There are approximately 700 children enrolled in the clinic at this time. The child population has been significantly reduced because many parents are taking their children to Dinosaur Dental in Endicott, which accepts many of their insurances. The fluoride varnish program has been discontinued because the hygienist that did the program has gone to the school based clinics. <sup>14</sup>

The Dental Hygiene Clinic at SUNY Broome Community College had to close after midterm in the spring 2020 due to the pandemic. They have reopened the clinic in fall 2022 with established COVID-19 screening protocols.<sup>15</sup>

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#### Immunizations

Vaccines prevent disease and are among the most cost-effective clinical preventive services. Despite progress, tens of thousands of adults and hundreds of children in the United States die each year from vaccine preventable diseases. New York State Public Health Law 2164 requires vaccinations or other documentation of immunity as a condition of child care, school, and college attendance. The purpose of the law is to reduce the incidence of vaccine preventable diseases and associated morbidity and mortality by increasing vaccination rates. In June 2019, the law was revised to eliminate religious exemption to vaccines and, in order to prevent frivolous medical exemptions, set specific requirements of documentation for them.

The following vaccines are required by New York State for school entrance into Day-Care, Nursery, Head Start, and Pre-K:

- Diphtheria, Tetanus Toxoid-Containing Vaccine, Pertussis vaccine (DTaP/DPT)
- Polio Vaccine (IPV and/or OPV)
- Measles, Mumps, Rubella vaccine (MMR)
- Hepatitis B vaccine
- Varicella vaccine (Chickenpox)
- Haemophilus influenza type b conjugate vaccine (Hib) .
- Pneumococcal Conjugate Vaccine (PCV-13)

Other vaccines that are recommended by the Centers for Disease Control and Prevention including the following: Hepatitis A Vaccine for babies age 12-23 months; the rotavirus vaccine for babies at two, four, and six months of age; and the influenza vaccine for people age six months and up, to be given every flu season. Children six-months to eightyears who are receiving their first flu shot will need a booster at least 28 days later.

Students entering 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, and 12<sup>th</sup> grades in New York State public, private and parochial schools are required to be fully vaccinated against meningococcal disease according to Advisory Committee on Immunization Practices (ACIP).

No information as to the percentage of children who are not fully vaccinated in Broome and Tioga Counties was provided for this assessment.

Providers must enter all immunizations administered to children less than 19 years of age into the New York State Immunization Information System (NYSIIS). This is a free, web-based statewide immunization registry. Unfortunately, some Health Care Providers are not consistent in entering immunizations into the system.<sup>16</sup>

COVID-19 Vaccines have been approved for children and all parents are being encouraged to have their children immunized, as recommended by the Office of Head Start. Due to the fact that these are not mandatory for the children, Family Enrichment Network opted to make vaccines mandatory for all employees. Those with a reasonable medical or religious exemption are required to be tested for COVID-19 weekly, to attempt to protect the children's health

#### Lead Poisoning Prevention

Blood lead levels (ug/dL) 2019	# of identified children tested for blood lead/BLL category in 2019
5-9.9	54
10-14.9	10
15-19	1
20 and above	6

# TABLE 9: Broome County Lead Cases<sup>17</sup>

TABLE 10. Hoga County Lead Cases		
Blood lead levels (mcg/dl) 2019	# of Cases	
5-9	15	
10+	6	
10+	6	

 TABLE 10: Tioga County Lead Cases<sup>18</sup>

#### Allergic Reactions in Child Care

On September 15, 2021, in response to a child's death due to an untreated anaphylactic reaction in a child care setting, New York State enacted Elijah's Law requiring day care centers to create a formalized plan to educate staff about allergic reactions and how to respond to symptoms. The state obtained grant money to supply day care settings with epinephrine auto-injectors and allow non-patient specific epinephrine auto-injectors to be stored in those setting. Family Enrichment Network has revised the Health Care Plans for all sites to accommodate this. All Center Directors have received their epinephrine autoinjectors and the training for the staff has been completed. When the auto-injectors from the state were received, it was recognized that dosage was too low (0.1mg) for many of the children in the Head Start Program. In response, the agency has purchased epinephrine autoinjector devices of 0.15 mg for larger children.

#### Prenatal Care

The Family Enrichment Network Early Head Start program includes recruiting pregnant women, to assist them in identifying their needs and support them throughout their pregnancy, with the intent that the infant will be placed in an educational day care setting when they are approximately six weeks of age. The expectant mothers are visited monthly or as needed by a Socialization Specialist, who supports them in meeting needs that they have identified. All expectant mothers are also given ongoing health support by a nurse, who visits with them during and after their pregnancy. The visits by the Socialization Specialist and Nurse are re-established in person due to the lifting of COVID-19 restrictions, allowing the ability to develop meaningful supportive relationships with the families and conducting neonatal physical assessments to identify health needs.<sup>19</sup>

When Early Head Start was initiated in 2010, 12 pregnant women were served annually. In the fall of 2020, the Early Head Start program was expanded. Family Enrichment Network now serves 16 pregnant women annually One hundred and sixty-four infants have been enrolled in Early Head Start through the pregnant mothers tract since the beginning of the program.<sup>20</sup>

## <u>Asthma</u>

Childhood asthma continues to be a major public health problem for the pediatric population, especially Head Start/Early Head Start children due to their economic status, race, and housing conditions. Previous surveys conducted by the Decker School of Nursing at Family Enrichment Network done in 2011 and 2012 have confirmed this.

The age-adjusted prevalence of asthma in Broome County was 12.2%, higher than the 9.6% for NYS and 10.4% for Upstate NY. Age-adjusted asthma mortality rate for Broome County is 1.6 per million population, compared to NYS (1.3 per million) and Upstate NY (0.9 per million). However, asthma morbidity is relatively high. The number of hospitalizations for asthma in Broome County was an estimated 217 per year. The age-adjusted asthma hospitalization rate for Broome County was 5.4 per 10,000, which was significantly lower than NYS (11.4 per 10,000) but higher than Upstate NY (6.8 per 10,000). The highest morbidity is for the 0–4 age group (9.7 per 10,000) and the 5-14 age group (7.2 per 10,000). Emergency room visits for asthma were 71.2 per 10,000 for children age 0-4.<sup>21</sup>

Using GIS (Geographical Information Systems) mapping of where families with asthma enrolled at Family Enrichment lived, increased asthma rates were noted in Johnson

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City in Census Map 139, which has been identified as an area with low household incomes, high rates of poverty and unemployment, and high percentages of residents receiving public assistance. The median household income of this census tract is \$33,214 compared to \$52,226 in the surrounding county, with 36.8% living in poverty.<sup>22</sup> Notably, this census tract had the fifth highest number of asthma hospital discharges of all zip codes in the county.<sup>23</sup> Demographics for this tract indicate a higher percentage of Black residents, more than double that of the surrounding town and county. While age of housing was not available for this specific census tract, the majority of housing in the county (two-thirds) was built prior to 1960, increasing the possibility of deteriorating conditions.<sup>24</sup>

Children enrolled in Head Start had been given Asthma teaching by Binghamton University Nursing students in previous years. Due to the COVID-19 pandemic, this was not possible in 2020 and has not yet been re-established.

#### WIC

In 2020, despite the COVID-19 pandemic, the Broome County WIC Program conducted almost 17,000 appointments and made over 15,000 referrals to community agencies. The Tioga Opportunities, Inc. WIC Program currently reaches over 1,153 families annually. Broome and Tioga County WIC staff members continue to provide nutrition assessments, nutrition counseling, and breastfeeding support. Starting in mid-March, all appointments were conducted over the phone. Staff continued to work from the main site and offer curbside service to participants who needed replacement cards and breast pumps.<sup>25</sup> Plans are in place for WIC participants to resume in-person visits in spring of 2022.

#### Greater Good Grocery

A strength for our community is a grocery store dedicated to providing the community with food accessibility and affordability. After 24 years without nearby access to fresh meats and produce, the north side of Binghamton is no longer a food desert. This grocery store opened on the North Side of Binghamton on January 4, 2021. Located within the new Canal Plaza affordable housing development, the store is three and a half years in the making. Greater Good Grocery will acquire its products from the Utica store at a steep discount, passing the savings on to customers while still generating some revenue for other Council programs.

Council Executive Director Reverend Joe Sellepack says access to affordable food will decrease the reliance on CHOW. "Offer people the ability to come to a grocery store to expand their budgets to the point where they don't rely so much on the emergency food program. So, the more we're able to get affordable food to people in areas like the north side of Binghamton, the better it is," said Sellepack. Seman says he hopes the store and remaining Canal Plaza project serve as a catalyst for the rejuvenation of the north side.

#### Food Bank of the Southern Tier

Another strength of our community is the Broome County Hunger Coalition (BCHC). The BCHC consists of the leaders of local food pantries, free community meals, food banks, Rural Health Network, etc., and meets every other month. In this meeting, members work together to brainstorm and collaborate on what is going well in the community and where there are still needs, if they need volunteers, have resources to share, etc. Through this coalition, which was created by the Food Bank of the Southern Tier, the agency hopes to find the underserved in the community and to be able to improve services for everyone in the county.

## <u>Tioga Opportunities</u>

Food insecurity in Tioga County is addressed by the Community Services Department at Tioga Opportunities, Inc. They provide the community with safe and affordable housing, financial education and stability, community awareness, and health and wellness programs and services. Within Tioga County, 12.6% of children live in poverty and the rate of children enrolled in Free and Reduced Lunch is 59%. Economically disadvantaged children are also more likely to be food insecure, and food insecurity in households with children is associated with inadequate intake of several important nutrients, deficits in cognitive development, behavioral problems, and poor health. In 2017, 9.7% of the population and 17.9% of children in Tioga County were food insecure.

Tioga Opportunities serves as the coordinating and oversight entity between the Food Bank of the Southern Tier in Elmira and eight pantries and soup kitchens throughout the county, located in Berkshire, Candor, Nichols, Newark Valley, Apalachin, Spencer, and Owego.

The mobile food pantry is a converted beverage truck used to deliver fresh produce, dairy products and other food and grocery products directly to distribution sites where people are in need of food. When the truck arrives at the site, volunteers place the food on tables surrounding the truck and clients can choose the items they need.

#### <u>CHOW</u>

CHOW (Community Hunger Outreach Warehouse) the hunger relief and advocacy program of the Broome County Council of Churches serves individuals and families in need of emergency food assistance. Individuals and families can get food assistance every four weeks or 12 times a year. Currently, CHOW stocks over 50 pantries and distributes food to 52 shelters, soup kitchens, schools and distribution sites.

When a client visits a CHOW pantry, they are given enough food for five days. The food packages are based on family size and are designed to give adequate nutrition. A weakness in the community, CHOW has seen an increase in the number of individuals and families who are food insecure in Broome and surrounding counties and that has only grown through the COVID-19 pandemic. In 2020, CHOW and its sub-program Broome Bounty, the area's only food recovery program, served approximately 2,230,000 meals through its pantries and soup kitchens. Over 40% of the people served by CHOW are children. The need for food assistance for families is especially acute during the summer months when children who receive subsidized meals in school are eating all their meals at home. To combat hunger over the summer months, agencies all across Broome and Tioga County offer meals through the Summer Food Service Program. This program allows non-profit organizations to offer up to two meals and one snack per day to children ages 18 and under.

In order to serve the community in a holistic way, CHOW has partnered with Broome County Department of Social Services to implement a job training program. The program, CHOW Works, trains up to 12 participants for 12 weeks at a time. The participants receive hands on training in our warehouse and receive forklift training and certification, ServSafe food handling certification and an OSHA 10-hour certification. The participants spend the last hour of everyday learning financial literacy from SEFCU and Vision Federal Credit Union, healthy cooking classes from Cornell Cooperative Extension, and resume building training from our full-time work advocate. 90% of all graduates are placed in full-time employment within the 12 weeks of the program. 20% are placed in full-time employment within four weeks of graduation.

#### <u>VINES</u>

Volunteers Improving Neighborhood Environments, Inc. (VINES) is an organization committed to developing a sustainable and just community food system. They do this by bringing together diverse groups of people, with a focus on youth development, to establish community gardens, urban agriculture and community green spaces. They strive to develop and beautify urban sites throughout Broome County and empower community members of all ages and abilities.

The essence of VINES' work is captured in its simple motto: growing food, growing community. VINES program empowers people to improve their lives and communities through urban gardening and by connecting urban consumers to rural farmers.

Each program has a rippling impact throughout our area. Over 400 raised beds in the eighteen community gardens run by VINES provide local residents the ability to grow food for their families. The Urban Farm, which began on four vacant city lots, recently expanded to a total of 2.25 acres in downtown Binghamton where fresh produce is grown for the community. At this site, VINES has provided youth development and training through Grow Binghamton for the past ten growing seasons. Grow Binghamton has recently begun offering a six-week session both in the fall and spring each year, providing year-round youth employment. VINES also provides free education on food production and preservation through its Green Thumb Educational Series. Farm Share (FS) brings food from VINES and two other area farms to urban residents who otherwise have severely limited access to fresh vegetables. Over the past seven years FS has grown from 30 members to 200 members.

Through FS, individuals and families are making changes to their diets that they both enjoy and can sustain. 70% of members surveyed reported that their consumption of vegetables increased during Farm Share. 85% also reported that they can better afford to eat a balanced diet because of Farm Share. Launched in April 2020, the Build a Garden program provides raised bed and grow bag gardens to low-income homes. The Wellness Wagon transports residents weekly from the North Side of Binghamton (a food desert) to grocery stores and other food access sites.

The target populations for VINES programming are families and individuals living in the Broome County area who live in or near areas that lack affordable access to healthy, local produce and are living in poverty or categorized as ALICE (Asset Limited, Income Constrained, Employed) by the United Way.

# **MENTAL HEALTH SERVICES & SUPPORTS**

## **COVID-19 Pandemic Impact**

The COVID-19 pandemic and subsequent challenges have impacted the mental health and wellbeing of children, youth, and their families across the globe and locally in Broome County. Mental Health professionals have identified certain trends among children and families. Most notably, school-aged youth have demonstrated an increase in anxiety and depression due to a number of factors, including: prohibitions of participating in extracurricular activities; changes to school structure (remote) and grading rubrics stripping the identity of academic achievers while those struggling pre-pandemic are falling further behind; and finally, remote learning preventing youth from keeping their home lives private. Remote learning and various levels of quarantine have reduced the protective factors of community engagement and social connectedness as youth are not able to interact with their peers and receive support from their friends.

Conversely, not all children and youth have been impacted negatively. Children who struggled with social dynamics previously are thriving in this environment as they feel that they will have a clean slate when they return to school and their peers. Caregivers are becoming more aware and in tune to the mental health of their children and the role it plays in their children's lives. Locally, some parents are more educated on wellness activities and resources.

Mental Health clinics report a reduction in no-shows due to amelioration of transportation and scheduling barriers with the implementation of tele-mental health. The advent of COVID-19 and rapid passage of tele-health provisions has opened access and availability of these mental health resources. Nevertheless, access is not universal as some families do not have reliable devices or internet.

Lastly, schools report struggling to gauge what is happening in their students' lives and recognize the toll these changes have had on students and staff. Efforts have been made to increase social connectedness through virtual get-togethers such as gaming clubs, art groups, etc. Teachers have been engaged through weekly, virtual self-care groups.

While the return to in-person learning for schools locally has alleviated many of the hardships related to remote learning, attendance issues continue to be a concern. In addition to children being absent for prolonged periods due to having tested positive, COVID-19 exposures and staffing shortages force temporary classroom closures on an ongoing basis.

Family Enrichment Network's Mental Health Consultants report that fewer mental health providers are accepting new clients and/or Medicaid and private insurance payments

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and waiting lists are even longer than in the past. The Mental Health Consultants and the Professional Development Specialist for the South Early Childhood Family and Community Engagement Center (FACE) stress that "much more is needed in terms of mental assistance" for children. While contacting various agencies in an effort to assess accessibility of services, one of the Mental Health Consultants learned that a counseling center, Samaritan House, which has served many of our families in the past, has a waiting list of 50 people. The number is typical for many local agencies. To help identify and secure any available services, this Mental Health Consultant belongs to an informal internet network of 76 therapists practicing locally. The group alerts one another electronically of individuals who are in need and having difficulty securing services, in hopes that one or more of the therapists might know of any possible providers or solutions.

#### Mental Health Services & Supports

Lourdes Center for Mental Health, Greater Binghamton Health Center and Family & Children's Counseling Services all serve children and adults as licensed NYS Office of Mental Health (OMH) Clinics within Broome County. Family & Children's Counseling Services and Greater Binghamton Health Center's Child and Adolescent Behavioral Health Clinic's licensed NYS OMH Clinics offer same day service appointments to address the growing need for mental health services for adults and children. United Health Services Hospitals (UHS) also operates a NYS OMH Clinic serving adults. Family and Children's Counseling Services operates School Based Family Support Centers in the Binghamton, Johnson City, Union Endicott, Whitney Point, and Windsor School Districts. Supports offered through this service include individual, family and group counseling, as well as parent support and education. In October 2018, Family & Children's Counseling Services opened an NYS Office of Addition Services and Supports (OASAS) licensed Outpatient Substance Use Treatment satellite clinic with same day access available Monday through Friday.

Broome County Mental Health Department's website offers a range of assistance for families including: "Virtual Support", "Respite Services", "Resources for Parents", and "Hotlines/Helplines."

Mental Health services in Tioga County are more limited. Families must travel long distances to access services at Tioga County Mental Health Clinic in Owego or in Waverly. Both facilities offer family and individual counseling and will see children as young as five years of age. Many of the Broome County facilities cited above are utilized by Tioga County families upon referral. Franziska Racker Center provides play therapy for preschool children after they've completed the evaluation process and have approval from their school district's Committee on Preschool Special Education.

The lack of mental health services for preschoolers under the age of five continues to be an area of need. Children and families not in need of a psychiatrist have several options available. Family Enrichment Network Head Start and Early Head Start programs retain the services of Mental Health Consultants who provide counseling services to families on a short-term basis and then facilitate referrals to other Community resources which accept Medicaid, Child Health Plus, or have a sliding fee scale, for those in need of long-term services.

In addition to FEN's short-term services, several care coordination services are available that will help a family with their hurdles, making them more likely to achieve success overall. These services include Medicaid and Non-Medicaid Care Management as

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well as Family Enrichment Network's Kinship Caregiver's Program. The Kinship Caregiver's Program has provided vital support and counseling for Head Start and Early Head Start families in Broome and Tioga Counties who have taken on the responsibility for the care of grandchildren, nieces and nephews, etc., but state funding is frequently in jeopardy, rendering its future uncertain.

FEN also makes every effort to meet the need for children's mental health and social/emotional supports by implementing Conscious Discipline, NYS Pyramid, and Second Step Curriculum practices program-wide.

Children and youth with Medicaid may be eligible for Medicaid Care Management (Health Home) and those who are uninsured or have private health insurance may be eligible for Non-Medicaid Care Management (NMCM). Both services can be accessed through Broome County Children's Single Point of Access (C-SPOA). Priority for NMCM is given to children/youth who are at imminent risk of hospitalization and have private insurance.

Children with Medicaid can also be referred directly to the Health Home provider to access those services. In December 2016, the roll out for Children's Health Home started. A health home (aka Medicaid health home) — as defined in Section 2703 of the Affordable Care Act — offers coordinated care to individuals with multiple chronic health conditions, including mental health and substance use disorders. The health home is a team-based clinical approach that includes the consumer, his or her providers, and family members, when appropriate. The health home builds linkages to community supports and resources as well as enhances coordination and integration of primary and behavioral health care to better meet the needs of people with multiple chronic illnesses.

In 2019, New York State initiated a transition to Medicaid Managed Care for children, started new State Plan Amendment (SPA) services called Children & Family Treatment and Support Services (CFTSS), and unbundled the 1915(c) waiver programs (OMH, B2H and Care at Home I & II) to become Children's Home and Community Based Services (HCBS). These changes were made to enable more children to access a wider range of services, allow for greater provider choice, and ensure that children and families were receiving the services that were the most pertinent for their needs. The services are for Medicaid eligible children, but families with private insurance can go through a process to enable their child to have Medicaid.

The initial implementation of the CFTSS and HCBS has been challenging due to staffing shortages and navigating a new system for both families and providers. Children and families have begun to receive services from a range of providers in the County and new services continue to come on board. COVID-19 has further challenged the rollout of these services as they are intended to be community-based and face-to-face, both of which have been restricted during the pandemic.

#### **Community Initiatives**

BC Promise Zone supports all districts in the county that wish to become involved with the Community School framework. These activities include support in building community connections, access to professional development support, and providing a repository of resources to assist with needs or projects through the implementation of the full-scale University-Assisted Community School (UACS) model. During 2019-2020 school year, ten school districts implemented the UACS model through Binghamton University: Binghamton, Chenango Forks, Chenango Valley, Deposit, Harpursville, Johnson City, Union Endicott, Whitney Point, Windsor, and Broome-Tioga BOCES.

Community School Coordinators work diligently with school districts to offer needs assessment to move the work forward. The coordinators also work with Binghamton University interns from the Master of Social Work (MSW) program and a variety of majors and interests to provide support to students during and extended school day. The students operate with a social-emotional focus designed to improve school attendance and academic achievement, increase engagement, and increase access to community resources.

During the COVID-19 pandemic, many challenges and issues arose due to schools switching to a virtual learning environment. Immediate areas of concern were connectivity for remote learning and the engagement of students and families. In the immediate aftermath, coordinators, working remotely, supported engagement through enabling families to access food and transportation resources while collaborating with districts to make these connections. As the pandemic continued, supports continued virtually with some in person opportunities to support basic needs and social-emotional components for families while maintaining appropriate guidelines and safety measures.

Youth Mental Health First Aid (YMHFA) trainings were scheduled to be offered throughout the County by multiple agencies to a variety of audiences including Department of Social Services, Community Based Organizations, Higher Education and School Districts to support the mental health and ward off potential crisis for youth in the community. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including ADHD), and eating disorders. With considerations of the pandemic, trainings that were initially scheduled for 2020 were put on hold. During 2020, the developers of YMHFA have been able to convert the curriculum to a digital platform. With that in mind, staff will look to strategizing the implementation of YMHFA across the community in 2022.<sup>34</sup>

#### SOCIAL SERVICES NEEDS

Head Start families, through their participation in our program, work in partnership with Family Advocates to identify, assess and address their personal and family goals. These partnerships are typically achieved through regular communication and home visiting with the families. Family Advocates provide services to families in person either in the home or at another mutually agreed upon location. During the Head Start program year Family Advocates meet with families on a monthly basis, or more depending on the families' needs, in their own homes, at their child's program center, or at another mutually agreed upon location, assisting them to develop individualized goals for themselves and their families.

Child care, employment and finances have increased as identified needs for our families in 2022.<sup>26</sup> Families continue to face ongoing challenges with finding reliable and stable child care which will allow them to maintain stable employment. We know that there are staffing shortages and wage issues that are directly affecting the child care challenges, especially for our families. Results from a quick "pop" survey among both the Broome and Tioga Family Advocates revealed that the most common challenges/barriers that families are struggling with right now in 2022 are lack of child care, maintaining employment, and finding housing.

According to the Office of the Administration for Children & Families Family & Youth Services Bureau, 15.5 million children are exposed to domestic violence every year. Research has shown that 30-60% of children who have witnessed domestic violence in their home are victims of direct abuse themselves. A child is a witness to domestic violence when an act that is defined as domestic violence is done or committed in the presence of, or perceived by the child.<sup>27</sup> Law enforcement responds to approximately 550-600 domestic violence in Broome County in 2021 according to the Division of Criminal Justice Services (no information has been posted for 2022 yet). Of these 946 total reports, 685 were considered intimate partner violence.<sup>28</sup>

According to Crime Victims Assistance Center, Inc., in 2022 they provided services for 82 children with allegations of child physical abuse; 383 children with allegations of child sexual abuse; and 26 children who witnessed some form of violence. Additionally, CVAC served 282 victims of domestic violence last year. An average of 172 domestic incidents reports are taken each month in Broome County throughout the seven law enforcement jurisdictions, not including NYS Police.<sup>29</sup> Additionally, the Department of Social Services 2021 Annual Report indicates that there were 3,989 reports made of alleged abuse or maltreatment in Broome County, up slightly from last year. Child Protective Services is responsible for receiving and investigating all reports of child abuse and neglect.<sup>30</sup>

Violence of all forms has been increasing throughout the country. More than ever there continues to be a need for Head Start to support and assist families. Based on the data it is clear that families are struggling therefore we need to continue working to enhance family

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engagement techniques and strategies so that we can adequately support families, especially those with limited access to resources.

Finding support to strengthen parenting skills also continues to be an area of interest for our families. Through their participation in Head Start, families are offered ongoing support and resources about parenting and child development. By engaging in the family services that are offered, families can also regularly receive information about different parenting workshops and support groups that are being offered throughout the community.

2022-2023 Family Needs Data in Droome & Hoga H5/EH5		
Need Area	BROOME	TIOGA
Housing/Basic Needs	33	19
Education	20	9
Job/Job Training	37	10
Employment	55	18
Finances	53	18
Relationship Skills	6	13
Literacy	9	1
ESL	18	0
Family/Domestic Violence	6	2
Counseling	20	11
Substance Abuse	0	2
Child Care	31	29
Networking	28	12

2022-2023 Family Needs Data in Broome & Tioga HS/EHS

#### Child Care Needs

Head Start families continue to find it very challenging to find adequate and affordable child care. According to the 2022 Broome County Family Profile completed by Family Advocates, 10% of families in Broome and almost 50% of our Tioga HS/EHS families indicated that they are in need of childcare. These numbers have increased over the last year. The Family Profiles completed by Family Advocates also noted that 7.4% families in Broome and about 12% in Tioga are actively working on obtaining reliable child care.<sup>31</sup> Through interviews with current families and staff as well as input from the Child Care

Resource and Referral service at Family Enrichment Network, obtaining reliable and adequate child care remains a need in our community. Many families indicate that they are not able to work or can only work limited hours due to not having child care for their children during non-program hours or when classrooms are forced to close due to staffing issues. Staffing shortages continue to plague early childhood programs across the country, and Broome and Tioga counties are no different. Child care facilities do not have the proper staff to maintain ratios, which in turn is causing them to not have as many available open slots. The hours of many facilities have also been affected causing families to have to adjust their work schedules or remain unemployed due to the hours of child care available. The child care need in both counties is urgent and going unmet especially for families who need to work and need to have appropriate care for their children.

#### **Employment Needs**

True welfare reform comes from a climate that encourages work, and it is necessary to have support systems in place so the environment is conducive to entering the workforce. A need still exists for low skill/entry level jobs for people with little or no work experience and limited education. Broome County Department of Social Services' Welfare to Work Unit offers programs and services to help benefit recipients work towards stable employment and self-sufficiency goals. Programs available include training on job searches, job development, assessment and planning, job readiness, placement and retention services. <sup>32</sup>

According to the latest available statistics from Broome County Department of Social Services Annual Report 2021, Temporary Assistance caseloads decreased by 237 in all categories as of December 2021; Family Assistance, Safety Net, and Emergency programs saw a decrease in applications by 10% with approved cases decreasing by 6%; denied and/or withdrawn cases decreased by 5%; additionally, an increase of 457 in other cases were open/closed, reopened, or reactivated.<sup>33</sup> Tioga County Department of Social Services' 2021 Annual Report indicates many "challenges were overcome" including turnover, limited staffing, hiring and training of new staff, new equipment, programming, and added funding. Work experience programs did not start up again until October 1, 2021. Cash assistance cases decreased by 50%; Safety Net averages decreased by 14%; Daycare caseload averages decreased by 100%. Overall, in 2021, Career Center staff assisted with 7858 phone calls.<sup>34</sup>

Currently, 88% of Broome County, and 73% of Tioga County Head Start and Early Head Start families work full-time or part-time; 40% of Broome County and 14% of Tioga County families receive either partial or full public assistance; 8% of Broome County and 37% of Tioga County families have other sources of income (SSI/SSD/SS).<sup>35</sup>

Broome County Transit maintains 17 fixed routes throughout the urban sectors of the Triple Cities with over 700 bus stops. Many of these routes operate seven days a week with weekday hours continuing until approximately 10:00 p.m., Saturday hours end by 7:00 p.m. and Sunday hours end by 5:00 p.m. Broome Transit services include specialized routes to corporate/industrial plants, shopping centers and recreational parks.<sup>36</sup> Broome County Transit received a federal grant in June 2021 to purchase six long range battery electric zero emission buses in 2023, replacing older diesel-fueled vehicles. The "green" buses feature powertrain components made locally by BAE Systems of Endicott, New York.<sup>37</sup>

In an article in the *Press and Sun Bulletin* September 15, 2014, Tioga County Legislators voted unanimously to halt public transportation as of November 30, 2014. The decision was made after legislators were unable to find an alternate resolution to the drop in ridership, after rescheduling and changing routes in hopes of providing better services to

residents. New York State took over scheduling transportation for Medicaid patients in 2013, preferring to use taxi services over public transportation. This change of Medicaid services caused a drop in ridership from approximately 1000 per month to zero in January 2014. The state agreed to offset unexpected costs as a result of the change for 2014 but was not expected to go beyond that.<sup>38</sup> The main source of transport within Tioga County is private vehicle, taxi or Uber, where available, or reliance on family or friends.

While a majority of our parents have achieved a GED, high school diploma or higher level of education, not having a high school diploma, GED, or specialized skill does hinder a job seeker from obtaining employment, which would enable them to become self-sufficient. Minimum wage was increased to \$14.20 per hour in the upstate New York region, as of December 31, 2022, almost double the federal minimum wage of \$7.25 per hour.<sup>39</sup>

According to the New York State Department of Labor website's "Labor Market Briefing, Southern Tier, December 2022", the Southern Tier Region has gained 4400 jobs over the past year. Of the recent job gains, 2400 have been in the Leisure & Hospitality, Trade, Transportation & Utilities, and Government areas. New York State's unemployment rate, 3.8% in December 2022, exceeds the Southern Tier Region's rate of 3.2%. Unemployment claims in Broome County have decreased from December 2021 to December 2022: Broome saw a decrease of 100 with Tioga County remaining the same.<sup>40</sup>

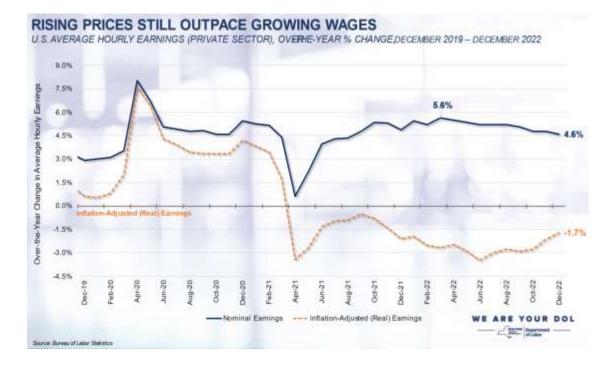
Christian Harris, NYS Department of Labor Southern Tier Regional Analyst, shared the following information:

• Population has increased by 3.6% since 2017 and is expected to increase an additional 6.3% by 2027.

- Between 2017 and 2022 jobs have declined by 6.7%, which fell short of the national growth rate of 2.4%, making the labor force participation rate decrease 3.4%.
- 15.5% of Broome County residents possess a Bachelor's degree, 5.4% below the national average; 13.2% of Broome County residents hold an Associate's degree, 4.4% above the national average.
- Median household income is \$52,200, 20% below the national average.

Population characteristics locally compared to same size areas nationally, include:

- 17% less Millennials, ages 25-39.
- 12% higher Retiring soon, ages over 55.
- Racial diversity, 56%, is significantly lower.
- Veterans percentage is equivalent to other areas.
- Violent crimes per 1,000 people are slightly less in this area while property crimes per 1,000 people are 20% higher, locally.<sup>41</sup>



#### **Employment and Training Resource**

All persons should be informed about employment and training programs provided by the Broome-Tioga Workforce New York office, with two locations:

- Broome Employment Center, 171 Front Street, Binghamton, New York
- Tioga Employment Center, 1062 NY-38, Owego, NY 13827

Individuals seeking new or better jobs are provided with job leads and job search training to be able to compete for jobs meeting their qualifications. Short-term training programs are offered to individuals pursuing employment in selected fields, such as health care, manufacturing and customer service, while others could be considered for longer-term educational/vocational training.<sup>42</sup>

#### **COMMUNITY RESOURCES AND STRENGTHS**

#### **Enrichment Programs for Children**

Enrichment programs provide young children with experiences that allow them to express feelings, gain new skills, and grow in confidence. Within Broome and Tioga County, numerous programs offer enrichment activities for preschoolers. Many require an admittance fee, which often prohibits families of low income from participating. Accessibility for families without transportation also presents an additional challenge. The following is a list of the programs within the county, which offer special enhancement activities for young children.

#### **CHILDREN'S MUSEUMS**

• Roberson Center of Arts and Sciences 30 Front Street, Binghamton, 772-0660

Permanent and changing exhibits of art, history, folk life and natural history, hands-on science gallery. Many special activities are organized. Virtual tours and art classes available over zoom.

Planetarium show schedules are listed on their website. COVID-19 Safety Precautions in place are encouraged mask wearing, plexiglass panels are installed at the admissions desk and check out, limited on-site contact by offering cashless payment options, frequent cleaning of high-touch surfaces is conducted throughout the day, hand-sanitizer units stationed throughout the museum, and enhanced ventilation.

#### Museum Cost:

Children 4 and under with an adult..... Free

Students and Seniors (62 & up).....\$6.00 Adults.....\$8.00

#### Museum Hours:

•	&Closed & Thursday12:00-5:00
p.m.	
p.m. Saturday &	Sunday12:00-5:00
p.m.	

#### WORKSHOPS FOR 4S AND UNDER

• **Discovery Center of the Southern Tier** 60 Morgan Road Binghamton, 773-8661

The Discovery Center is an interactive hands-on museum for children and their families.

Museum Cost:		Museum Hours:
Under YearFree	1	TuesdayClosed
General Admission\$10.00		Monday - Friday11:00 a.m3:00 p.m.
		Saturday & Sunday10:00 a.m5:00 p.m.

- If Binghamton City School District is closed due to weather; the Discovery Center is also closed.
- Open to all on school holidays.
- The first and third Friday of every month from 4:00p.m.-7:00p.m has free admission.
- The Story Garden is open every day from dawn-dusk.
- Advanced online reservations for admissions are required from everyone.

# Waterman Conservation Education Center

403 Hilton Road, Apalachin, 625-2221

Anyone is free to walk through the trails and gardens and explore the Education buildings. Trails are open dawn to dusk daily. Center Hours:

Monday-Friday9:00	a.m4:00
p.m. Saturday10:00	a.m4:00
p.m. Sunday	. Closed

#### • Finch Hollow Nature Center

1394 Oakdale Road, Johnson City, 773-8661

Fun for children ages three through five. Natural history museum with approximately 1 mile of scenic, easy to walk nature trails winding through field, pond, and wooded habitats.

Center Cost:	Center Hours:
Free; additional programs at a cost	Monday-Sunday8:00 a.m6:00 p.m.

Trails and grounds are open daily from sunrise to sunset.

#### LIBRARIES AND STORY HOURS

• **Broome County Public Library** 185 Court Street, Binghamton, 778-6400

All in person library programs are canceled until further notice but various virtual activities are available. The library offers an array of activities for toddlers, preschoolers, and school aged children. Scheduled events and activities for children can be found on their website, registration is required.

Cost:	Library Hours:		
Free with library card	Monday-Thursday9:00	a.m8:00	)
	p.m. Friday-Saturday9:00 p.m.	a.m 5:00	)

<u>Winter and Summer Reading Program</u>: designed for families to encourage life-long reading habits while we are stuck indoors. Sign up for a free account and then start reading books and completing activities at home to earn points. Once you have earned enough points, you will receive a completion certificate, and you will be entered into a drawing to win prizes! Stop by the Children's Desk to sign up.

<u>1000 Books Before Kindergarten</u>: The concept is simple, the rewards are priceless. Read a book (any book) to your newborn, infant, and/or toddler. The goal is to have read 1,000 books (yes you can repeat books) before your precious one starts kindergarten. Register for the program 1000 Books before Kindergarten with us, and then start reading to child. Stop by the Children's Desk to register. Caregivers will receive a reading log to start tracking the

number of books read. Return your reading log to the Children's Desk for a prize each time 100 books have been read.

#### • George F. Johnson Memorial Library

1001 Park Street, Endicott, 757-5350

Visits are limited to three hours per day due to COVID-19. Virtual educational resources available on GFJ library's YouTube channel which include: Share a Story series, Crafternoons videos, and the Basic Drawing with Brooke class.

Library Hours:

Monday-Thursday......9:00 a.m.-8:00 p.m. Friday & Saturday.....9:00 a.m.- 5:00 p.m.

<u>Take & Make Crafts</u>: Stop by the children's room to pick up our current take and make craft or check our Facebook page for more details!

<u>Virtual Story Times</u>: Each includes a story, an activity and more! Subscribe to be notified when a new story time is released.

<u>GFJ Library's YouTube Channel</u>: Lots of fun, original videos for kids including our Share a Story series, Crafternoons videos, and the Basic Drawing with Brooke class.

#### • Vestal Public Library

320 Vestal Parkway East, Vestal, 754-4243

Library Hours:

Monday-Thursday......9:00 a.m.-8:00 p.m. Friday......9:00 a.m.- 5:00 p.m. Saturday.....10:00 a.m.-4:00 p.m. Sunday....Closed

<u>Preschool Storytime</u>: Mondays at 10:30 a.m. Preschool story time is for ages 2-6. We will read stories, sing songs, and do a craft. No registration required.

Tiny To Storytime: Thursdays at 10:00 a.m.

Story time and playtime for ages 0-3 that focuses on engaging and socialization skills. No registration required.

Lego Club: Join us on the first Tuesday of each month for Lego Club! 4:00- 5:00PM open to ages 7-12 Registration Required! Sign up in person or by calling youth services at (607)754-4243 ext. 3

Each month we will build new Lego creations based on a challenge. Creations will then be put on display in the library! All Legos provided.

• Barnes & Noble 2443 Vestal Parkway East, Vestal, 770-9505

Children's Story Time – Wednesdays at 11:00 am

• Coburn Free Library 275 Main Street, Owego, 687-3520

Cost:

Free with library card and preregistration

<u>Library Hours:</u> Monday, Wednesday, Friday...10 a.m.-5 p.m. Tuesday, Thursday......2 p.m.-7 p.m. Saturday.......1 p.m.-4 p.m.

<u>AARP Tax Help</u>: AARP will return to Coburn Free Library in 2023. For information for this year's tax free tax prep, please contact the Tioga County Community Center. Coburn is providing the location but the Community Center is handling all scheduling.

<u>Tech Support Tuesdays</u>: APPOINTMENT REQUIRED. Call the library or register below to make an appointment. Program lasts from 2pm-3pm. One on one support provided for: - Computer/laptop questions, -Help downloading to your Kindle, -Smart phone issues, -Other technology queries. Patrons ages 65+ will receive priority and will automatically move to the front of the queue. Best of all...It's FREE!

<u>Mystery Book Club</u>: Registration required. Calling all mystery enthusiasts! Every month members meet to discuss the selection(s) of the month. Join us for an hour of lively banter and fun. The first Wednesday of each month at 10:15 a.m. This group sometimes meets outdoors during nice weather so be sure to register if you are a newcomer to the group. We will make sure you are added to the group information list. Happy reading!

<u>Early Literacy Storytime</u>: On Wednesdays at 10:15 AM we share our favorite picture books with children ages birth to 5 and their parents or caregivers. Join our group each Wednesday at the library. Don't be surprised to learn a few finger plays and active nursery rhymes. Our story times are built around books and engaging readings but also include movement, song, literacy skills, and play. I'd say that's great for all ages.

<u>Lego Club</u>: Registration is required. On the First Tuesday of each month at 5:30 p.m., participants use Lego to make creations inspired by monthly challenges! We provide the Legos, you provide the imagination! Children must be old enough to responsibly use Legos. Younger kids will be given Duplo blocks. All children must be accompanied by an adult.

Paint and Learn: Registration required. On the Second Saturday of every month from 2:00-3:30 p.m. Exercise your creativity at Coburn Free Library, where learners evolve! During Paint and Learn, local artist Sandy Morris teaches basic painting techniques and helps participants unleash their inner artists. No experience required. All materials are provided at no cost. Wear clothes you can paint in! We start at one and paint until done. <sup>(C)</sup> Donations to support our programming efforts are happily accepted. Register online, by phone (687-3520), or by visiting the library. <u>Other programs and events</u>: Throughout the year, we also host a variety of different events, such as "Polar Express Pajama Party", teen theater, crafting programs, educational events, summer reading programs, and more. Check back to our events calendar frequently so you don't miss out!

# Tappan-Spaulding Memorial Library CP 1 Start Number 1 (12) 0000

6 Rock Street, Newark Valley, 642-9960

Library Hours:

Monday	1:00 p.m6:00 p.m.
Tuesday	9:00 a.m2:00 p.m.
Wednesday	1:00 p.m6:00 p.m.
Thursday	9:00 a.m2:00 p.m.
Saturday	9:00 a.m2:00 p.m.

Tappan-Spaulding Memorial Library will close whenever Newark Valley School District closes for bad weather.

#### • Waverly Free Library

18 Elizabeth St Waverly, 565-9341

Library Hours:

Tuesday	10:00 a.m7:00 p.m.
Wednesday&Thursday	10:00 a.m5:00 p.m.
Friday	10:00 a.m4:00 p.m.
Saturday	.10:00 a.m2:00 p.m.

# PARKS

• County

All Broome County Parks are free

- o Aqua-Terra Park: Maxian Road, Town of Binghamton, 778-2193
- o Nathanial Cole Park: Colesville Road, Harpursville, 693-1389
- o Greenwood Park: Greenwood Road, Lisle, 862-9933
- o Otsinigo Park: Bevier Street, Binghamton, 778-6541
- o Hawkins Pond Nature Area: Scouten Hill Road, Windsor, 693-1389
- o Dorchester Park: NY Rt. 26, Whitney Point, 692-4612
- o Roundtop Picnic Area: Roundop Park Street, Endicott, 778-6541

#### Ross Park Zoo

60 Morgan Road, Binghamton, 724-5461

More than 200 birds, reptiles, and mammals on the 25-acre site. Zoo includes Carousel museum, playground, and picnic pavilion. America's 5th oldest zoo!

# Cost:Hours:2 years and under.....FreeDaily from 10:00 a.m-4:00 p.m.3-11 years.....\$7\*Last ticket sold one hour prior to closing.

12 years - Adult	\$9
Senior (over 55)	
College Student & Military ID	\$8
Group Rate (10+ people)	\$6/person
Carousel RideFree with a	admission
Picnic and Playground	Free

### **U-PICK FARMS & ANIMAL FARMS**

Animal farms, farm markets (some with apple & berry picking) & gardens in Broome County.

#### **Broome County**

• Apple Hills

131 Brooks Road, Binghamton, NY. Phone: 607-729-2683 Email: applehills@stny.rr

Various apples, blueberries, cherries, raspberries, strawberries, petting zoo, gift shop. Have a unique party at Apple Hills! Our Activity Room is full of things that allow kids to explore with their imagination and learn. Kids have their own Make-Believe Market, Apple Sorting Process, Apple Picking, The Great Purple Puff Ball Pool, The Corn Bin, Roller Racers, and Basketball. Add a Wagon Ride to the orchard for some fresh picking, and it is the best party a kid could have!

#### • Cascade Valley Farm Blueberries, 49 E. Bosket Rd, Windsor, NY 13865. Phone: 607-655-1693. Email: yram1@tds.net

This is a beef and blueberry farm. During mid-July through August, you can pick fresh blueberries at only \$1.00 a pound. Beef is available by the full cow.

Hours:

Open: Call for hours and availability.

Frosty Mountain Blueberry Farm

196 Bull Creek Road, Whitney Point, NY 13862. Phone: 607-692-4356. Email: frostymtn@yahoo.com

Uses Integrated Pest Management, blueberries, pre-picked produce, restrooms, picnic area.

Hours:

Open: Mid July – August

#### • Lone Maple Farm

2001 Hawleyton Road, Binghamton NY, 13903. Phone: 607-724-6877. Email: info@lonemaplefarm.com.

U Pick Apples, strawberries. We DO NOT USE PESTICIDES on our strawberries.

#### Farm Market Hours:

April 29 – October 31, 2023.....10 a.m.-6 p.m.

#### • North Windsor Berries

1609 NY Rte. 79, Windsor, NY 13865. Phone: 607-655-2074.

Open: Seasonal, Monday through Saturday 10am to 6pm; Please see website for additional seasonal hours.

#### • Side Hill Acres Goat Farm

79 Spencer Road, Candor, NY 13743. Phone: 607-659-4121

Call ahead to arrange a free tour to see how they make the cheese and learn more about the goats.

- Two local farms put on elaborate, **free displays at Halloween time**. Check out their web pages for spring/summer fun.
  - <u>Jackson's Pumpkin Farm</u> is in Campville, which is between Endicott and Owego. Look for the free playground.
  - Iron Kettle Pumpkin Farm is in Candor, past Owego has pumpkins are dressed up as children's favorite characters and nursery rhymes scenes. Bring your cameras! It is usually very crowded on weekends. Go during the week if you can.
- Check out Cornell Cooperative Extension--Broome County for some more great activities, including the Broome County Open Farm Weekend the first weekend in October, FREE.

#### Tioga County

• Gary's Berries - Blueberries Route 17C (5-mile E of Owego & 7-mile W of Endicott on old Route 17C) Campville, NY 13760. Phone: (607) 341-1399.

Open: July-August, call for days and times.

• Iron Kettle Farm - Strawberries, peas, tomatoes Route 96 (S of village) Candor NY 13743.

Open: Seasonal: Please see website for additional seasonal hours.

Locust Woods Farm – Blueberries
 420 Dawson Hill Road (2 mile from Route 96 & Dawson Hill intersection) Spencer NY
 14883. Phone: 607-589-4502.

Open: July-September

• Maple Tree Gardens - Strawberries, beans, peas, chili peppers 16 NY-96, Owego, NY 13827 Phone: (607) 687-5917

Open June-August, daily 10 a.m.-6 p.m.

• **Stoughton Farm** - raspberries, beans, peas Rt 38 North (N of golf course) Newark Valley, NY 13811. Phone: 607-642-3675. Email: info@stoughtonfarm.com.

Hours:

Open April 25 – November 21 Hours are seasonal, please see website

Farm Market, U-pick, and Corn Maze may have different hours

#### LARGE MOTOR ACTIVITIES

• Skate Estate 3401 Vestal Road Vestal, New York 13850. Phone: (607) 797-9000

Open Skate, Birthday Parties, Arcades, Miniature Golf, Water Slide, Laser Tag

Hours:

Monday	Closed
Tuesday	6:00 p.m9:00 p.m.
Wednesday	12:00 p.m8:00 p.m.
Thursday	10:00 a.m8:00 p.m.
Friday & Saturday	10:00 a.m10:00 p.m.
Sunday	10:00 a.m6:00 p.m.

<u>Trike, Trot and Roll</u>: Wednesday-Friday 10am-12pm; Saturday and Sundays from 10am-1pm. Just \$6 admission that also includes a popcorn snack and drink. Run, walk, skate or ride your favorite toy or scooter on our skate floor. All shoes and toys must be dry! Toys not provided. (7 years old or younger only). This is strictly enforced. We also have available the Trike, Trot and Roll Party package for children turning 7 and younger. These may be scheduled during any Trike Trot and Roll session. No Bicycles or motorized scooters/toys allowed!

#### • Hidy Ochiai Foundation

317 Vestal Parkway West, Vestal, 748-8480 Classes for Karate and Cardio Kickboxing offered throughout the week.

#### • FMK Karate

782 Chenango St, Binghamton, 723-9624 Classes for Karate, Cardio Kickboxing and Zumba offered throughout the week.

#### • Fairbanks Tang Soo Do

604 Vestal Parkway West, Vestal, 372-0936 Pre-K Karate for children ages 2-4

• Dancescapes Performing Arts, LLC 14 Willow Street, Johnson City, 729-4783 Classes available in ballet, jazz, tap, lyrical/contemporary, acro, and hip hop. Recreational and competitive classes offered. Fee varies depending on the number of classes taken.

• The Ice House Sports Complex

614 River Road, Binghamton, 607-343-2520 Public skating, open hockey, hockey camps, groups, and parties available. Cost varies depending on the activity.

### • SUNY Broome Ice Center

901 Front Street, Binghamton (SUNY Broome Community College) 778-5423.

#### • Chenango Gymnastics

120 Chenango Bridge Road (RT 12-A), Binghamton, 648-7366

- Mom Pop and Tot (2-3.5 yrs.)
- Preschool (3.5-5 yrs.)
- All Ability (5 & up)
- (Ninja) Warrior (5 & up)

Call for fees and schedules

#### • Head Over Heels Gymnastics

541 Vestal Parkway West, Vestal, 754-6454

Various Preschool (1-4) and School Age (5-18) classes available Call for fees and schedules

# • Owego Gymnastics:

48 State Route 38, Owego, 687-2458

<u>Lions</u> - 1 & 2 years old (walking) a half-hour class once a week where the parent helps the child on preschool equipment with the guidance of our coaches. This class will help young children to get ready for the Preschool experience. Cost: \$32 monthly School Year Times: (Sept 2022 - June 2023) Tues: 10:00-10:30 am or Wed: 5:30-6:00 pm

<u>Tigers</u> - 3 & 4 years old (must be potty trained)A forty five minute class that works on coordination, muscular development, attention span, following directions and interaction with other children. Learning through gymnastics those skills needed to be successful in Preschool. Cost: \$49 monthly. School Year Times: (Sept 2022- June 2023) Tues: 10:45-11:30 am; Wed: 4:45-5:30 pm; or Sat: 9:30-10:15 am

<u>Bears</u> - 5 & 6 years old (Girls)An hour class one time a week which teaches not only the fundamentals of gymnastics, but also targets coordination, attention span and listening skills. Cost: \$60 monthly School Year Times: (Sept 2022 - June 2023) Mon: 4:00-5:00 pm; Thurs: 5:30-6:30 pm; or Sat: 10:15-11:15 am

<u>Tornadoes</u> - 5 years old & up (Boys)An hour class one time a week that utilizes all pieces of gymnastics equipment, as well as related gymnastics activities including trampoline, minitramp, ropes, etc. to teach the beginning fundamentals of gymnastics for boys. Cost: \$60 monthly School Year Times: (Sept 2022 - June 2023) Mon: 4:00-5:00 pm <u>Diamonds</u> - 7 years old & up (Girls) An hour class one time a week that utilizes all pieces of gymnastics equipment, as well as dance and related gymnastics activities including tumble track, mini-tramp, etc. to teach the beginning fundamentals of gymnastics. Cost: \$60 monthly School Year Times: (Sept 2022- June 2023) Mon: 5:15-6:15 pm: Wed: 6:15-7:15 pm; Sat: 10:15-11:15 am

<u>Advanced Diamonds</u> - 7 years old & up (Girls) A ninety minute class one time a week that utilizes all pieces of gymnastics equipment, as well as dance and related gymnastics activities including trampoline, mini-tramp, ropes, etc to teach more advanced gymnastics skills.

Cost: \$77 monthly School Year Times: (Sept 2022- June 2023) Mon: 6:15-7:45 pm

<u>Kids R Special (Children with Special Needs)</u> - A 45 minute class to help with physical activity, socialization, coordination and other skills. Individual activities to help with the goals of each child. An adult or parent is encouraged (but not required) to participate with the attending child. Unfortunately, this class cannot accommodate siblings in the gym during class time.

Cost: \$49 monthly School Year Times: (Sept 2022- June 2023) Wed: 4:00-4:45 pm

<u>Little Ninjas</u> (4 -6 year olds) - This program combines gymnastics and martial arts to teach confidence, self-control, focus, balance, and improve flexibility. It forms the foundation for any athletic endeavor while having fun!

Cost: \$49 monthly School Year Times: (Sept 2022 - June 2023) Mon: 6:00-6:45 pm or Tues. 4:00-4:45 pm

# PARENT RESOURCE CENTERS

Designed as a place for children and parents to engage in a variety of activities while providing support, resources, and parenting topics. Cost: Free

- <u>Binghamton PAL Family Resource</u> Center at 457 State Street, Binghamton 771-6334
- Family Resource Center at 601 Columbia Drive, Johnson City (423)434-5275
- o Endicott Family Resource Center at 200 Jefferson Ave, Endicott 760-5755
- o Owego Family Resource Center at 72 North Ave, Owego 687-1571
- o <u>Waverly Family Resource Center</u> at 460 Broad Street, Waverly 565-2374
- o Norwich PAL Family Resource Center at 27 W. Main Street, Norwich, 334-8909
- Lourdes PACT 584-4500 (Broome County) and 687-6145 (Tioga County)

# ADDITIONAL PROGRAMMING FOR CHILDREN

Workshops and classes are offered for children of all ages at the following locations. Cost for participation varies.

- Boys and Girls Club of Binghamton
- Tioga County Boys and Girls Club

- SUNY Broome Community College Classes for Youth
- Jewish Community Center
- Town of Union Recreation Department
- Town of Vestal Recreation Department
- Southern Tier Gymnastics Academy
- Binghamton YMCA
- Johnson City YMCA
- Cornell Cooperative Extension
- Binghamton YWCA
- Endicott Performing Arts Center
- Uncorked Creations Art Studio & Gallery (Binghamton)

#### SOCIAL SERVICE RESOURCES

#### Counseling Services

- ACCORD (Broome and Tioga) lends support to families involved in the court system. Court Appointed Special Advocate program provides services to families navigating the family court system; families are assigned by the court. Also provides Mediation services.
- **Binghamton General Hospital** provides outpatient mental health services for adults only.
- **Broome County Mental Health Services** provides services to adults for mental health, mental retardation and developmental disability, alcohol and substance abuse.
- Catholic Charities Functional Family Therapy provides short-term home-based counseling services for families with children ages 11 18 who are at risk of placement.
- Catholic Charities Gateway Center for Youth provides short-term individual counseling, group counseling and anger management group for youth.
- Catholic Charities Family Counseling Program provides psychotherapeutic counseling to individuals and families.
- **Community Connections Center, Endicott** provides counseling, advocacy, and community supports for UE students and their families.
- Family and Children's Society of Broome and Tioga Counties provides family and mental health counseling, sexual abuse treatment program, school based family support centers. Now accepting Medicaid.
- Greater Binghamton Health Center provides counseling and support services for children and adults.
- Mental Health Association of the Southern Tier, Inc. provides prevention and intervention services to address the needs of families that have a child with social, emotional or behavioral issues. Programs provide support, education, and advocacy in a strengths-based, individualized care approach.
- Men's Work Batterers Intervention Program
- Lourdes Mental Health Juvenile Justice identifies youth within the criminal justice system with mental health and substance abuse issues and coordinates needed services.
- Samaritan Counseling Center provides individual, family and marital counseling.
- Lourdes Center for Mental Health specializes in services for adolescents age 12 21.

• **Tioga County Mental Hygiene** - Offers Tioga County residents a comprehensive continuum of counseling services and supports for individuals of all ages and families coping with emotional problems, mental illness, marital issues, depression, alcoholism and substance abuse.

#### **Support for Victims of Violence**

- **RISE** emergency housing, counseling, advocacy and support for those experiencing domestic violence.
- Crime Victims Assistance Center counseling, advocacy, and support for victims of violence. Also provides community-wide education about child abuse, sexual assault, rape, elder abuse, and domestic violence.
- Crime Victims Assistance Center CAP (Child Assault Prevention) offers education to elementary school children, teachers and parents about children's rights to be safe, strong and free. Provided in local schools.
- **Crime Victims Assistance Center** Girls Circle and Safe Date programs offers youth education for teens emphasizing personal safety, healthy dating relationships and positive self-esteem.
- Crime Victims Assistance Center Safe Harbour Program works to promote awareness and identification of youth trafficking, and provides comprehensive services to potential victims of commercial sexual exploitation
- Family & Children's Society provides clinical counseling services to battered women and children.
- **Broome County Family Violence Prevention Council** coordinates child abuse, elder abuse and domestic violence education, intervention and prevention services through the efforts of a multi-disciplinary council and other subcommittees.
- A New Hope Center provides hotline, counseling, advocacy and shelter. Soon they will also be providing supervised visitation.

# Alcoholism & Substance Abuse

- A.A., AL anon & Alateen programs provide peer support for alcohol and substance abusers and their families.
- Addiction Center of Broome County provides substance abuse outpatient treatment for individuals and families.
- **Fairview Recovery Services** provides supportive services to individuals with chemical addictions including intensive case management, supportive living and crisis center.
- **Mental Health Juvenile Justice** identifies youth within the criminal justice system with mental health and substance abuse issues and coordinates needed services.
- Salvation Army Adult Rehabilitation Center provides in-house, long-term drug and alcohol rehabilitation program for men.
- United Health Services New Horizons program provides substance abuse in-patient treatment for individuals, outpatient services, and six-month follow-up services.
- Tioga County Mental Hygiene Substance Abuse & MICA (Mentally Ill Chemical Abuser) program provides Intensive Outpatient program, beginning treatment and education, and ongoing care.

• **Trinity TCASA** – provides prevention education programs in schools and the community that focus on substance abuse, gambling, bullying, and violence prevention.

#### Youth Programs

- Mothers & Babies Perinatal Network Youth Services provides 6th, 7th, and 8th grade classroom presentations addressing topics of "building healthy relationships", "parenting can wait", and "making good decisions."
- **Broome County Urban League** operates an after school youth enrichment center providing youth development activities and tutoring. Also provides a summer enrichment program for youth ages 5-11.
- **Broome County Public Library** Youth services department organizes youth and family literacy activities and events.
- **Boys & Girls Club of Binghamton** provides youth development activities for youth of all ages, school-age child care program, and sports, recreation and fitness program for all ages.
- **Boys & Girls Club of Western Broome Family Center** provides youth development activities for youth of all ages, school-age child care program, and sports, recreation and fitness program for all ages.
- **Tioga County Boys & Girls Club** provides youth development activities for youth of all ages, school-age child care program, and sports, recreation and fitness program for all ages.
- Cornell Cooperative Extension Broome County Citizen U Project youth development program promoting citizenship, community action and community improvement.
- **Cornell Cooperative Extension Broome** County 4-H Youth Development provides an experiential learning youth education program for boys and girls ages 5-19. It provides practical life skills education in healthy lifestyles, citizenship and Science, Technology, Engineering and Mathematics (STEM).
- **Cornell Cooperative Extension Tioga County** 4-H Youth Development provides an experiential learning youth education program for boys and girls ages 5-19. It provides practical life skills education in healthy lifestyles, citizenship and Science, Technology, Engineering and Mathematics (STEM).
- **Discovery Center** hands on museum and learning environment for children. After school program available.
- Liberty Partnership Program provides case management, tutoring/mentoring, counseling and summer enrichment activities for at-risk youth identified by local high schools.
- **YMCA** provides youth development activities for youth of all ages, school-age child care program, and sports, recreation, and fitness programs for all ages.
- **Tioga/Tompkins County Youth Engagement Services Program YES Club** works with youth in grades 8 through 12 within Newark Valley High School to minimize barriers that impede school performance, improve attendance patterns, improve grades and passing rates, minimize disciplinary issues, and provide additional alternative academic experiences to increase student success.

- **Tioga/Tompkins County Youth Engagement Services Program YES Mentoring** supports youth who are engaging in at-risk behaviors and could benefit from one-on-one mentoring from a local volunteer mentor.
- **Family Planning of SCNY** Family Planning's school and community-based programs for young people share medically accurate, age-appropriate curriculum about avoiding pregnancy, sexually transmitted diseases (STDs), and HIV infection. These educational components are part of a broader program that shares information about healthy relationships, effective communication skills and sexual activity as part of a healthy relationship
- Children's Home of Wyoming Conference Southern Tier Community Center community center for children and families, school aged child care activities, recreation activities, and indoor pool.

# Services/Programs for Families

- Healthy Families Broome sponsored by the BC Health Department this program offers voluntary home-based services to support expectant families and new parents with the changes and needs that often come with pregnancy and the birth of a new child. Home visitors may work with families up until the child enters school or Head Start.
- UHS Stay Healthy Center provides RN support and breastfeeding support
- Lourdes Ascension Program each primary care associates office now has a registered dietician available to work with clients
- **Broome County Health Department Traffic Safety Program** provides education on car seat safety, bike safety, and other traffic safety topics
- Mothers & Babies Perinatal Network of the Southern Tier Binghamton (PAL) Family Resource Center – a free place to play with your child, find answers to your questions on child development, attend a parenting class, access the resource library for parenting information or children's books, a place to talk with other parents and caregivers, find out about community services, and attend programs on topics you want to learn more about.
- Cornell Cooperative Extension Tioga Family Resource Centers provides drop-in play space, lending library, play groups and parenting education.
- Family Reading Partnership of Owego Apalachin Provides new and used books to children in the Owego Apalachin school district via Bright Red Bookshelves throughout the community.
- **Parents and Children Together** (**PACT**) provides parent education and support through home visiting to Binghamton parents with children ages 0 3 years. Also organizes and hosts Conscious Discipline® parenting and discipline classes for parents and caregivers.
- Lourdes PACT (Broome and Tioga) provides a home visitation family strengthening program for teen parents or first-time parents from pregnancy through child's first 3-5 years.
- **Catholic Charities Early Childhood STEP Parenting Classes** offers free parenting classes using the Systematic Training for Effective Parenting (STEP) model.
- Mothers & Babies Perinatal Network of the Southern Tier promoting health and education for women, infants, pregnant women and families. Also organizes and hosts Conscious Discipline® parenting and discipline classes for parents and caregivers.

- Mothers & Babies Perinatal Network of the Southern Tier Facilitated Enrollment Program – provides assistance with health insurance coverage through NY's public health insurance programs.
- Mothers & Babies Perinatal Network PAL Family Resource Center Clothing Closet provides families in need with gently used clothes.
- Broome County Department of Social Services Families First Anger Management and Parenting Classes – open to families with a DSS Services case and provide educational classes about anger management and parenting.
- AGAPE (Adoption and Guardianship Assistance Program for Everyone) A free support, information and educational program open to all adoptive families and relative caregivers who have custody or guardianship of children.

#### **Programs for Families with Children with Special or High Needs**

- Children's Home works in partnership with the Department of Social Services to provide family, foster care and preventive services.
- **Broome County Department of Social Services Families First** provides intensive case management to families DSS referred. Also provides Anger Management groups for adults.
- **ImPACT Program Lourdes** for families with a child 0-10 years living in Broome County with an open DSS Services Case for the purpose of averting a disruption of the family which will or could result in the placement of a child in foster care, enabling a child who has been placed in foster care to return to his family at an earlier time than would otherwise be possible; or reducing the likelihood that a child who has been discharged from foster care would return to such care.
- **Broome County Health Department** Early Intervention Program- coordinates and provides special services for children under the age of 3 years old.
- **Tioga County Health Department** Early Intervention Program- coordinates and provides special services for children under the age of 3 years old.
- **Franziska Racker Center** provides clinical and support services to children and youth with disabilities.
- **Committee for Preschool Special Education (CPSE)** coordinates and provides special services for children ages 3-5 years old.
- Southern Tier Independence Center (STIC) provides assistance and serves people with all disabilities of all ages to increase their independence in all aspects of integrated community life.
- HCA (Helping Celebrate Abilities) provides clinical services, support services, and preschool programs to children.

#### Housing Assistance / Emergency / Crisis Services

- YWCA Young Women's Residential Achievement Program supportive living program for homeless women ages 18 23 years old.
- Metro Interfaith low income housing, assists with improving credit and home ownership.
- Greater Opportunities for Broome emergency housing, furniture and appliance donations, and help with housing, court, and code enforcement.

- **Tioga Opportunities** provides rental assistance, apartments and home repair services. Also coordinates food delivery to many of the county's emergency food pantries and soup kitchens.
- **Cribs for Kids** local chapter for the National Cribs for Kids program that provides education about safe sleep environments and cribs to families in need-provided by Mother's & Babies.
- United Way of Broome County 211 centralized system for community resources and referrals.
- Catholic Charities Teen Transitional Living Program transitional/independent living program for runaway and homeless youth ages 16 21.
- Council of Churches Community Hunger Outreach Warehouse (CHOW) emergency food service to local food pantries, CHOW bus, and infant formula available through referrals from WIC.
- Food Bank of the Southern Tier Pantries and Mobile Food Pantries visit website for a complete list of sites ( www.foodbankst.org)
- Lend-A-Hand assists with rent, utilities, prescriptions furnishings, etc.
- Salvation Army provides clothing, furniture, and housing.
- **Rise** emergency housing for victims of domestic violence.
- **Rescue Mission** supportive/emergency housing for homeless men.
- Volunteers of America emergency housing for the homeless.
- YMCA emergency housing for homeless males ages 18 and older.
- **YWCA** emergency housing for homeless females ages 16 and older.
- **Broome County Department of Social Services** provides comprehensive social services for persons of low-income, and adult and child preventive/protective services, including the PINS (Persons in Need of Supervision) program.
- **Tioga County Open Door Mission** provides outreach that assists individuals and families to obtain food, clothing, furniture, financial assistance, infant items, and shelter for homeless men ages 18 and older.
- **Tioga County Department of Social Services** provides comprehensive social services for persons of low-income, and adult and child preventive/protective services.
- **Catholic Charities** provides services to those in need such as food, clothing and emergency assistance.
- **Tioga County Rural Ministry** provides emergency financial assistance for things such as gas, rent, prescription assistance, and NYSEG shutoffs.
- **The Bridge** a non-profit organization of churches serving Waverly, Athens and Sayre school districts. Provides crisis vouchers for shelter, utilities, food, and transportation. Also operates a furniture and clothing closet.
- Safe Harbour (Crime Victims Assistance Center) provides free & confidential outreach to youth who are at risk of exploitation.
- **Family Enrichment Network Caring Homes** provides financial assistance and case management to homeless families and families at risk of homelessness.
- Broome County ERAP New York State Emergency Rental Assistance Program
- Southern Tier Homeless Coalition Coordinated entry system for those at risk of or experiencing homelessness, mortgage assistance, and rent assistance.
- Southern Tier AIDS Program Health Homes Housing Program (HOST)

- Habitat for Humanity constructs, rehabilitates and preserves homes and communities then identifies qualified partner families based on income guidelines and partnership criteria. Support and guidance is provided to families as they pursue the mortgage process.
- **Binghamton Housing Authority** Providing safe, affordable housing and facilitating access to social and community services.

#### **OBSERVATIONS AND RECOMMENDATIONS**

This assessment indicates that the following community priorities need to be addressed by our Broome and Tioga Counties Head Start and Early Head Start program:

- Identify and develop a plan to ensure families have appropriate access to technology and training to participate in meaningful remote/virtual programming that fully supports their child development and family engagement interests and needs.
- 2. Advance staff members understanding of preparing children and families for socialization and school readiness as the pandemic programming diminishes and we move back to a more complete in person program model.
- 3. Increase nutrition education and access to fresh fruits, vegetables, and other healthy foods. Utilize community partners to assist in achieving this goal.
- 4. Promote mental wellness and social wellbeing through the full implementation of curricula including Pyramid, Second Step, Conscious Discipline, and Positive Solutions for Families, and assist parents in supporting their children's mental wellness by providing an array of parenting programs/resources.
- 5. Develop a plan to advocate for and support families with accessing child care options including: wrap around, non-traditional, and after school care needs.

#### Sources:

<sup>1</sup> United States Census QuickFacts, Broome County New York, Tioga County, New York, July 1, 2019

- <sup>10</sup> Consultation with Lisa Horbey, Human Services Program Coordinator II, Broome County Department of Social Services, and Natalie Thompson, Director of Employment and Transitional Supports, Tioga County Department of Social Services, February 2021
- <sup>11</sup> Head Start Community Assessment Parent Questionnaire 2021-2022.
- <sup>12</sup> Consultation with Lisa Horbey, Human Services Program Coordinator II, Broome County Department of Social Services, and
- Natalie Thompson, Director of Employment and Transitional Supports, Tioga County Department of Social Services, February 2021
- <sup>13</sup> Consultation with Jodie Sisson, Lourdes Mobile Dental Unit Coordinator, Lourdes Center for Oral Health and Nicole Whitmore, Dental Health Coordinator, , *Tioga Mobile Dental Services, Tioga County Health Department,* February 2021 Updated February 10, 2022 Michelle Codner, Family Enrichment Network Health Services Coordinator
- <sup>14</sup> Consultation with Mary Savage, RDH, UHS Dental Services February 2021
- <sup>15</sup> Consultation with Maureen Hankin, Broome Community College Dental Hygiene Program Chairperson, January 2021
- <sup>16</sup> Consultation with Marian Hollander, BSN, RN, Broome County Health Department; ;February 2021
- <sup>17</sup> Consultation with Jaime Welch, Broome County Health Department Lead Poisoning Prevention Program, January. 2020
- <sup>18</sup> Consultation with Barbara Bilbrey, RN, Tioga County Public Health Department Public Health Nurses, January. 2020
- <sup>19</sup> Consultation with Karen Colston, Early Head Start Socialization Specialist, February 2021
- <sup>20</sup> Consultation with Kathy Gross, Family Enrichment Network ERSEA Coordinator, February 10 2022
- <sup>21</sup> Broome County Health Department. (n.d.). Broome County health assessment 2019-2024. https://www.nyuhs.org/sites/default/files/2020-07/broome-county-community-health-assessment-2019-2024.pdf
- <sup>22</sup> U.S. Census Bureau (2019). American Community Survey 5-yearestimates. Retrieved from Census Reporter Profile page for Census Tract 139, Broome, NY https://censusreporter.org/profiles/14000US36007013900- census-tract-139broome-ny/
- <sup>23</sup> Department of Health. (2018), Asthma dashboard: zip code level: Broome County. <u>https://webbi1.health.ny.gov/</u> SASStoredProcess/guest?\_program=/EBI/PHIG/apps/asthma\_dashboard/ad\_dashboard&p= mp&ind\_id=ad21% 20&cos=3
- <sup>24</sup> The Agency. (2017). Broome County housing study. <u>https://theagency-ny.com/documents/Broome-County-</u> Housing-Study-9.17.pdf
- <sup>25</sup> Consultation with Michelle Figuerado, Women, Infant, and Children Nutrition Services Director, Broome County Health Department. and Lorinan Spatola-Davis, WIC Program Coordinator, Tioga Opportunities Inc., February, 2021
- <sup>26</sup> Head Start/Early Head Start Family Profile
- <sup>27</sup> Administration for Children & Families, Family and Youth Services Bureau
- <sup>28</sup> Division of Criminal Justice Services
- <sup>29</sup> Crime Victims Assistance Center
- <sup>30</sup> Broome County Department of Social Services Annual Report
- <sup>31</sup> Family Enrichment Network Head Start and Early Head Start 2022 Family Profile.
- <sup>32</sup> Broome County Department of Social Services Annual Report, 2021.
- <sup>33</sup> Ibid.
- <sup>34</sup> Tioga County Department of Social Services Annul Report, 2021.
- <sup>35</sup> Family Profile Head Start /Early Head Start Programs, Broome /Tioga Counties, 2022-2023.
- <sup>36</sup> Gobroomeecounty.com/transit, 2023.
- <sup>37</sup> Press and Sun Bulletin article, June 2021.
- <sup>38</sup> Press and Sun Bulletin article, September 2014.
- <sup>39</sup> NYSDol.com, 2023.
- <sup>40</sup> Dol.ny.gov/employment-new-york-state website article in Labor Market Briefing, Southern Tier, December 2022.
- <sup>41</sup> Christian Harris, Regional Labor Market Analyst, Department of Labor, 2023
- <sup>42</sup> Ibid

<sup>&</sup>lt;sup>2</sup> NYSTEACHS Data on Student Homelessness in NYS, 2019-2020

<sup>&</sup>lt;sup>3</sup> Family Enrichment Network Weekly Tally Sheets, February 2019, 2020, 2021, 2022

<sup>&</sup>lt;sup>4</sup> 2022 Family Enrichment Network's Head Start Community Assessment Family Profile, January 2023.

<sup>&</sup>lt;sup>5</sup>2022 Community Assessment Parent Survey, January 2023.

<sup>&</sup>lt;sup>6</sup> Child Development Family Dynamics, Trauma, Technology, and the Impact on Social Emotional Development of Young Children.

<sup>&</sup>lt;sup>7</sup>Alison Melot, Ed.D, NCPMI Fellow & Jolenaea Ferro, PhD. National Center for Pyramid Model Innovations, Promoting Teacher Retention through Pyramid Model Pracices. www.challenging behaviors.org

<sup>&</sup>lt;sup>8</sup> Tioga County Health Department Community Assessment Report, 2019-2020

<sup>9</sup> Family Enrichment Network, Inc., Head Start Program Statistics, February 2022.

Special Education Services Program

#### INTRODUCTION

Family Enrichment Network initiated its services to preschoolers with disabilities in September of 2002. The program at that time was limited to 12 students. With the consolidation of Broome County services at Cherry Street, our program expanded to serve a potential 24 children and their families. The program then continued to expand to meet identified needs in Broome and Chenango Counties. In addition, counties outside of this catchment area, such as Delaware, Otsego, Madison, and Tioga, have enrolled preschool children in our programs. The Community Assessment process has enabled us to maintain an ongoing dialogue with our county and school district partners to identify changes in service delivery/needs and to establish partnerships to address those needs. Based on these shared planning efforts our Special Class Integrated Setting (SCIS) options have grown to include:

**Broome County**: Approved for 60 SCIS slots – 3.5-hour duration

**Chenango County**: Approved for 32 SCIS slots – 3.5-hour duration

In addition, we have seen steady growth in the number of children referred to our agency for Preschool Evaluations and Related Services.

#### **INFORMATION ON CHILDREN WITH DISABILITIES**

Since 1975, children with disabilities from birth through age 21 have been guaranteed a free and appropriate public education. In New York State, the Department of Health is the lead agency for birth through three-year-old services (called Early Intervention) and the Department of Education is responsible for children ages three through 21. Each school district has established a Committee on Preschool Special Education (CPSE) to oversee the referral, evaluation, determination of eligibility, and provision of services for those children ages three through five. The following table provides a snapshot of services provided to children ages birth through five in Broome County for 2022.

A Multi Year Comparison of Broome County's Early Intervention Programming				
Year	Number of Active Cases	Number of Referrals		
2017	748	487		
2018	842	532		
2019	907	540		
2020	815	405		
2021	862	537		
2022	1127	548		

 Table 1: Broome County Early Intervention and Preschool Services

Source: Broome County Health Department Division of Children with Special Needs, A Multi Year Comparison of Broome County's Early Intervention Programming

	2020 Number of Children	2021 Number of Children	2022 Number of Children
	(Duplicated	(Duplicated	(Duplicated
Eligible Services	Services Possible)	Services Possible)	Services Possible)
Speech Services	195	216	255
Special Instruction	131	150	413
Physical Therapy	134	166	282
Occupational Therapy	170	210	518
Family Training	5	3	19
Social Work	2	8	19
Vision Services	2	1	0
Core Evaluations	320	385	321
Supplemental Evaluations	98	141	148

### Clinical Services – OT/PT/ST/PSYCH Therapies/Evaluations– January 2023

### **Description:**

In order to address the global needs of identified preschool students with disabilities, the Family Enrichment Network must provide quality related therapy services to referred children in an effort to reduce the severity of needs and services upon entry into school settings. Children will benefit from increased access to qualified therapists.

(SCIS)				
Services Provided by County in which the Program is	Year to Date (January			
located in	2023) Total Hours			
Broome				
Broome Speech/Language	526.25			
Broome Physical Therapy	297.50			
Broome Occupational Therapy	592.67			
Chenango				
Chenango Speech/Language	93.75			
Chenango Physical Therapy	133.25			
Chenango Occupational Therapy	63.75			

# Table 2: Services provided to children enrolled in the Special Class Integrated Setting (SCIS)

# Table 3: Community Related Service Therapy (in hours) - Children Not in a SCIS Class.

Broome County	Year to Date (January 2023) Total Hours
Broome Speech/Language	80.00
Broome Physical Therapy	37.50
Broome Occupational Therapy	91.00

# Table 4: Evaluation Components - Number Completed Year to Date (January 2023)\*

Evaluation Component	Broome	Chenango
Educational Evaluations	1	1
Functional Behavior Analysis	N/A	N/A
Occupational Therapy	48	20
Psychological Evaluations	95	43
Physical Therapy	32	14
Social History	N/A	12
Speech Therapy	72	12

\*Only reimbursed evaluations are recorded, so actual numbers performed may be different

# **BROOME GENERAL PROGRAM DESCRIPTION**

Family Enrichment Network's Special Class in an Integrated Setting (SCIS) program helps children with special needs address their learning deficits and build skills for future success in kindergarten and beyond. We support our children in reaching the individual goals/objectives on their Individual Education Programs (IEPs) by making the necessary accommodations in materials and activities to help them with their social, emotional, physical, and cognitive growth. Our staff provides specially designed individual instruction, modeling, and encouragement to children while they participate in a quality inclusive preschool environment.

In Broome County, we currently offer two models. The first, in collaboration with the Family Enrichment Network's Head Start program, is housed at Cherry Street and Fayette Street. We work with staff in three classrooms, each classroom offering two half-day sessions (morning and afternoon, 3.5 hours each). Each session serves six children with special needs integrated with ten Head Start children. Special education teachers work with the Head Start staff to create weekly lesson plans and prepare the classroom environment so that every child receives quality programming within the least restrictive environment possible. The classroom teams also work closely with the children's therapists to promote language and motor growth across all settings. In some instances, children receive related services within the classroom to reduce the number of transitions and to increase generalization of skills.

This year we were not able to integrate two out of three classes due to a shortage of Head Start staff. The classrooms ran with special needs students only. See Section 6. Head Start/Early Head Start, Sections "Needs of Children with Special Needs", and "Child Care Needs", "Employment Needs" for more information.

The second model of collaborative programming in Broome County is our SCIS/Universal Pre-Kindergarten (UPK) classrooms at Horace Mann Elementary (Binghamton CSD) and at WA Olmstead Elementary (Harpursville CSD). These sites offer integration within district funded Universal Pre-Kindergarten Programs. They operate using a

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16:2:1 ratio with ten typically developing UPK students, six preschool students with special needs, two teachers (one general education certified, one special education certified), and one classroom teaching assistant. Family Enrichment Network is responsible for hiring the special education staff at Harpursville and both the special education and the certified general education teachers for Binghamton. While the districts provide assistance in referral of UPK students, FEN is responsible for completion of enrollment and intake for all students at Binghamton and SCIS students at Harpursville. The districts provide curricular oversight and training opportunities for both the general education and special education staff.

In 2014, the Binghamton CSD received additional State Education Department (SED) funding to expand some of their UPK programs from half-day to full day. Horace Mann was one of those sites to offer full day UPK to families. The Harpursville CSD offers full day UPK as well. Both districts have been a strong partner sharing resources and including FEN staff in trainings and local conferences.

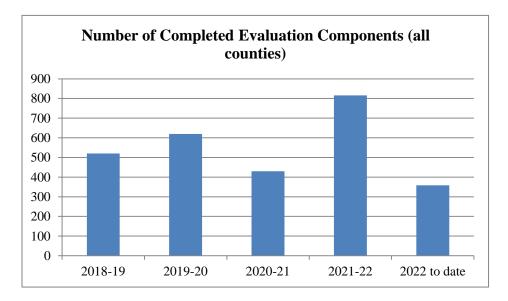
### MULTI-DISCIPLINARY EVALUATIONS

When a child is referred for an evaluation, the approved agency will complete several mandated components – psychological evaluation, social history, and depending on the child's presenting needs a speech, educational, occupational therapy, and/or physical therapy evaluation. As of January 31, 2023, we have completed 248 evaluation components at our Broome evaluation site and 102 evaluation components at our Chenango evaluation site. This year the evaluation team in Broome County continues to receive referrals from Morris County, Tioga County school districts, and from Chenango County school districts. Additional referrals have also come from Delaware, Madison, and Otsego Counties.

We continue to be one of five approved agencies/school districts that conduct

preschool evaluations within Broome County. Our agency offers eight to 11 psychological evaluation slots per week.

Our psychological evaluations in Broome County are completed by a Licensed School Psychologist which enables the County to receive Medicaid funding for evaluations completed by our team. Additionally, in Broome County our evaluation team offers speech/language therapy, occupational therapy, and physical therapy evaluations each week. Some of our physical therapy and speech/language slots are provided by an independent contractor service based on our need.



### **Progress on Prior Need to Improve the Timeliness of Evaluations:**

An important aspect of our evaluation team is to ensure that evaluation reports are completed in a timely manner so that districts can meet State Education Department (SED) time requirements and families have information prior to their child's CPSE meeting. This has become increasingly challenging as the number of referrals increase, but the number of evaluators remains essentially the same or fewer.

### **Discussion:**

SES continues to monitor the number of evaluation slots per month in order to meet the needs of districts requesting evaluations. However, the limited number of psychological and pediatric therapy professionals who can provide these evaluations limits the number of evaluations possible and does prolong the process. The number of evaluations a child is recommended to receive can also impact the timeliness of evaluations as well. This year there has been a high percentage rate of cancellations and no-show appointments resulting in children being rescheduled and extending the timeline.

Many of the evaluations taking more time than usual to complete are due to parent's failure to respond to phone calls, not showing up for evaluations, cancellations, child absence, quarantines, or parent/teacher failure to return paperwork in a timely manner necessary for completion of evaluations. (i.e.: for psychological evaluations a social history packet and a social emotional questionnaire; for OT evaluations a sensory profile; for educational evaluations cognitive and social-emotional questionnaires). To address these issues, we continue to employ the use of our social worker, evaluation coordinator, and Head Start Family Advocates to deliver necessary paperwork and follow up with parents on missing items. Additionally, by mid-November, therapists have increased their caseloads which may mean there are fewer evaluations time slots available. Limited resources for clerical support may also cause delays in the process. The CPSE chairperson's response to our evaluation process indicate that we provide quality, informative and thorough evaluation reports, however, concerns still exist in regards to timeliness. As a result, we moved the evaluation scheduling and follow up process to an online system. This is a tremendous time saver and will allow therapists to free up additional slots for therapy services.

### **Itinerant Related Services Provided by Family Enrichment Network**

In Broome County, we continue to provide speech therapy, occupational therapy, and physical therapy as related services to children in their natural environments including Head Start and UPK. We have a strong related services team which includes:

- Speech/Language Pathologists:
  - One full time Speech/Language Pathologist on staff
  - We contract four part time Speech/Language Pathologists from a therapy service (three for Chenango and one for Broome)
  - In Broome County, we also use the services of the Binghamton University doctoral candidates in the Speech and Language Pathology (SLP) program
  - We are currently advertising for additional Speech Language Pathologists
- Occupational Therapists (OTs):
  - Three full time Occupational Therapists (three of the full time OTs also covers the Norwich site as well as an additional contracted therapist to help cover Chenango County in Norwich).
- One Physical Therapist and one part time Physical Therapy Assistant are on staff
  - Two part time Physical Therapists (contracted through an agency to cover Broome and Chenango County)

### **Discussion:**

A continued concern held by all Broome County participants is the decreased capacity to provide related services in Broome County. Many therapists have left Early Intervention (EI) and CPSE due to changes in how providers will be reimbursed and because reimbursement rates have remained relatively low in Broome County and NYS compared to other NYS counties and other states. As a result, there are growing numbers of children in EI and CPSE that are waiting for services. This has created a situation in which more children enter the CPSE earlier and with greater needs. It should also be noted that Broome County only provides new contracts to agency providers and no longer to private providers. Additionally, numerous private providers have moved out of the area, become employed by school districts, and/or retired.

The CPSE chairperson's response to meeting therapy needs included increased funding to pay and retain therapists, and an overall need for more related service providers in Broome County to meet the children's needs. The Broome County CPSE Chairperson expressed that we should expand to meet children's needs, which we will do as soon as therapists become available.

### **Special Class Integrated Setting (SCIS)**

The Special Class Integrated Setting (SCIS) has expanded since its initial opening in 2002. We have a potential of 60 openings in Broome County. As of February 2023, 56 out of 60 program openings have been filled. At our Chenango site we have 17 out of 32 program openings filled.

### **Discussion:**

Community Assessment Committee members continue to be concerned about the placement options for children referred later in the school year. When SCIS classes are fully enrolled for the school year, SES is able to enroll a limited number of children beyond our ratio by applying for a variance. For those children who are referred to a program after April,

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more than likely they will begin their enrollment during the summer. The Community Assessment Team also expressed concern regarding the increase in children with severe behavioral needs. More children are being classified with severe management needs. Often these children are very bright and are able to meet preschool benchmarks, but have great difficulties with peer and adult interactions, following routines and rules, and moving through transitions. Some have been expelled from their day care or preschool programs. There was much discussion by our Broome county partners to develop a special education program to meet the needs of these children.

# CHENANGO COUNTY'S CPSE SERVICE DELIVERY MODELS FOR 2022-23

### **Multidisciplinary Evaluations**

Family Enrichment Network has an occupational therapy, physical therapy, and a physiological evaluation team set up at our Chenango County site to provide evaluations to determine eligibility for initial referral as well as supplemental evaluations. Our speech evaluations are done at our Cherry Street site in Johnson City. At this time Family Enrichment Network is the only agency in Chenango County conducting evaluations.

During this past year many of the evaluations took a long time to complete due to children not showing up for their scheduled appointments; a new date then needed to be scheduled. Due to the high referral rate, the new appointments were scheduled out two to three months.

### **Special Class in an Integrated Setting:**

In July 2012, integrated classes were expanded to Chenango County in Norwich. Family Enrichment Network collaborated with the DCMO BOCES to provide two morning and two afternoons integrated 8:1:3 classes. That 8:1:3 designation is considered an enhanced model whereby eight children with severe needs receive support from a special education teacher and three classroom aides, eliminating the need to hire individual one-on-one aides. In September 2018 Family Enrichment Network became a licensed daycare provider for the site in Norwich. The program is now housed at 21 South Broad Street in Norwich.

Age	ſ
Parent put 4 or nothing	1
20-24	0
25-29	3
30-34	1
35-39	1
40-44	0
45-49	1
50-54	0
55-59	0
60-64	0
Gender	
М	0
F	7
Race	
Native American	0
Spanish/Hispanic/Latino	1
Black/African American	2
Asian/Pacific Islander	0
White	4
Other	0
Primary Language	
Spanish	0
English	7
Russian	0
French	0
Chinese	0
Other	0

Table 5: Chenango County IntegratedFamily Demographics 2022-2023

Table 6: Broome County IntegratedFamily Demographics 2022-2023

Age	
Parent put 4 or nothing	4
20-24	1
25-29	3
30-34	4
35-39	4
40-44	1
45-49	1
50-54	1
55-59	1
60-64	1
Gender	
М	2
F	19
Race	
Native American	0
Spanish/Hispanic/Latino	1
Black/African American	8
Asian/Pacific Islander	0
White	11
Other/Bi-Racial	1
Primary Language	
Spanish	1
English	19
Russian	0
French	0
Chinese	0
Other	1

# Table 7: PARENT AND SCHOOL DISTRICT SURVEY SUMMARY AND<br/>DISCUSSION, BROOME COUNTY 2022/2023

	Total Number	
Question	Respondents	Responses
I feel comfortable contacting my child's teacher and/or therapist.	21	19 - Yes 2 - Maybe 0 - No
I receive frequent feedback from my child's teacher and/or therapist about my child's progress	21	17 - Yes 3 - Maybe 1 - No
I would be interested in attending parent informational sessions.	21	11 - Yes 5 - Maybe 5 - No
Was your child evaluated by Family Enrichment Network? If so, was the experience a positive one?	21	16 - Yes 3 - Maybe 2- No
I am satisfied with the overall special education program and services provided by the Family Enrichment Network.	21	19 - Yes 1 - Maybe 1 - No

# **BROOME INTEGRATED PROGRAM PARENTAL RESPONSES**

# **Positive responses include:**

- ✤ Thank you for your service!!!!
- He's HAPPY every day since starting his new school and he talks about everything. He never did that with his last school!!!!
- Thank you for all of you that make it possible and take the time out to dedicate your careers to giving my child a chance to learn and grow like every other child!!!
- **↓** I have great communication with my son's teacher and therapists.
- ↓ I do receive feedback on what my son needs to work on and have learning etc...
- I need information on ways to help teach my child when his attention span is short. Also, ways for parents to cope when kids do well and then regress backwards.
- I understand COVID has caused a lot of restrictions for families to be involved at the school but I wish there was a way to be able to attend lunch with my son or to be able to go on school trips. I wish there was a way to be more involved. I know due to COVID that's not possible. When will there be trips? When will there be engagements that parents and families can participate again?
- ↓ I love the progress papers we are given with the Stickers!!
- ♣ My son is doing well with his therapies.
- **4** Everyone has been awesome keeping me up to date on my child.
- **4** I need information on potty training children with autism.
- **We are very pleased with the staff at FEN.**
- **4** Our overall experience with FEN has been extremely positive!
- **4** Therapists are always communicating with me. I am very pleased!!
- 4 I would like to attend a parent teacher conference! Not frequent enough feedback!
- **4** I receive a daily log from the classroom and quarterly reports.
- **Would like help learning sign language.**

Table 8: PARENT AND SCHOOL DISTRICT SURVEY SUMMARY AND         DISCUSSION				
DISCUSSION CHENANGO COUNTY 2021/2022				
Question	Total Number Respondents	Responses		
I feel comfortable contacting my child's teacher and/or therapist.	7	6 - Yes 1 - Maybe 0 - No		
I receive frequent feedback from my child's teacher and/or therapist about my child's progress	7	3- Yes 2 - Maybe 2- No		
I would be interested in attending parent informational sessions.	7	6 - Yes 1 - Maybe 0 - No		
Was your child evaluated by Family Enrichment Network? If so, was the experience a positive one?	7	6- Yes 0 - Maybe 1 - No		
I am satisfied with the overall special education program and services provided by the Family Enrichment Network.	7	6 - Yes 1 - Maybe 0 - No		

# CHENANGO COUNTY INTEGRATED PROGRAM PARENTAL RESPONSES

- ↓ Need more information from therapists!!
- ↓ Wish they had school when scheduled
- Communications on a daily basis on how the kids are doing would be better than not knowing how the kids have behaved in school all day.
- How my kid acts daily in class and how he's doing. Could just send home a note how the day went.
- They always let us know how our son's day was upon picking up!
- 4 Any parental meetings held, we would be willing to attend, anytime of the day.
- Lonly get progress reports unless I reach out!
- 4 I feel extremely comfortable reaching out to my child's aide.
- 4 I know how my child is doing on an almost daily basis
- ↓ Would love to learn techniques from the teachers of ways to get a child to comply.
- It stinks that you've had to close or cancel sessions so often lately, due to lack of staff. And although it does cause us stress in regards to childcare and work, etc... The most important point is that it's very difficult for my child who thrives on routine and loves school.

## SCHOOL DISTRICT CONNECTIONS

The Special Services Department continues to work closely with families to develop strong relationships in keeping with the mission and goals of the Family Enrichment Network. Feedback from school districts based on their interactions with families further support that our relationships with families are positive and help support the partnership that families will need to develop as their children transition to elementary school.

School district comments include:

- FEN has an excellent communication system with the schools.
- FEN staff are extremely flexible and attentive to the problem solving process.
- FEN has a very good communication system that allows the flow of information to and from our school district.
- FEN works with school schedules, attends meetings, provides information, etc.
- Would love to see parent trainings offered.
- Evaluations are thorough.
- Your administrative assistant is SUPER knowledgeable and helpful.
- Do you consider opening anything in Tioga County?
- A possible full day option would be helpful.
- Provide all evaluations at the Norwich site as well.

### **RESOURCES TO ENHANCE THE OPERATION OF THE PROGRAM**

The reader is directed to Section 6 of the Head Start Community Assessment for an extensive list of the resources available within the community

# 2022 WHERE ARE WE NOW?

	Issues from 2021	Actions Taken	Current Status as of 2022		
1.	Increase SES capacity to provide more related services (therapies).	• Discharging children from service when goals are met instead of waiting until annual review meetings have created a few more openings for services.	<ul> <li>We continue to advertise for qualified therapists to provide more related service options.</li> <li>Partnering with BU has helped.</li> </ul>		
2.	Continue to provide support for children with significant behavioral difficulties	<ul> <li>Staff development provided on dealing with difficult children.</li> </ul>	• Special Class Integrated Setting (SCIS) classes meet to discuss difficult cases and work with our school psychologist.		
3.	Increase access and implementation of technology for our children in SCIS and related service settings	• All SCIS classes and therapists have technology devices such as computers and mobile devices to access therapy services remotely or to use in class or sessions.	<ul> <li>Teachers will need some support to embed use of technology into instruction.</li> <li>Some uses of technology observed – for visual schedules, as a verbal output device, assist with participation during circle or story time, record progress monitoring, as a communication device.</li> </ul>		
4.	We have made a complete revision in our evaluation process. We will continue to monitor the timeliness of evaluations, including team annual review reports	• We will continue to internally monitor our process for quality and timeliness as we move to make the process more digital.	<ul> <li>Last year's annual review reports were sent to districts in advance of all meetings.</li> <li>We continue to look to hire additional staff to meet our evaluation needs.</li> </ul>		
5.	We have made a complete revision in our evaluation process.	• We have made the evaluation referral process completely digital. This has reduced the personnel time required and tracked data for accuracy.	• We continue to use and monitor the online referral system with great success.		
6.	We continue to foster community partnerships with BU.	• BU therapists have helps provide evaluations and therapy for FEN	• We will again contract with BU but have made adjustments to the contract to provide for services over the BU semester break and the summer.		

## Last Year's Priorities and Current Status for Broome

# UNMET NEEDS FOR SPECIAL EDUCATION SERVICES & RELATED SERVICES

### <u>Reflections of the Broome/Chenango Community Assessment Team on Current Needs</u> for 2022-23:

- 1. Shortage of Related Service and SEIS Personnel: Yearly, this is an expressed need. Broome and Chenango reports a shortage of providers for related services. Although we try to group children when appropriate, travel time, and competing schedules limit our flexibility to be efficient from a fiscal perspective. The State Education Department (SED) reimbursement rate for SEIS does not allow for travel time. We have seen a decline in the number of early childhood teachers and speech language pathologists and school psychologists available for recruitment. We will continue working on this goal and attempting to reinstate SEIT.
- 2. Programs and Supports for Children with Behavioral Challenges: Committee members continue to see an increase in children who struggle to maintain self-control. Often these children are at great risk of losing their daycare/childcare due to the behaviors they present and the lack of provider training in dealing with management issues. This is the seventh year that SES has focused on this population at all of our sites. Most classes are fully integrated with typical UPK or Head Start children and children with IEPs who have high behavioral management needs and trauma (ACEs). Staff plans age-appropriate behavioral interventions. This year we are providing targeted staff development to teachers and aides in the area of social emotional needs and counseling.
- **3.** Evaluation Process: Districts shared that they are very pleased with the quality of our evaluation and year-end reports. They noted that the SES department is a good communicator and they feel that the agency takes pride in keeping districts informed.

Although evaluations may be delayed, that is a common challenge for the other state approved evaluation teams in the county as well.

4. Shortage of Teachers, Therapists and School Psychologists: There continues to be a shortage of qualified staff, Special Education Teachers, Therapists and School Psychologists in NYS.

# IDENTIFICATION AND PRIORITIZATION OF ISSUES AND PROBLEMS

This assessment indicates that the following community priorities need to be addressed in 2022-2023 in both Broome and Chenango by the Special Education Department's programs, services, and their community partners:

- 1. Programs and supports for children with behavioral challenges
- 2. Staff trainings for social-emotional needs in the preschool setting
- 3. Continue to monitor the evaluation process timeline
- 4. Shortages of qualified teachers, related service personnel (therapists) and psychologists
- 5. Lack of funds for counseling to address our student and family's emotional needs
- 6. Continue to provide all evaluation appointments in one day, due to transportation difficulties of families
- 7. Counseling for children with mental health needs
- 8. Broader range of parent resource options.

Some of the discussed needs will be more difficult to provide than others. For example, we tried to change our evaluation schedule so that all evaluation components are held on the same day to assist parents with transportation challenges. However, new challenges were discovered with the children not wanting to participate in multiple evaluations; they would tire after the first evaluation thus skewing the results of the next evaluations. Several of the needs are dependent upon our ability to hire qualified staff (therapists, teachers, psychologists) and there is still a shortage in this area.

School district chairs expressed appreciation for the quality of services, both for the evaluation process and for integrated programming services. Suggestions have been made to open more preschool classrooms, or to open a full day SCIS section to meet the needs of the children that are not being serviced. When we are able to hire qualified staff, this effort will again be pursued.

Community Assessment Process

Agency program directors received a timeline of Community Assessment activities in November to familiarize themselves with the process for creating this year's Community Assessment document. From this point forward each director assembled their committee; these committees were comprised of current parents, staff members, and community representatives. The four program groups were responsible for the collection of current program data. Each program group formed a subcommittee to identify and prioritize the issues and problems evidenced by the data collected.

Information for this report was obtained from both external and internal sources. External data was gathered from the U.S. Census Bureau, New York State Department of Education, New York State Department of Labor, New York State Department of Health, Broome County Department of Social Services, Regional Economic Development Council of the Southern Tier, United Way, Literacy Volunteers of Broome/Tioga, community schools, child care providers, periodicals, and local community agencies. Internal information was compiled using NACCRRA Ware database, the Child Care Facility Search database, the Head Start family profile, Head Start parent questionnaire, program attendance reports, CCR&R Provider Surveys and the Special Education Services Parent Survey. The NACCRRA Ware Computer database tracks providers supplying child care in Broome and Tioga Counties and parents requesting child care referrals from Family Enrichment Network's Child Care Resource and Referral department.

The Head Start and Early Head Start Family Profile is an assessment tool that details the characteristics, needs, and goals of Head Start/ Early Head Start families enrolled in the program. The committee adhered to a strict timeline to complete this report (Table XII). Each program committee met in January for an orientation to the CA process and work group assignments. Work groups collected information, met as needed and submitted data to Family Enrichment Network by the February deadline. The program work groups met to identify and prioritize issues and problems. The CA draft was distributed to the full committee mid-March for revision/approval of the report. Policy Council reviewed and approved the Head Start summary report on March 01, 2023. The Governing Board approved the entire summary report on March 22, 2023.

TASK	November	December	January	February	March
Director's Planning	Х	Х			
CA Orientation Meeting			1/5		
Data Collection			Х	Х	
Data Analysis / Writing Document			Х	Х	
Work Groups Identify Needs				2/6-2/28	
CA Committees review document					3/2
Executive Director's Review					3/9
Make Changes to Document					Х
CA reviewed by Policy Council					3/1
Make Changes to Document					Х
CA reviewed by Governing Board					3/23

 Table 1. Community Assessment Timeline

Summary of Observations and Recommendations

## SUMMARY OF OBSERVATIONS AND RECOMMENDATIONS

Each department has identified and summarized needs in the community and in their department programming. For easy reference, please find below a list of all items identified within the Community Assessment. Further discussion of items can be found in each department section.

# CCR&R

- Need to expand services for infant and toddler care throughout the service area.
- Need to advocate for increased funding to support minimum wage increases.
- Need to advocate for increased funding to meet the true cost of child care, through supportive funding for programs. Need to advocate for increased funding to support child care programs as the business model does not work. Parent tuition payments alone do not cover the costs of operating a child care program, but parents cannot afford to pay more.
- Need to expand child care programs in all areas of Broome, Chenango, and Tioga Counties.
- Need to expand services for children with challenging behaviors through mental health supportive services, including Early Childhood Mental Health Consultation projects.

### **COMMUNITY SERVICES**

### Waiver Services

• Hire and retain staff. Two main barriers have been identified:

- <u>Wage paid per hour</u>: As a non-profit entity, it has been extremely difficult to compete with other employment opportunities in the area when a person can get paid \$17 per hour elsewhere. Due to funding, our ability to offer competitive salaries is limited.
- <u>Transportation</u>: A staff person is required to use their own vehicle to transport an individual for services. With the cost of gasoline and maintenance to personal vehicles, this becomes an immediate deal breaker.

### **Summer Youth Program**

- Offer more youth the opportunities
- Transportation to enable the youth to get to the opportunities off campus

# FAMILY SUPPORT SERVICES

### **Courthouse Children's Center**

- Reopen the Courthouse Children's Center
- Increased funding for the Children's Center to address the state mandated minimum wage increases

## Kinship Care Program

- Continued funding for the kinship program remains the most important priority. At this time funding is slated to end September 2023 with no new funding streams apparent. Increased access to mental health counseling and support services for the uninsured and underinsured.
- Legal and Pro Bono Legal Services: Legal Assistance for Kinship Caregivers has been an ongoing unmet need identified in the last ten community assessments. Many of the families in the kinship database indicated a need for legal information or legal services to help them with their kinship situation.

- Reinstate Free Kinship Counseling Services: In Broome and Tioga Counties, there are not enough free mental health services or providers that accept Medicaid. Trauma based counseling services are needed to stabilize kinship families and help kinship children deal with the grief and loss they experience because of their kinship situation.
- Respite Care: Respite Care is very important and mostly unavailable for kinship families. For kinship families, respite care is defined as the opportunity for kinship caregivers to spend an extended period of time away from their kinship children.
- Transportation: Transportation in rural areas remains a mainly unmet need for many kinship families.
- Increased substance use disorder programs.

## <u>NOEP</u>

- Free food boxes to give out immediately to people applying for SNAP.
- Access to free Summer Meals for rural children:
- Access to healthy affordable fruit/vegetables in food deserts and rural areas
- Access to and participation in school breakfast programs
- Assist More College Students to obtain SNAP:
- Access to Specialized Food for those with Medical Conditions:

## Walk With Me

- Affordable and available housing
- Transportation issues: Bus passes are expensive for unemployed individuals and bicycles can offer an affordable option of transportation. Increased options to provide bicycles for this population would increase employment opportunities and help

address the issues that arise from a public transportation system that does not provide for second and third shift workers and those that live outside of the urban core.

### **Community Wide Needs**

- Increase safe, affordable, permanent, low-income housing options
- Increase code inspections and enforcement to help reduce substandard housing
- Increase appropriate well-maintained emergency hotels that are up to code and located in areas with services, such as bus stops and supermarkets.
- Increase transitional housing and expand housing options for vulnerable populations to include those who are: developmentally delayed, domestic violence survivors, homeless, mentally ill, seniors and those returning from jails and prisons
- Increase the number of housing shelters that operates on a Housing First Model for mentally ill and/or chemically dependent individuals who are acting out or off their medications
- Increase housing for sex offenders.
- Increase the number of supermarkets in Binghamton
- Offer more Mobile Food Pantries in Western Broome
- Increase evening hours at food pantries
- Increase WIC Clinic hours and locations
- Reduce social stigma and increase participation in SNAP
- Provide allergy free foods at Food Pantries
- Increase community awareness on the importance of funding for SNAP
- Increased access to mental health counseling and support services for the uninsured and underinsured.

- Increase mental health and wellness services for young children.
- Increase access to no cost mental health medications
- Increase community wide education about mental health resources
- Child care for younger children has become a growing problem in the community over the past few years as the number of child care slots have been gradually reducing.
- Increase options for school aged care and support
- Increase services for teens and those 18-21 years old
- Increase Pregnancy and Dating Violence Prevention Programs.
- Increase Support Groups for children and adolescents dealing with Adverse Childhood Experiences (ACEs)
- Provide AA and NA meetings within the Broome County Jail.
- Restart the parenting classes and other supportive classes including the GED, which were offered in the Broome County Jail prior to the COVID-19 restrictions and closed down.
- Ban the Box. Take the question regarding former criminal convictions off employment forms.
- Improve Access to Cash Assistance
- Increase Paid Transitional Employment to allow the individual to gain work experience, build their resume, and receive a source of income.
- Improve Employer Education to encourage more local employers to consider hiring those with criminal histories and to keep them up to date on the incentives available for hiring felons.

- Restore the Tioga County bus service that was eliminated November 30, 2014.
- Restore and Improve the Broome County bus service.
- Restore funding for the Wheels for Work Program.
- Increase options for parenting classes
- Increase Supervised Visitation Sites
- Provide Parent Education classes for parents of special needs children
- Reinstate the Fatherhood program focusing on At-Risk Parents and Children.
- Provide a Perpetrator's Domestic Violence program
- Anger Management classes. Currently the only class in Broome County is geared toward parents; however there is a need for a general anger management class for adults as well.
- Increase support and services to the rural areas of Broome and Tioga Counties.
- Provide assistance completing TANF application forms.
- Provide vouchers for personal care and hygiene items.
- Increase the number of pantries providing assistance with personal care and hygiene items.
- Increase accessibility to laundry facilities.
- Diapers are expensive. Decisions on potty training by parents can be based on cost rather than a child's developmental stage, which can add to the stress of parenting and potty training. More diaper pantries are needed in the County.
- Improve low wages which continue to keep households poor. There is a real need for more job opportunities that pay a living wage in our area and for many front-line essential workers to see an increase in their pay.

- Increased assistance with medical and dental costs.
- Moving Assistance. This problem continues to be an issue in our community as there
  is never any funding to address the stressors around moving for low-income families.
  When moving, they are often forced to leave all their belongings behind. This
  becomes an ongoing burden on the donation community as the same families have to
  repeatedly collect new donations to furnish their apartments and clothe their children.

# HOUSING

- Lack of safe and affordable housing
- Many housing options are considered substandard, and tenants often complain about absentee landlords and/or maintenance repairs that go unaddressed.
- In addition, many complain that available housing in their income range are typically located in unsafe, drug-infested neighborhoods
- Rental costs have dramatically increased due to the pandemic

# HEAD START AND EARLY HEAD START

- Identify and develop a plan to ensure families have appropriate access to technology and training to participate in meaningful remote/virtual programming that fully supports their child development and family engagement interests and needs.
- Advance staff members understanding of preparing children and families for socialization and school readiness as the pandemic programming diminishes and we move back to a more complete in person program model.
- Increase nutrition education and access to fresh fruits, vegetables, and other healthy foods. Utilize community partners to assist in achieving this goal.

- Promote mental wellness and social wellbeing through the full implementation of curricula including Pyramid, Second Step, Conscious Discipline, and Positive Solutions for Families, and assist parents in supporting their children's mental wellness by providing an array of parenting programs/resources.
- Develop a plan to advocate for and support families with accessing child care options including: wrap around, non-traditional, and after school care needs.

# **SPECIAL EDUCATION**

- Programs and supports for children with behavioral challenges.
- Staff trainings for social-emotional needs in the preschool setting.
- Continue to monitor the evaluation process timeline.
- Shortages of qualified teachers, related service personnel (therapists) and psychologists.
- Lack of funds for counseling to address our student and family's emotional needs.
- Continue to provide all evaluation appointments in one day, due to transportation difficulties of families.
- Counseling for children with mental health needs.
- Broader range of parent resource options.